

ABSTRACT

The first lubricating oil composition of the invention comprises a polyol ester (A) as a base oil, a specific amount of a viscosity index improver (B) and a specific amount of an anti-wear agent (C), and the second
5 lubricating oil composition of the invention comprises a paraffinic hydrocarbon oil (F) having at least 30 carbon atoms and a specific amount of a viscosity index improver (B), so that these compositions exert effects that they
10 enable a life of watch battery to last long, they enable a watch to operate in the temperature range of -30° to 80°C with one kind of a lubricating oil, and they are free from change of properties over a long period of time. The third lubricating oil composition of the invention
15 comprises an ether oil (G) as a base oil, a specific amount of an anti-wear agent (C) comprising a neutral phosphoric ester and/or a neutral phosphorous ester, and an antioxidant (E), so that this composition is free from change of properties over a long period of time and is
20 favorable as a watch lubricating oil. The watch of the invention is a watch having a movable portion for which at least one composition selected from the above compositions is used.



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