

ABSTRACT

A communication method and a communication apparatus are disclosed. The method includes:
For a terminal device that enters a non-connected mode, when a network device pages the terminal
device to receive a first multicast service, the network device may further indicate whether to
5 provide the first multicast service for the terminal device in an RRC non-connected mode. The
terminal device may perform at least one of the following based on the paging and indication of
the network device: receiving the first multicast service in the RRC non-connected mode; or
performing an RRC connection control procedure. According to the method, network congestion
caused by simultaneous access of a large quantity of terminal devices can be avoided, and access
10 of the terminal devices can be effectively managed.