

## Bottom garment

### **ABSTRACT**

Filler clothes 3, which intersect with each other at a section corresponding to the middle point between the interspinal point and patellar midpoint of a human body, are formed on a front section of a bottom garment 1. The filler clothes 3 which are formed in this manner stimulates the rectus femoris muscle 14 which is a part of the quadriceps of a wearer. When the quadriceps is stimulated while walking, the legs can be kicked backward significantly in a natural fashion, whereby the gluteus maximus muscles can be used efficiently.

FIG. 3