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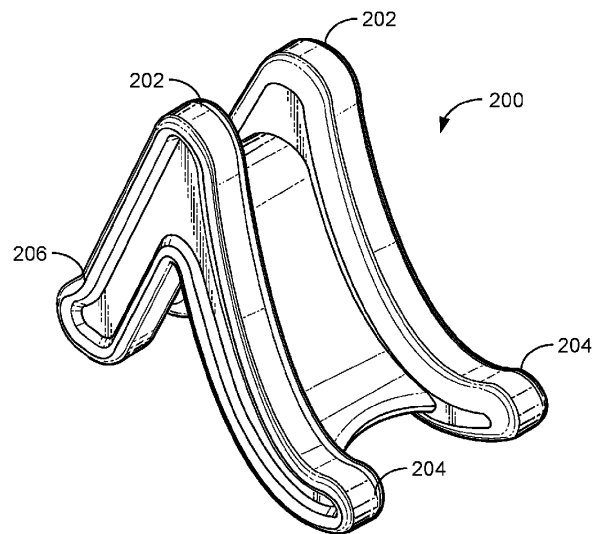


FIG. 2A

(57) Abstract: Device and method for relieving muscle tension. The device includes three pairs of tips. Each pair is located, relative to the other two pairs of tips, at a vertex in a triangular orientation. Each pair of tips includes a unique horizontal distance in between the tips. Each tip is equidistant in height relative to its respective counterpart tip. The device also includes a connector configured to connect each tip to its counterpart tip. The connector is situated such that there is a pre-determined height differential between the apex of each pair of tips and the top of the connector. The apex of each pair of tips is vertically longer than the height of the connector.

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