

ABSTRACT

An object of the present invention is to provide an oral preparation that can be used to diagnose the existence or
5 degree of pyridine metabolic capacity disorder, pyrimidine
metabolic rate, etc., with high accuracy and with little
variation due to individual differences. The oral preparation is
prepared using a powder material obtained by mixing and
pulverizing (a) an isotope-labeled compound and/or a pyrimidine
10 metabolite compound and (b) a sugar and/or a sugar alcohol.