

[TITLE OF THE DOCUMENT] ABSTRACT

A cosmetic gel sheet which shows a remarkable adhesion property, moisture-retaining property, and skin-firming feel is provided. Each of the cosmetic gel sheets (10L, 10R) has a base material made of a nonwoven or woven fabric, and a gel layer containing a cosmetic composition. In this cosmetic gel sheet, one direction orthogonal to a thickness direction is assumed to be a direction D_A , and a direction orthogonal to both of the thickness direction and the one direction is assumed to be a direction D_B . An elongation percentage in the direction D_A of the cosmetic gel sheet is 10 to 40%. An elastic recovery percentage of elongation, measured after the cosmetic gel sheet is stretched in the direction D_A by 50% and kept stretched at 23°C, 55% RH for 10 minutes, is 5% or less. An elongation percentage in the direction of the cosmetic gel sheet D_B is 2% or less.