CLAIMS:

1. A composition comprising: about 1% to 70% of a peroxide; and about 0.02% to about 12% Eosin Y.

2. The composition according to claim 1, wherein the composition further comprises a thickening agent.

3. The composition according to claim 1, wherein the composition further comprises a hydrophilic gelling agent.

4. The composition according to claim 1, wherein the pH of the composition is between about 4 and about 10.

5. The composition according to claim 1, further comprising an accelerating agent.

6. The composition according to claim 5, wherein the accelerating agent is sodium perborate.

7. The composition according to claim 4, wherein the hydrophilic gelling agent is a modified starch.

8. The composition according to claim 2, wherein the thickening agent comprises a carbomer polymer.

9. The composition according to claim 1, wherein the composition is translucent or transparent.

10. The composition according to claim 1, wherein the peroxide is selected from hydrogen peroxide, carbamide peroxide, peroxy acid, peroxy acetic acid, sodium perborate, alkali metal peroxides, alkali metal percarbonates, alkali metal perborates, and combinations thereof.

11. The composition according to claim 1, wherein Eosin Y is present in an amount of about 0.05% to about 0.15%.