

Abstract

The invention relates to gestagens, preferably dienogest, chlormadinone acetate or levonorgestrel, used in combination with estrogens, such as for example ethinylestradiol, 17 β -estradiol or estradiol valerate and one or more pharmaceutically acceptable excipients/carriers, for lactose-free oral contraception.

The invention makes it possible to improve the prophylaxis of lactose intolerance in the case of a possible contributing factor, partly because the tests for lactose intolerance are complicated.

The invention is also suitable for long-term application.