CLAIMS

1. An information processing device comprising:

a receiving unit that receives a goal body shape of a subject user; and

a provision unit that provides suggestion information on a suggestion of coaching according to the goal body shape based on a relationship between a body shape and coaching respectively derived from body shape change information on a change between body shapes of the user before and after training and coaching information on coaching offered during the training.

2. The information processing device according to claim 1, wherein the provision unit is configured to:

acquire (i) information on the body shape of the user before the training, as the body shape change information, (ii) information on the body shape of the user after the training, as the body shape change information, and (iii) information on coaching provided to the user during the training, as the coaching information;

determine coaching information to change a current body shape of the subject user to the goal body shape, based on the relationship between the body shape and the coaching respectively derived from the acquired body shape change information and coaching information; and

provide suggestion information on a suggestion of coaching based on the determined coaching information.

3. The information processing device according to claim 1, wherein the provision unit is configured to:

acquire (i) information on an amount of change in the body shape of the user before and after the training, as the body shape change information, and (ii) information on

coaching provided to the user during the training, as the coaching information;

determine coaching information to change a current body shape of the subject user to the goal body shape, based on the relationship between the body shape and the coaching respectively derived from the acquired body shape change information and coaching information; and

provide suggestion information on a suggestion of coaching based on the determined coaching information.

4. The information processing device according to claim 1, wherein the provision unit further provides the suggestion information based on goal body shape information on the goal body shape to be achieved by the user through the training.

5. The information processing device according to claim 1, wherein the provision unit provides the suggestion information based on information on a coach who offered coaching during the training as the coaching information.

6. The information processing device according to claim 1, wherein the provision unit provides the suggestion information based on information on communication between the user and a coach who offered coaching to the user in a predetermined service as the coaching information.

7. The information processing device according to claim 1, wherein the provision unit further provides the suggestion information based on information on an evaluation of the user on coaching offered during the training.

8. The information processing device according to claim 1, wherein the provision unit further provides the suggestion information based on sensing information obtained by sensing a situation of training of the user.

9. The information processing device according to claim 1, wherein the provision unit provides, as the suggestion information, information on a suggestion of content of coaching.

10. The information processing device according to claim 1, wherein the provision unit provides, as the suggestion information, information on a suggestion of a coach who offers coaching.

11. The information processing device according to claim 1, wherein the provision unit provides, as the suggestion information, information on a suggestion of a facility to offer the coaching.

12. The information processing device according to claim 1, further comprising an output unit that outputs information on a suggestion of coaching having an evaluation equal to or above a predetermined threshold, the evaluation being made by a user having at least one of the goal body shape, an attribute, a personality, and preference that is similar to those of the subject user.

13. An information processing method executed by a computer, the method comprising:

a receiving step of receiving a goal body shape of a subject user; and

a providing step of providing suggestion information

on a suggestion of coaching according to the goal body shape based on a relationship between a body shape and coaching respectively derived from body shape change information on a change between body shapes of the user before and after training and coaching information on coaching offered during the training.

14. An information processing program that causes a computer to execute:

a receiving procedure of receiving a goal body shape of a subject user; and

a providing procedure of providing suggestion information on a suggestion of coaching according to the goal body shape based on a relationship between a body shape and coaching respectively derived from body shape change information on a change between body shapes of the user before and after training and coaching information on coaching offered during the training.