CLAIMS:

1. Oral composition comprising

- folic acid or derivatives and precursors thereof, and

- an alkalizing agent selected from the group consisting of Magnesium Oxide, Calcium Oxide, Zinc Oxide, and mixtures thereof, being preferably Zinc Oxide.

2. Composition for oral use according to claim 1 in the prevention or treatment of conditions caused by folate deficiency.

3. Composition for oral use according to claim 2, in the prevention or treatment of hyperhomocysteinemia.

4. Composition for oral use according to claim 1 or 2, in association with antiblastic drug therapies or antimetabolites.

5. Composition for oral use according to claim 1 or 2, in the prevention, during gestation, of neural tube defects.

6. Composition for oral use according to any one of claims from 1 to 5, wherein the alkalizing agent and folic acid or derivatives and precursors thereof are in a weight ratio between 20:1 and 200:1.

7. Composition for oral use according to any one of claims from 1 to 6, wherein the folic acid derivatives and precursors are selected from the group consisting of: folic acid salts, folinic acid or salts thereof, 5-methyltetrahydrofolate (MTHF) or salts thereof, and mixtures thereof.

8. Composition for oral use according to any one of claims from 1 to 7, further comprising Vitamin B12 or derivatives/precursors thereof, in the prevention or treatment of the disease states caused by deficiency of folate and/or Vitamin B12.

9. Composition for oral use according to claim 8, wherein the disease states caused by deficiency of folate and/or Vitamin B12 are selected from the group consisting of: anemias, polyneurites.

10. Composition for oral use according to claim 8 or 9 wherein the Vitamin B12 derivatives and precursors are selected from the group consisting of: Cyanocobalamin, Methylcobalamin, 5'-deoxyadenosylcobalamin, hydroxycobalamin and mixtures thereof.

11. Composition for oral use according to any one of claims from 1 to 10, in the form of

- solid formulation selected from the group consisting of: tablets and granulates; or

- hydro-polyol-based liquid formulation.

12. Composition for oral use according to any one of claims from 1 to 11, further comprising other active ingredients selected from the group consisting of: other B vitamins, L-Methionine, S-Adenosylmethionine, Betaine, Choline, Iron at oxidation state 2+ and/or 3+ in the form of organic or inorganic salts, and mixtures thereof.

13. Mouth-dispersible solid formulation comprising a core and a mouth-soluble outer coating, said mouth-soluble outer coating comprising the composition for oral use according to any one of claims from 1 to 11.

14. Swallowable solid formulation, having rapid gastric disaggregation, comprising a gastric-disaggregating core and a pharmaceutical coating, said gastric-disaggregating core comprising the composition for oral use according to any one of claims from 1 to 11.