CLAIMS

1. A composition comprising
(i) an iron salt of a C8-C24 fatty acid; and
(ii) a citric acid ester of mono- and/or diglyceride or a mixture of citric acid esters of mono- and/or diglyceride.

2. The composition according to claim 1, wherein the composition comprises at least 0.5 % by total weight of the composition, of iron in the form of the iron salt of a C8-C24 fatty acid.

3. The composition claim 1 or 2, wherein the iron salt is an iron salt of a C12-C18 fatty acid.

4. The composition of any one of claims 1 to 3, wherein the fatty acid is a saturated fatty acid.

5. The composition of any one of claims 1 to 4, wherein the citric acid ester of mono- and/or diglyceride or mixture of citric acid esters of mono- and/or diglyceride comprises mono- and/or diglycerides of one or more C8-C24 fatty acids.

6. The composition of any one of claims 1 to 5, wherein the citric acid ester of mono- and/or diglyceride or mixture of citric acid esters of mono- and/or diglyceride comprises a monoesterified citric acid ester of mono- and/or diglyceride or mixture of monoesterified citric acid esters of mono- and/or diglyceride.

7. The composition of any one of claims 1 to 6, wherein the weight ratio of component (ii) to component (i) is from 20:1 to 1:1.

8. The composition of any one of claims 1 to 7, further comprising:
(iii) a fatty acid or a salt thereof, or a mixture of fatty acids or fatty acid salts.

9. The composition of claim 8, wherein component (iii) comprises one or more C8-C24 fatty acids or salts thereof.

10. The use of the composition of any one of claims 1 to 9, in the manufacture of a medicament for the treatment or prophylaxis of iron deficiency.

~~11. The use of claim 10, wherein the medicament is for the treatment or prophylaxis of iron deficiency or a disorder associated with iron deficiency.~~

~~12~~11. The use of claim 10~~ or 11~~, wherein the medicament is for oral administration.

12. The use of claim 11, wherein the medicament is in the form of a hard capsule, a soft capsule, or a liquid.

13. A pharmaceutical formulation comprising a therapeutically effective amount of a composition according to any one of claims 1 to 9, and optionally a pharmaceutically acceptable excipient.

14. The pharmaceutical formulation of claim 13, ~~-~~wherein the composition according to any one of claims 1 to 9 constitutes from 1 to 99 % by weight of the formulation.

15. The pharmaceutical formulation of claim 13 or claim 14, for oral administration.

16. The pharmaceutical formulation of any one of claims 13 to 15, in the form of a hard capsule, a soft capsule, or a liquid.

17. A dietary supplement comprising a composition as defined in any one of claims 1 to 9.

18. A food additive comprising a composition according to any one of claims 1 to 9.

19. A foodstuff comprising a composition according to any one of claims 1 to 9.

20. A method for the preparation of an iron containing composition, by
- admixing an iron salt of a C8 to C24 fatty acid, a citric acid ester of mono- and/or diglyceride or mixture of citric acid esters of mono- and/or diglyceride, and optionally a fatty acid or salt of fatty acid;
- adding water and optionally a basifying agent; and
- processing the mixture to obtain a dispersion.