ABSTRACT

The present invention relates to a soft candy having superior softness when initially chewed and is resistant to adhering to the teeth, and a production method of that soft candy. In the past, soft candy had the problem of easily adhering to the teeth, and when this was attempted to be prevented, resulted in the problem of the softness of the soft candy being easily lost. The soft candy of the present invention solves these problems by having for its essential ingredients at least saccharide, vegetable oil and emulsifier, fine sucrose crystals having a crystal size of less than 30 μm as necessary, and also as necessary, initial chewing ease of 5,000-23,000 (g·s) and/or teeth adherence of 100-1500 (g). In addition, the production method of the present invention enables production of the soft candy of the present invention. The present invention is able to provide soft candy having superior softness when initially chewed and is resistant to adhering to the teeth.