

**TITLE OF INVENTION: [A TRADITIONAL CHINESE MEDICINE COMPOSITION FOR
REDUCING BLOOD LIPIDS, AND A PREPARATION METHOD AND USE THEREOF]**

ABSTRACT

The present disclosure belongs to the technical field of traditional Chinese medicine, and specifically relates to a traditional Chinese medicine composition for lipid lowering, and a preparation method and use thereof. The traditional Chinese medicine composition for lipid lowering provided by the present disclosure comprises a lipid-lowering core component and auxiliary components, wherein the lipid-lowering core component consists of *Zhegu-cha* and *Jiangxiang*, and the auxiliary components comprise *Shanzha* and *Danshen*. The traditional Chinese medicine composition for lipid lowering provided by the present disclosure has a simplified composition and can significantly improve hyperlipidemia in animal models and reduce body weight, while also reducing the expression of various inflammatory factors.

[Fig. 1]