adding sorbate, benzoate and water to the mixture obtained following step c).

27. The method of any one of claims 22 to 26, further comprising agitating the mixture obtained following step e) until a homogeneous liquid is obtained.

28. The method of any one of claims 22 to 27, further comprising adding sorbate and benzoate as part of step b).

~~29. A method for the prevention and/or treatment of a disease or condition in a subject associated with a deficiency of vitamin D, said method comprising administration to the subject of a therapeutically effective amount of a composition of any one of claims 1 to 21.~~

~~30. The method of claim 29, wherein the disease or condition is selected from the group consisting of: vitamin D deficiency syndrome, rickets, osteoporosis, hypertension, chronic fatigue, chronic pain, autoimmune diseases, hyperparathyroidism, high blood pressure, tuberculosis, cancer, depression, heart disease, stroke, periodontal disease, MS, seasonal affective disorder and memory loss.~~

~~31. A method for supplementing the amount of vitamin D in the body of a subject, said method comprising administration to the subject of any one of claims 1 to 21.~~