CLAIMS

1. A video decoding method comprising:

obtaining, from a slice header included in a bitstream, LSB(Least Significant Bits) information regarding POC(Picture Order Count) of a current long-term reference image of a current image;

determining MSB(Most Significant Bits) information regarding the POC of the current long-term reference image of the current image by using MSB(Most Significant Bits) information regarding POC of a previous long-term reference image of the current image;

determining the POC of the current long-term reference image of the current image by using the LSB information and the MSB information regarding the POC of the current long-term reference image of the current image; and

reconstructing the current image by using the current long-term reference image of the current image corresponding to the POC of the current long-term reference image of the current image,

wherein the MSB information regarding the POC of the current long-term reference image of the current image is information regarding a quotient generated by dividing a value related to the POC of the current long-term reference image of the current image by a maximum size of the LSB information, and the LSB information is information regarding a remainder value generated by dividing the POC of the current long-term reference image of the current image by the maximum size of the LSB information.