antibody recognizes an antigenic determinant epitope selected from the group consisting of the SEQ ID NOs 1-73.

39. A kit or assay comprising the monoclonal antibody of claim 15 and instructions for use thereof.

40. A growth factor-directed agent (GDA) that binds glycoprotein-A repetitions predominant protein (GARP) when GARP is complexed with a growth factor prodomain complex (GPC).

41. The GDA of claim 40, wherein said GDA prevents the dissociation of growth factor from said growth factor prodomain complex.

42. The GDA of claim 41, wherein said GPC comprises TGF-β1 growth factor complexed with TGF-β1 prodomain.

43. The GDA of any of claims 41-42, wherein said GDA comprises an antibody or antibody fragment.

44. The antibody or antibody fragment of claim 43, wherein said antibody or antibody fragment inhibits TGF-β activity.