

ABSTRACT

5 A core 10 formed of a fiber assembly is enclosed with enclosure films 20 and 21; before an inside between the enclosure films 20 and 21 is depressurized, the core 10 and the enclosure films 20 and 21 are integrally compressed by an external force into a compressed state in which a thickness of the core 10 is 1/10 or less of that before compression, a weld sealing portion 40 is formed along at least two sides facing each other of a periphery of the enclosure films 20 and 21 in the compressed state, and the inside between the enclosure films 20 and 21 is depressurized and sealed after the weld sealing portion 40 is formed.