

METHOD FOR PRODUCING INSTANT NOODLES AND INSTANT NOODLES

Abstract

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[Problem to be Solved] It is intended to provide a method for producing instant noodles having supple texture by having soft surface and a moderately elastic core, and such instant noodles.

[Solution] Raw noodle strings prepared from a noodle dough kneaded with
10 a powder fat or oil and/or powder emulsifier are treated with superheated steam, followed by the drying of the noodle strings, or pH adjustment, heat sterilization, and full sealing. In this way, the present invention provides a method for producing instant noodles having supple texture by having soft surface and a moderately elastic core.

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[Fig. 1]