

Abstract

An information providing device capable of more adequately providing information regarding excretion is provided. According to one embodiment of the invention, the information providing device includes a processor. The processor acquires a first signal and a second signal. The first signal is obtained from an excretion sensor to detect excretion of a user. The second signal is obtained from a sleep sensor to detect a sleep state of the user. The processor outputs a notification signal for notifying the excretion when the first signal includes first information corresponding to a fact that the user is excreting, and the second signal includes second information corresponding to a fact that the user is awake. The processor does not output the notification signal in a first mode when the first signal includes the first information and, the second signal does not include the second information.

FIG.1