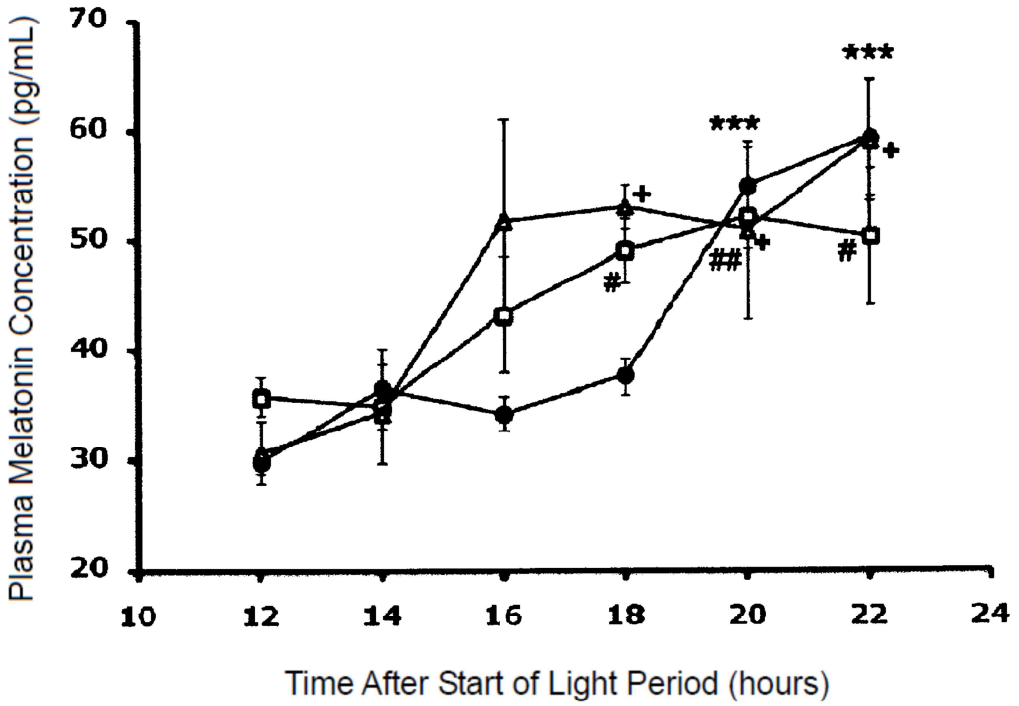

Plasma Melatonin Concentration (pg/mL)
70
60
50
40
30
20
10
12
14
16
18
20
22
24
Time After Start of Light Period (hours)
***
***
+
+
+
#
##
#

FIG. 1