

CARTILAGE REGENERATION USING CHONDROCYTE AND TGF- β

BACKGROUND OF THE INVENTION

[0001] Field of the Invention:

[0002] The present invention relates to a method of introducing at least one gene encoding a member of the transforming growth factor β superfamily into at least one mammalian cell for use in regenerating connective tissue in the mammalian host. The present invention also relates to a method of introducing at least one gene product of the transforming growth factor β superfamily and at least one connective tissue cell for use in regenerating connective tissue in the mammalian host. The present invention also relates to a mammalian cell line that harbors a DNA vector molecule containing a gene encoding a member of the transforming growth factor β superfamily.

[0003] Brief Description of the Related Art:

[0004] In the orthopedic field, degenerative arthritis or osteoarthritis as well as injuries caused by participation in sports activities is the most frequently encountered condition associated with cartilage damage. As for osteoarthritis, almost every joint in the body, such as the knee, the hip, the shoulder, and even the wrist, is affected. The pathogenesis of this disease is the degeneration of hyaline articular cartilage (Mankin et al., J Bone Joint Surg, 52A: 460-466, 1982). The hyaline cartilage of the joint becomes deformed, fibrillated, and eventually excavated. If the degenerated cartilage could somehow be regenerated, most patients would be able to enjoy their lives without debilitating pain. There has been no method reported to date to regenerate damaged hyaline cartilage.

[0005] Traditional routes of drug delivery, such as oral, intravenous or intramuscular administration, to carry the drug to the joint are inefficient. The half-life of drugs injected intra-articularly is generally short. Another disadvantage of intra-articular injection of drugs is that frequent repeated injections are necessary to obtain acceptable drug levels at the joint spaces for treating a chronic condition such as arthritis. Because therapeutic agents heretofore could not be selectively targeted to joints, it was necessary to expose the mammalian host to systemically high concentrations of drugs in order to achieve a sustained, intra-articular therapeutic dose. Exposure of non-target organs in this manner exacerbated the tendency of anti-arthritis drugs to

produce serious side effects, such as gastrointestinal upset and changes in the hematological, cardiovascular, hepatic and renal systems of the mammalian host.

[0006] In the orthopedic field, some cytokines have been considered as candidates for the treatment of orthopedic diseases. Bone morphogenic protein has been considered to be an effective stimulator of bone formation (Ozkaynak et al., EMBO J, 9:2085-2093, 1990; Sampath and Rueger, Complications in Ortho, 101-107, 1994), and TGF- β has been reported as a stimulator of osteogenesis and chondrogenesis (Joyce et al., J Cell Biology, 110:2195-2207, 1990).

[0007] Transforming growth factor- β (TGF- β) is considered to be a multifunctional cytokine (Sporn and Roberts, Nature (London), 332: 217-219, 1988), and plays a regulatory role in cellular growth, differentiation and extracellular matrix protein synthesis (Madri et al., J Cell Biology, 106: 1375-1384, 1988). TGF- β inhibits the growth of epithelial cells and osteoclast-like cells *in vitro* (Chenu et al., Proc Natl Acad Sci, 85: 5683-5687, 1988), but it stimulates enchondral ossification and eventually bone formation *in vivo* (Critchlow et al., Bone, 521-527, 1995; Lind et al., A Orthop Scand, 64(5): 553-556, 1993; and Matsumoto et al., *In vivo*, 8: 215-220, 1994). TGF- β -induced bone formation is mediated by its stimulation of the subperiosteal pluripotential cells, which eventually differentiate into cartilage-forming cells (Joyce et al., J Cell Biology, 110: 2195-2207, 1990; and Miettinen et al., J Cell Biology, 127-6: 2021-2036, 1994).

[0008] The biological effect of TGF- β in orthopedics has been reported (Andrew et al., Calcif Tissue Int. 52: 74-78, 1993; Borque et al., Int J Dev Biol., 37:573-579, 1993; Carrington et al., J Cell Biology, 107:1969-1975, 1988; Lind et al., A Orthop Scand. 64(5):553-556, 1993; Matsumoto et al., *In vivo*, 8:215-220, 1994). In mouse embryos, staining shows that TGF- β is closely associated with tissues derived from the mesenchyme, such as connective tissue, cartilage and bone. In addition to embryologic findings, TGF- β is present at the site of bone formation and cartilage formation. It can also enhance fracture healing in rabbit tibiae. Recently, the therapeutic value of TGF- β has been reported (Critchlow et al., Bone, 521-527, 1995; and Lind et al., A Orthop Scand, 64(5): 553-556, 1993), but its short-term effects and high cost have limited wide clinical application.

[0009] Previously, it was determined that intraarticular injection of TGF- β for the treatment of arthritis is not desirable, because the injected TGF- β has a short duration of action, as TGF- β

is degraded into inactive form *in vivo*. Therefore, a new method for long-term release of TGF- β is necessary for the regeneration of hyaline cartilage.

[0010] There have been reports of regeneration of articular cartilage with autotransplantation of cartilage cells (Brittberg et al., New Engl J Med 331: 889-895, 1994), but this procedure entails two operations with wide excision of soft tissues. If intraarticular injection of allogeneic cells, such as chondrocytes added together with either TGF- β protein exogenously or TGF- β protein manufactured from a vector containing a gene encoding TGF- β inside the chondrocyte is enough for the treatment of degenerative arthritis, it will be of great economic and physical benefit to the patients.

[0011] Gene therapy, which is a method of transferring a specific protein to a specific site, may be the answer to this problem (Wolff and Lederberg, Gene Therapeutics ed. Jon A. Wolff, 3-25, 1994; and Jenks, J Natl Cancer Inst, 89(16): 1182-1184, 1997).

[0012] United States Patents 5,858,355 and 5,766,585 disclose making a viral or plasmid construct of the IRAP (interleukin-1 receptor antagonist protein) gene; transfecting synovial cells (5,858,355) and bone marrow cells (5,766,585) with the construct; and injecting the transfected cells into a rabbit joint, but there is no disclosure of using a gene belonging to the TGF- β superfamily to regenerate connective tissue.

[0013] United States Patents 5,846,931 and 5,700,774 disclose injecting a composition that includes a bone morphogenesis protein (BMP), which belongs to the TGF β “superfamily”, together with a truncated parathyroid hormone related peptide to effect the maintenance of cartilaginous tissue formation, and induction of cartilaginous tissue. However, there is no disclosure of a gene therapy method using the BMP gene.

[0014] United States Patent 5,842,477 discloses implanting a combination of a scaffolding, periosteal/perichondrial tissue, and stromal cells, preferably chondrocytes, to a cartilage defected area. Since this patent disclosure requires that all three of these elements be present in the implanted system, the reference fails to disclose or suggest the simple gene therapy method of the invention which does not require the implantation of the scaffolding or the periosteal/perichondrial tissue.

[0015] In spite of these prior art disclosures, there remains a very real and substantial need for a method regenerating cartilage stably, with long term effect.

SUMMARY OF THE INVENTION

[0016] The present invention has met the hereinbefore described need. A method of introducing at least one gene encoding a product into at least one cell of a mammalian cell for use in treating a mammalian host is provided in the present invention. This method includes employing recombinant techniques to produce a DNA vector molecule containing the gene coding for the product and introducing the DNA vector molecule containing the gene coding for the product into the mammalian cell. The DNA vector molecule can be any DNA molecule capable of being delivered and maintained within the target cell or tissue such that the gene encoding the product of interest can be stably expressed. The DNA vector molecule preferably utilized in the present invention is either a viral or plasmid DNA vector molecule. This method preferably includes introducing the gene encoding the product into the cell of the mammalian connective tissue for a therapeutic use.

[0017] The present invention is also directed to a method of treating osteoarthritis comprising:

[0018] a) generating or obtaining a member of a transforming growth factor superfamily of proteins;

[0019] b) generating or obtaining a population of cultured mammalian cells that may contain vector encoding a gene, or a population of cultured connective tissue cells that do not contain any vector encoding a gene; and

[0020] c) transferring the cells or protein of step a) and the connective tissue cells of step b) by intraarticular injection to an arthritic joint space of a mammalian host, such that the activity of the combination within the joint space results in regenerating connective tissue.

[0021] In the case where the mammalian cell contains a vector comprising a gene encoding protein, the recombinant vector may be, but not limited to, a viral vector, preferably a retroviral vector. The vector may also be a plasmid vector.

[0022] The method of the invention includes storing a population of the mammalian cells prior to transplantation. The cells may be stored in 10% DMSO under liquid nitrogen prior to transplantation.

[0023] Transfected mammalian cells as discussed above may include epithelial cells, preferably human epithelial cells, or human embryonic kidney 293 cells, also referred to as HEK 293, HEK-293, or 293 cells.

[0024] The connective tissue cells include, but are not limited to, fibroblast cells, osteoblasts, or chondrocytes. The fibroblast cells may be NIH 3T3 cells or human foreskin fibroblast cells. The chondrocytes may be autologous or allogeneic. Preferably, the chondrocytes are allogeneic.

[0025] The connective tissue includes, but is not limited to, cartilage, ligament, or tendon. The cartilage may be hyaline cartilage.

[0026] The method of the present invention uses a member of the transformation growth factor superfamily, which includes transforming growth factor β (TGF- β). The member of the transformation growth factor superfamily may be TGF- β 1, TGF- β 2, TGF- β 3, BMP-2, BMP-3, BMP-4, BMP-5, BMP-6, or BMP-7. Preferably, TGF- β is human or porcine TGF- β 1, TGF- β 2 or TGF- β 3.

[0027] The present invention is also directed to a method of regenerating hyaline cartilage, comprising:

[0028] a) generating or obtaining a member of a transforming growth factor superfamily of proteins;

[0029] b) generating or obtaining a population of cultured mammalian cells that may contain vector encoding a gene, or a population of cultured connective tissue cells that do not contain any vector encoding a gene; and

[0030] c) transferring the protein or cells of step a) and the connective tissue cells of step b) by intraarticular injection to an arthritic joint space of a mammalian host, such that the activity of the combination within the joint space results in regenerating hyaline cartilage.

[0031] If transfected cells are used, the transfection method may be accomplished by methods such as liposome encapsulation, calcium phosphate coprecipitation, electroporation and DEAE-dextran mediation.

[0032] The present invention is also directed to a mammalian cell line comprising a recombinant viral or plasmid vector comprising a DNA sequence encoding a member of the transforming growth factor superfamily.

[0033] Transfected mammalian cells discussed above may include epithelial cells, preferably human epithelial cells, or human embryonic kidney 293 cells, also referred to as HEK 293, HEK-293, or 293 cells.

[0034] The connective tissue cell line may include, but is not limited to, a fibroblast cell line, a chondrocyte cell line, an osteoblast cell line, or an osteocyte cell line. The chondrocytes may be autologous or allogeneic. Preferably, the chondrocytes are allogeneic.

[0035] The connective tissue cell line according to the invention may comprise a member of the transforming growth factor superfamily. Preferably, a member of the transforming growth factor superfamily is TGF- β 1, TGF- β 2, TGF- β 3, BMP-2, BMP-3, BMP-4, BMP-5, BMP-6, or BMP-7.

[0036] These and other objects of the invention will be more fully understood from the following description of the invention, the referenced drawings attached hereto and the claims appended hereto.

BRIEF DESCRIPTION OF THE DRAWINGS

[0037] The present invention will become more fully understood from the detailed description given herein below, and the accompanying drawings which are given by way of illustration only, and thus are not limitative of the present invention, and wherein;

[0038] Fig. 1 shows expression of TGF- β 1 mRNA. Total RNA was isolated from NIH 3T3 cells or NIH 3T3 cells stably transfected with pmT β 1, a TGF- β 1 expression vector, which were grown in the absence or presence of zinc. Total RNA (15 mg) was probed with either the TGF- β 1 cDNA or β actin cDNA as a control.

[0039] Figs. 2A-2B show gross findings of regenerated cartilage.

[0040] 2A. A rectangular partial cartilage defect was made on the femoral condyle and the knee joint was injected with NIH 3T3 cells without TGF- β 1 transfection. The defect was not covered.

[0041] 2B. At 6 weeks after injection of NIH 3T3-TGF- β 1 cells, the defect was covered by newly formed tissue. The color of the regenerated tissue was almost identical to that of the surrounding cartilage.

[0042] Figs. 3A-3D show microscopic findings of regenerated cartilage (X 200).

[0043] 3A and 3B. Hematoxinilin-eosine (H&E) analysis of defect area 4 and 6 weeks after injection with control cells. No tissue covered the initial defect area.

[0044] 3C and 3D. Hematoxinilin-eosine (H&E) analysis of defect area 4 and 6 weeks after injection of TGF- β 1-transfected cells. At 4 weeks, partial defect area was covered by hyaline cartilage after injection of TGF- β 1-transfected cells. At 4 weeks and 6 weeks after injection, the regenerated tissue became thicker and its height was almost identical to normal cartilage at 6 weeks. Histologically, the regenerated cartilage (arrow) was identical to the surrounding hyaline cartilage.

[0045] Figs. 4A-4B show immunohistochemical analysis for TGF- β 1 expression in rabbit joint x 200. Brown immunoperoxidase reaction product indicates high levels of recombinant TGF- β 1 expression in the NIH 3T3-TGF- β 1 cells (4B).

[0046] 4A show hyaline cartilage in a rabbit joint injected with control cells.

[0047] Figs. 5A-5B show microscopic findings (X 200) of regenerated tissues with H&E staining (A) and Safranin-O staining (B).

[0048] 5A. In the partially damaged area, the regenerated hyaline cartilage is shown by H&E staining (black arrow).

[0049] 5B. In the completely denuded cartilage area, the regenerated tissue (white arrow) was fibrous collagen.

[0050] Fig. 6 shows plasmid map of pmT β 1.

[0051] Figs. 7A-7D show gross morphology of rabbit achilles tendon injected with TGF- β 1 transfected cells.

[0052] 7A. Tendon injected with control cells.

[0053] 7B. Tendon injected with TGF- β 1 transfected cells, six weeks after injection.

[0054] 7C. Cross-sectional view of the tendon pictured in 7A.

[0055] 7D. Cross-sectional view of the tendon pictured in 7B.

[0056] Figs. 8A-8F show microscopic findings of regenerated tissue in rabbit achilles tendon with H&E staining.

[0057] 8A, 8B and 8C show tendon injected with control cells 6 weeks after injection. 8A. x50 magnification. 8B. x200 magnification. 8C. x600 magnification.

[0058] 8D, 8E and 8F show tendon injected with TGF- β 1 transfected cells 6 weeks after injection. 8D. x50 magnification. 8E. x200 magnification. 8F. x600 magnification. The TGF- β 1 transfected cells injected into the tendon appear to be more round than the endogenous tendon cells. Fibrous collagen was produced by autocrine and paracrine modes of action, and the tendon was enlarged. The tendon was enlarged after the injection of TGF- β 1 transfected cells.

[0059] Figs. 9A-9B show microscopic findings of regenerated tissue in rabbit achilles tendon with H&E staining (A) and immunohistochemical staining (B) with TGF- β 1 antibody. Brown immunoperoxidase reaction product indicates high levels of recombinant TGF- β 1 expression in the NIH 3T3-TGF- β 1 cells.

[0060] Figs. 10A-10F and 10A'-10F' show regeneration of cartilage with irradiated NIH3T3-TGF- β 1 fibroblast cells.

[0061] Figs. 11A-H show regeneration of cartilage with human foreskin fibroblast cells producing TGF- β 1.

[0062] Figs. 12A-H show regeneration of cartilage with NIH3T3-TGF- β 1 cells in a dog model.

[0063] Figs. 13A-C show immunohistochemical staining of regenerated cartilage with TGF- β 1 antibody at 3 weeks after injection of TGF- β 1 producing fibroblast cells.

[0064] Figs. 14A-14D show regeneration of cartilage with mixture of human chondrocytes and recombinant TGF- β 1 protein in rabbits with a partial-thickness defect.

[0065] Figs. 15A-15F show regeneration of cartilage with injection of a mixture of human chondrocytes and recombinant TGF β 1 proteins in dogs with a partial-thickness defect.

DETAILED DESCRIPTION OF THE INVENTION

[0066] As used herein, the term "patient" includes members of the animal kingdom including but not limited to human beings.

[0067] As used herein, the term "mammalian cells" in reference to transfected or transduced cells includes all types of mammalian cells, in particular human cells, including but not limited to connective tissue cells such as fibroblasts or chondrocytes, or stem cells, and in particular

human embryonic kidney cells, and further in particular, human embryonic kidney 293 cells, or epithelial cells.

[0068] As used herein, the term "mammalian host" includes members of the animal kingdom including but not limited to human beings.

[0069] As used herein, the term "chondrocytes" refers to a population of isolated chondrocyte cells without regard to whether they have undergone dedifferentiation or redifferentiation. It has been observed that after several passages of *in vitro* culturing, chondrocytes dedifferentiate into other cell types, such as fibroblasts. However, upon induction, these cells may redifferentiate to chondrocytes. For the purposes of the present invention, by "chondrocytes", a sample comprising the original starting culture of chondrocytes is meant, in which the sample may optionally contain chondrocytes that have been dedifferentiated through the passage of time.

[0070] As used herein, the term "connective tissue" is any tissue that connects and supports other tissues or organs, and includes but is not limited to a ligament, a cartilage, a tendon, a bone, and a synovium of a mammalian host.

[0071] As used herein, the term "connective tissue cell" or "cell of a connective tissue" include cells that are found in the connective tissue, such as fibroblasts, cartilage cells (chondrocytes), and bone cells (osteoblasts/ osteocytes), which secrete collagenous extracellular matrix, as well as fat cells (adipocytes) and smooth muscle cells. Preferably, the connective tissue cells are fibroblasts, cartilage cells, and bone cells. More preferably, the connective tissue cells are chondrocyte cells. Preferably, the chondrocytes are allogeneic cells. It will be recognized that the invention can be practiced with a mixed culture of connective tissue cells, as well as cells of a single type. Preferably, the connective tissue cell does not cause a negative immune response when injected into the host organism. It is understood that allogeneic cells may be used in this regard, as well as autologous cells for cell-mediated gene therapy or somatic cell therapy.

[0072] As used herein, "connective tissue cell line" includes a plurality of connective tissue cells originating from a common parent cell.

[0073] As used herein, "hyaline cartilage" refers to the connective tissue covering the joint surface. By way of example only, hyaline cartilage includes, but is not limited to, articular cartilage, costal cartilage, and nose cartilage.

[0074] In particular, hyaline cartilage is known to be self-renewing, responds to alterations, and provides stable movement with less friction. Hyaline cartilage found even within the same joint or among joints varies in thickness, cell density, matrix composition and mechanical properties, yet retains the same general structure and function. Some of the functions of hyaline cartilage include surprising stiffness to compression, resilience, and exceptional ability to distribute weight loads, ability to minimize peak stress on subchondral bone, and great durability.

[0075] Grossly and histologically, hyaline cartilage appears as a slick, firm surface that resists deformation. The extracellular matrix of the cartilage comprises chondrocytes, but lacks blood vessels, lymphatic vessels or nerves. An elaborate, highly ordered structure that maintains interaction between chondrocytes and the matrix serves to maintain the structure and function of the hyaline cartilage, while maintaining a low level of metabolic activity. The reference O'Driscoll, J. Bone Joint Surg., 80A: 1795-1812, 1998 describes the structure and function of hyaline cartilage in detail, which is incorporated herein by reference in its entirety.

[0076] As used herein, the "transforming growth factor- β (TGF- β) superfamily" encompasses a group of structurally related proteins, which affect a wide range of differentiation processes during embryonic development. The family includes, Müllerian inhibiting substance (MIS), which is required for normal male sex development (Behringer, et al., Nature, 345:167, 1990), Drosophila decapentaplegic (DPP) gene product, which is required for dorsal-ventral axis formation and morphogenesis of the imaginal disks (Padgett, et al., Nature, 325:81-84, 1987), the Xenopus Vg-1 gene product, which localizes to the vegetal pole of eggs (Weeks, et al., Cell, 51:861-867, 1987), the activins (Mason, et al., Biochem. Biophys. Res. Commun., 135:957-964, 1986), which can induce the formation of mesoderm and anterior structures in Xenopus embryos (Thomsen, et al., Cell, 63:485, 1990), and the bone morphogenetic proteins (BMP's, such as BMP-2, 3, 4, 5, 6 and 7, osteogenin, OP-1) which can induce *de novo* cartilage and bone formation (Sampath, et al., J. Biol. Chem., 265:13198, 1990). The TGF- β gene products can influence a variety of differentiation processes, including adipogenesis, myogenesis,

chondrogenesis, hematopoiesis, and epithelial cell differentiation (for a review, see Massague, Cell 49:437, 1987), which is incorporated herein by reference in its entirety.

[0077] The proteins of the TGF- β family are initially synthesized as a large precursor protein, which subsequently undergoes proteolytic cleavage at a cluster of basic residues approximately 110-140 amino acids from the C-terminus. The C-terminal regions of the proteins are all structurally related and the different family members can be classified into distinct subgroups based on the extent of their homology. Although the homologies within particular subgroups range from 70% to 90% amino acid sequence identity, the homologies between subgroups are significantly lower, generally ranging from only 20% to 50%. In each case, the active species appears to be a disulfide-linked dimer of C-terminal fragments. For most of the family members that have been studied, the homodimeric species has been found to be biologically active, but for other family members, like the inhibins (Ung, et al., Nature, 321:779, 1986) and the TGF- β 's (Cheifetz, et al., Cell, 48:409, 1987), heterodimers have also been detected, and these appear to have different biological properties than the respective homodimers.

[0078] Members of the superfamily of TGF- β genes include TGF- β 3, TGF- β 2, TGF- β 4 (chicken), TGF- β 1, TGF- β 5 (*Xenopus*), BMP-2, BMP-4, *Drosophila* DPP, BMP-5, BMP-6, Vgr1, OP-1/BMP-7, *Drosophila* 60A, GDF-1, *Xenopus* Vgf, BMP-3, Inhibin- β A, Inhibin- β B, Inhibin- α , and MIS. These genes are discussed in Massague, Ann. Rev. Biochem. 67:753-791, 1998, which is incorporated herein by reference in its entirety.

[0079] Preferably, the member of the superfamily of TGF- β genes is TGF- β . More preferably, the member is TGF- β 1, TGF- β 2, TGF- β 3, BMP-2, BMP-3, BMP-4, BMP-5, BMP-6, or BMP-7. Even more preferably, the member is human or porcine TGF- β . Still more preferably, the member is human or porcine TGF- β 1, TGF- β 2, or TGF- β 3. Most preferably, the member is human or porcine TGF- β 1.

[0080] As used herein, "selectable marker" includes a gene product that is expressed by a cell that stably maintains the introduced DNA, and causes the cell to express an altered phenotype such as morphological transformation, or an enzymatic activity. Isolation of cells that express a transfected gene is achieved by introduction into the same cells a second gene that encodes a selectable marker, such as one having an enzymatic activity that confers resistance to an

antibiotic or other drug. Examples of selectable markers include, but are not limited to, thymidine kinase, dihydrofolate reductase, aminoglycoside phosphotransferase, which confers resistance to aminoglycoside antibiotics such as kanamycin, neomycin and geneticin, hygromycin B phosphotransferase, xanthine-guanine phosphoribosyl transferase, CAD (a single protein that possesses the first three enzymatic activities of *de novo* uridine biosynthesis - carbamyl phosphate synthetase, aspartate transcarbamylase and dihydroorotase), adenosine deaminase, and asparagine synthetase (Sambrook et al. Molecular Cloning, Chapter 16. 1989), incorporated herein by reference in its entirety.

[0081] As used herein, a "promoter" can be any sequence of DNA that is active, and controls transcription in an eucaryotic cell. The promoter may be active in either or both eucaryotic and procaryotic cells. Preferably, the promoter is active in mammalian cells. The promoter may be constitutively expressed or inducible. Preferably, the promoter is inducible. Preferably, the promoter is inducible by an external stimulus. More preferably, the promoter is inducible by hormones or metals. Still more preferably, the promoter is inducible by heavy metals. Most preferably, the promoter is a metallothionein gene promoter. Likewise, "enhancer elements", which also control transcription, can be inserted into the DNA vector construct, and used with the construct of the present invention to enhance the expression of the gene of interest.

[0082] As used herein, the term "DC-chol" means a cationic liposome containing cationic cholesterol derivatives. The "DC-chol" molecule includes a tertiary amino group, a medium length spacer arm (two atoms) and a carbamoyl linker bond (Gao et al., Biochem. Biophys. Res. Commun., 179:280-285, 1991).

[0083] As used herein, "SF-chol" is defined as a type of cationic liposome.

[0084] As used herein, the term "biologically active" used in relation to liposomes denotes the ability to introduce functional DNA and/or proteins into the target cell.

[0085] As used herein, the term "biologically active" in reference to a nucleic acid, protein, protein fragment or derivative thereof is defined as an ability of the nucleic acid or amino acid sequence to mimic a known biological function elicited by the wild type form of the nucleic acid or protein.

[0086] As used herein, the term "maintenance", when used in the context of liposome delivery, denotes the ability of the introduced DNA to remain present in the cell. When used in

other contexts, it means the ability of targeted DNA to remain present in the targeted cell or tissue so as to impart a therapeutic effect.

[0087] Gene Therapy

[0088] The present invention discloses *ex vivo* and *in vivo* techniques for delivery of a DNA sequence of interest to the connective tissue cells of the mammalian host. The *ex vivo* technique involves culture of target mammalian cells, *in vitro* transfection of the DNA sequence, DNA vector or other delivery vehicle of interest into the mammalian cells, followed by transplantation of the modified mammalian cells to the target joint of the mammalian host, so as to effect *in vivo* expression of the gene product of interest.

[0089] It is to be understood that while it is possible that substances such as a scaffolding or a framework as well as various extraneous tissues may be implanted together in the gene therapy protocol of the present invention, it is preferred that such scaffolding or tissue not be included in the injection system of the invention. In a preferred embodiment, in cell-mediated gene therapy or somatic cell therapy, the invention is directed to a simple method of injecting a population of transfected or transduced mammalian cells to the joint space so that the exogenous TGF superfamily protein is expressed in the joint space.

[0090] As an alternative to the *in vitro* manipulation of mammalian cells, the gene encoding the product of interest is introduced into liposomes and injected directly into the area of the joint, where the liposomes fuse with the connective tissue cells, resulting in an *in vivo* gene expression of the gene product belonging to the TGF- β superfamily.

[0091] As an additional alternative to the *in vitro* manipulation of mammalian cells, the gene encoding the product of interest is introduced into the area of the joint as naked DNA. The naked DNA enters the connective tissue cell, resulting in an *in vivo* gene expression of the gene product belonging to the TGF- β superfamily.

[0092] One *ex vivo* method of treating a connective tissue disorder disclosed throughout this specification comprises initially generating a recombinant viral or plasmid vector which contains a DNA sequence encoding a protein or biologically active fragment thereof. This recombinant vector is then used to infect or transfect a population of *in vitro* cultured mammalian cells, resulting in a population of mammalian containing the vector. These mammalian cells are then transplanted to a target joint space of a mammalian host, effecting subsequent expression of the

protein or protein fragment within the joint space. Expression of this DNA sequence of interest is useful in substantially reducing at least one deleterious joint pathology associated with a connective tissue disorder.

[0093] It will be understood by the artisan of ordinary skill that the preferred source of cells for treating a human patient is the patient's own connective tissue cells, such as autologous mammalian cells, but that allogeneic cells may also be used without regard to the histocompatibility of the cells.

[0094] More specifically, this method includes employing as the gene a gene capable of encoding a member of the transforming growth factor β superfamily, or a biologically active derivative or fragment thereof and a selectable marker, or a biologically active derivative or fragment thereof.

[0095] A further embodiment of the present invention includes employing as the gene a gene capable of encoding at least one of a member of transforming growth factor β superfamily or a biologically active derivative or fragment thereof, and employing as the DNA plasmid vector any DNA plasmid vector known to one of ordinary skill in the art capable of stable maintenance within the targeted cell or tissue upon delivery, regardless of the method of delivery utilized.

[0096] One such method is the direct delivery of the DNA vector molecule, whether it be a viral or plasmid DNA vector molecule, to the target cell or tissue. This method also includes employing as the gene a gene capable of encoding a member of transforming growth factor β superfamily or biologically active derivative or fragment thereof.

[0097] Another embodiment of this invention provides a method for introducing at least one gene encoding a product into at least one cell of a mammalian for use in treating the mammalian host. This method includes employing non-viral means for introducing the gene coding for the product into the mammalian cell. More specifically, this method includes a liposome encapsulation, calcium phosphate coprecipitation, electroporation, or DEAE-dextran mediation, and includes employing as the gene a gene capable of encoding a member of transforming growth factor superfamily or biologically active derivative or fragment thereof, and a selectable marker, or biologically active derivative or fragment thereof.

[0098] Another embodiment of this invention provides an additional method for introducing at least one gene encoding a product into at least one cell of a mammalian for use in treating the

mammalian host. This additional method includes employing the biologic means of utilizing a virus to deliver the DNA vector molecule to the target cell or tissue. Preferably, the virus is a pseudo-virus, the genome having been altered such that the pseudovirus is capable only of delivery and stable maintenance within the target cell, but not retaining an ability to replicate within the target cell or tissue. The altered viral genome is further manipulated by recombinant DNA techniques such that the viral genome acts as a DNA vector molecule which contains the heterologous gene of interest to be expressed within the target cell or tissue.

[0099] A preferred embodiment of the invention is a method of delivering TGF- β to a target joint space by delivering the TGF- β gene to the connective tissue of a mammalian host through use of a retroviral vector with the *ex vivo* technique disclosed within this specification. In other words, a DNA sequence of interest encoding a functional TGF- β protein or protein fragment is subcloned into a retroviral vector of choice, the recombinant viral vector is then grown to adequate titer and used to infect *in vitro* cultured mammalian cells, and the transduced mammalian cells, preferably autografted cells, are transplanted into the joint of interest, preferably by intra-articular injection.

[00100] Another preferred method of the present invention involves direct *in vivo* delivery of a TGF- β superfamily gene to the connective tissue of a mammalian host through use of either an adenovirus vector, adeno-associated virus (AAV) vector or herpes-simplex virus (HSV) vector. In other words, a DNA sequence of interest encoding a functional TGF- β protein or protein fragment is subcloned into the respective viral vector. The TGF- β containing viral vector is then grown to adequate titer and directed into the joint space, preferably by intra-articular injection.

[00101] Direct intra-articular injection of a DNA molecule containing the gene of interest into the joint results in transfection of the recipient connective tissue cells and hence bypasses the requirement of removal, *in vitro* culturing, transfection, selection, as well as transplanting the DNA vector containing-fibroblast to promote stable expression of the heterologous gene of interest.

[00102] Methods of presenting the DNA molecule to the target connective tissue of the joint includes, but is not limited to, encapsulation of the DNA molecule into cationic liposomes, subcloning the DNA sequence of interest in a retroviral or plasmid vector, or the direct injection of the DNA molecule itself into the joint. The DNA molecule, regardless of the form of

presentation to the knee joint, is preferably presented as a DNA vector molecule, either as recombinant viral DNA vector molecule or a recombinant DNA plasmid vector molecule. Expression of the heterologous gene of interest is ensured by inserting a promoter fragment active in eukaryotic cells directly upstream of the coding region of the heterologous gene. One of ordinary skill in the art may utilize known strategies and techniques of vector construction to ensure appropriate levels of expression subsequent to entry of the DNA molecule into the connective tissue.

[00103] In a preferred embodiment, chondrocytes recovered from the knee joint are cultured *in vitro* for subsequent utilization as a delivery system for gene therapy. It will be apparent that Applicants are not limited to the use of the specific connective tissue disclosed. It would be possible to utilize other tissue sources for *in vitro* culture techniques. The method of using the gene of this invention may be employed both prophylactically and in the therapeutic treatment of arthritis. It will also be apparent that Applicants are not limited to prophylactic or therapeutic applications in treating only the knee joint. It would be possible to utilize the present invention either prophylactically or therapeutically to treat arthritis in any susceptible joint.

[00104] In another embodiment of this invention, a compound for parenteral administration to a patient in a prophylactically or therapeutically effective amount is provided that contains a gene encoding a TGF- β superfamily protein and a suitable pharmaceutical carrier.

[00105] A further embodiment of this invention includes the method as hereinbefore described including introducing the gene into the cell *in vitro*. This method also includes subsequently transplanting the infected cell into the mammalian host. This method includes after effecting the transfecting of the mammalian cell but before the transplanting of the infected cell into the mammalian host, storing the transfected mammalian cell. It will be appreciated by those skilled in the art that the infected mammalian cell may be stored frozen in 10 percent DMSO in liquid nitrogen. This method includes employing a method to substantially prevent the development of arthritis in a mammalian host having a high susceptibility of developing arthritis.

[00106] Another embodiment of this invention includes a method of introducing at least one gene encoding a product into at least one cell of a connective tissue of a mammalian host for use in treating the mammalian host as hereinbefore described including effecting *in vivo* the infection of the cell by introducing the viral vector containing the gene coding for the product directly into

the mammalian host. Preferably, this method includes effecting the direct introduction into the mammalian host by intra-articular injection. This method includes employing the method to substantially prevent a development of arthritis in a mammalian host having a high susceptibility of developing arthritis. This method also includes employing the method on an arthritic mammalian host for therapeutic use. Further this method also includes employing the method to repair and regenerate the connective tissue as hereinbefore defined.

[00107] It will be appreciated by those skilled in the art, that the viral vectors employing a liposome are not limited by cell division as is required for the retroviruses to effect infection and integration of mammalian cells. This method employing non-viral means as hereinbefore described includes employing as the gene a gene capable of encoding a member belonging to the TGF- β superfamily and a selectable marker gene, such as an antibiotic resistance gene.

[00108] Another embodiment of the present invention is delivery of a DNA sequence encoding a member of the TGF- β superfamily to the connective tissue of a mammalian host by any of the methods disclosed within this specification so as to effect *in vivo* expression of collagen to regenerate connective tissue, such as cartilage.

[00109] In a specific method disclosed as an example, and not as a limitation to the present invention, a DNA plasmid vector containing the TGF- β coding sequence was ligated downstream of the metallothionein promoter.

[00110] Connective tissues are difficult organs to target therapeutically. Intravenous and oral routes of drug delivery that are known in the art provide poor access to these connective tissues and have the disadvantage of exposing the mammalian host body systemically to the therapeutic agent. More specifically, known intra-articular injection of proteins to joints provides direct access to a joint. However, most of the injected drugs in the form of encapsulated proteins have a short intra-articular half-life. The present invention solves these problems by introducing into the connective tissue of a mammalian host genes coding for proteins that may be used to treat the mammalian host. More specifically, this invention provides a method for introducing into the connective tissue of a mammalian host genes coding for proteins with anti-arthritic properties.

[00111] In the invention, gene therapy was applied to solve the problem of short duration of action and high cost associated with administering TGF- β . The transfected cells could survive for more than 6 weeks in tissue cultures without morphological change. To determine the

viability and duration of action, the cells were injected into rabbit achilles tendon. If the nutritional supply is adequate for the cells *in vivo*, the cells could survive and produce TGF- β for a long enough period of time to stimulate the surrounding cells. The cells were functional in both the intratendinous and intraarticular environment.

[00112] The concentration of transfected cells is an important factor for local action. In a previous experiment (Joyce et al., *supra*, 1990), the dose of TGF- β determined the type of tissue formed. In particular, the ratio of cartilage formation to intramembranous bone formation decreased as the dose was lowered. TGF- β is also biphasic in stimulation of primary osteoblasts and MC3T3 cells (Centrella et al., *Endocrinology*, 119:2306-2312, 1986). That is, it can be both stimulatory and inhibitory according to the concentration (Chenu et al., *Proc Natl Acad Sci*, 85:5683-5687, 1988). In the Examples provided herein, the NIH 3T3-TGF- β 1 cells stimulated collagen synthesis in different concentrations of 10^4 , 10^5 , and 10^6 cells/ml. The tendon was enlarged mostly with the concentration of 10^6 cells/ml.

[00113] In the Examples, the joint was injected with 0.3 ml of 10^6 cells/ml concentration. The specimens were harvested from 2 weeks to 6 weeks after injection. The environment in the joint is different from that of the tendon. The cells can move freely within the joint. They will move to the area with specific affinity for the cells. The synovium, meniscus and cartilage defect areas are the possible sites for cellular adhesion. At six weeks after injection, the regenerated tissues were observed at the partially and completely damaged cartilage defect areas, but not at the synovium or the meniscus. This specific affinity for the damaged area is another advantage for clinical application. If degenerative arthritis can be cured with just injection of cells into the joint, the patients can be treated conveniently without major surgery.

[00114] The TGF- β secreted by injected cells can stimulate hyaline cartilage regeneration by two possible ways. One is that the cartilage cells remaining in the damaged area produce the TGF- β receptors at their cell surface (Brand et al., *J Biol Chem*, 270:8274-8284, 1995; Cheifetz et al., *Cell*, 48:409-415, 1987; Dumont et al., *M Cell Endo*, 111:57-66, 1995; Lopez-Casillas et al., *Cell*, 67:785-795, 1991; Miettinen et al., *J Cell Biology*, 127:6, 2021-2036, 1994; and Wrana et al., *Nature*, 370:341-347, 1994). These receptors may have been stimulated by TGF- β secreted by injected cells, which adhere to the damaged area. Because TGF- β is secreted in a latent form *in vivo* (Wakefield et al., *J Biol Chem*, 263, 7646-7654, 1988), the latent TGF- β

needs an activation process. The other way is that the latent TGF- β or the TGF- β secreted from the transfected cells may have bound to the TGF- β binding protein (LTBT) at the extracellular matrix of partially damaged cartilage layers (Dallas et al., J Cell Biol, 131:539-549, 1995).

[00115] Whatever the mechanism of action is, the finding of hyaline cartilage synthesis indicates that a long duration of high TGF- β concentration can stimulate hyaline cartilage regeneration. The vehicle for local high concentration may not be the critical factor for local stimulation, but theoretically, the cartilage cell may be the most suitable vehicle for delivering TGF- β to damaged areas of the cartilage (Brittberg et al., New Engl J Med 331:889-895, 1994). The collagen bilayer matrix is another possible vehicle for local distribution of transfected cells (Frenkel et al., J Bone J Surg (Br) 79-B:831-836, 1997).

[00116] The properties of newly formed tissue were determined by a histological method. In H&E staining, the newly formed tissue was identical to surrounding hyaline cartilage (Fig. 4). To evaluate the properties of newly formed tissue, the tissues were stained with Safranin-O (Rosenburg, J Bone Joint Surg, 53A:69-82, 1971). In contrast to the white color of fibrous collagen, the newly formed tissue stained red, suggesting that it is hyaline cartilage (Fig. 5).

[00117] The cells in the completely damaged area produced fibrous collagen. The surrounding osteoblastic cells may not have been stimulated because of the osteoid matrix barrier to TGF- β stimulation. Instead of stimulating surrounding cells, the NIH 3T3-TGF- β 1 cells produced the fibrous collagen by autocrine stimulation. The fact that the cells were stimulated by both autocrine and paracrine activation increases the likelihood of treatment of degenerative arthritis with chondrocytes that have been stably transfected with TGF- β 1 expression constructs.

[00118] The cell lines stably transfected with TGF- β 1 expression constructs can survive in tendons and knee joints. The cell lines produce fibrous collagen in the tendon and the completely damaged cartilage area. However, the cell lines produce hyaline cartilage in the partially damaged articular cartilage. The mechanism of stimulation by autocrine and paracrine modes of action indicates that gene therapy with a member of the TGF- β superfamily of genes is a new treatment method for hyaline cartilage injury.

[00119] The inventors made stable fibroblast (NIH 3T3-TGF- β 1, and human foreskin fibroblast TGF- β 1) cell line by transfecting TGF- β 1 expression constructs. These TGF- β -

producing cells maintained high concentration of active TGF- β concentration *in vivo* for a long duration.

[00120] The first question to be answered regarding the possibility of gene therapy and, in particular, cell-mediated gene therapy is the viability of the cells *in vivo*. Even though TGF- β can suppress the immune cells *in vitro*, the cells may not be able to survive in the tissue of other species with highly effective immune surveillance systems. Secondly, the optimum concentration for gene expression *in vivo* should be evaluated. We injected the cells into rabbit achilles tendon in three different concentrations to answer this question. The concentration of intraarticular injection to be used was determined from the optimal concentration for intratendinous injection. The third question is how the cells stimulate the regeneration of cartilage within the joint.

There are two modes of action for the injected cells. One is the activation of surrounding cells by secreted TGF- β (paracrine activation) (Snyder, Sci Am, 253(4): 132-140, 1985), and the other is self-activation (autocrine activation). The concentration of cells may affect the pathways, but the surrounding environment may be the most important factor for the determination of action mode. Intraarticular joint fluid and the interior of a ligament are two different environments in terms of blood supply, nutritional supply and surrounding cells. The transfected cells were injected into two different environments to find out the mode of action of the cells. The overall purpose of this study was to evaluate TGF- β -mediated gene therapy for orthopedic diseases and to ascertain the mode of action *in vivo*.

[00121] Therapeutic Composition

[00122] The present invention relates to cartilage regeneration. In a specific embodiment, the inventive method includes employing a gene product that is a member of the transforming growth factor β superfamily, or a biologically active derivative or fragment thereof, or a biologically active derivative or fragment thereof. The TGF β superfamily protein is administered in conjunction with connective tissue cells, such as chondrocytes, including allogeneic chondrocytes. The TGF β protein may be administered simultaneously with the cells, or it may be administered before or after the administration of the cells, so long as the cartilage is regenerated at the site of treatment.

[00123] In another embodiment of this invention, a compound for parenteral administration to a patient in a prophylactically or therapeutically effective amount is provided that contains a TGF- β superfamily protein and a suitable pharmaceutical carrier.

[00124] In therapeutic applications, the TGF β protein may be formulated for localized administration, and may be administered in conjunction with connective tissue cells, such as chondrocytes, including allogeneic chondrocytes. In the invention, the TGF β protein may be generally combined with a carrier such as a diluent or excipient which may include fillers, extenders, binding, wetting agents, disintegrants, surface-active agents, erodable polymers or lubricants, depending on the nature of the mode of administration and dosage forms. Typical dosage forms include, powders, liquid preparations including suspensions, emulsions and solutions, granules, and capsules.

[00125] The TGF β protein of the present invention may also be combined with a pharmaceutically acceptable carrier for administration to a subject. Examples of suitable pharmaceutical carriers are a variety of cationic lipids, including, but not limited to N-(1-2,3-dioleoyloxy)propyl)-n,n,n-trimethylammonium chloride (DOTMA) and dioleoylphosphatidyl ethanolamine (DOPE). Liposomes are also suitable carriers for the TGF β protein molecules of the invention. Another suitable carrier is a slow-release gel or polymer comprising the TGF β protein molecules.

[00126] TGF β protein may be mixed with an amount of a physiologically acceptable carrier or diluent, such as a saline solution or other suitable liquid. The TGF protein molecule may also be combined with other carrier means to protect the TGF protein and biologically active forms thereof from degradation until they reach their targets and/or facilitate movement of the TGF protein or biologically active form thereof across tissue barriers.

[00127] A further embodiment of this invention includes storing the mammalian cells or connective tissue cell prior to transferring the cells. It will be appreciated by those skilled in the art that the mammalian cell or connective tissue cell may be stored frozen in 10 percent DMSO in liquid nitrogen. This method includes employing a method to substantially prevent the development of arthritis in a mammalian host having a high susceptibility of developing arthritis.

[00128] The formulation of therapeutic compounds is generally known in the art and reference can conveniently be made to Remington's Pharmaceutical Sciences, 17th ed., Mack Publishing

Co., Easton, Pa., USA. For example, from about 0.05 μg to about 20 mg per kilogram of body weight per day may be administered. Dosage regime may be adjusted to provide the optimum therapeutic response. For example, several divided doses may be administered daily or the dose may be proportionally reduced as indicated by the exigencies of the therapeutic situation. The active compound may be administered in a convenient manner such as by the oral, intravenous (where water soluble), intramuscular, subcutaneous, intra nasal, intradermal or suppository routes or implanting (eg using slow release molecules by the intraperitoneal route or by using cells e.g. monocytes or dendrite cells sensitized *in vitro* and adoptively transferred to the recipient). Depending on the route of administration, the peptide may be required to be coated in a material to protect it from the action of enzymes, acids and other natural conditions which may inactivate said ingredients.

[00129] For example, the low lipophilicity of the peptides will allow them to be destroyed in the gastrointestinal tract by enzymes capable of cleaving peptide bonds and in the stomach by acid hydrolysis. In order to administer peptides by other than parenteral administration, they will be coated by, or administered with, a material to prevent its inactivation. For example, peptides may be administered in an adjuvant, co-administered with enzyme inhibitors or in liposomes. Adjuvants contemplated herein include resorcinols, non-ionic surfactants such as polyoxyethylene oleyl ether and n-hexadecyl polyethylene ether. Enzyme inhibitors include pancreatic trypsin inhibitor, diisopropylfluorophosphate (DEP) and trasylol. Liposomes include water-in-oil-in-water CGF emulsions as well as conventional liposomes.

[00130] The active compounds may also be administered parenterally or intraperitoneally. Dispersions can also be prepared in glycerol liquid polyethylene glycols, and mixtures thereof and in oils. Under ordinary conditions of storage and use, these preparations contain a preservative to prevent the growth of microorganisms.

[00131] The pharmaceutical forms suitable for injectable use include sterile aqueous solutions (where water soluble) or dispersions and sterile powders for the extemporaneous preparation of sterile injectable solutions or dispersion. In all cases the form must be sterile and must be fluid to the extent that easy syringability exists. It must be stable under the conditions of manufacture and storage and must be preserved against the contaminating action of microorganisms such as bacteria and fungi. The carrier can be a solvent or dispersion medium containing, for example,

water, ethanol, polyol (for example, glycerol, propylene glycol and liquid polyethylene glycol, and the like), suitable mixtures thereof, and vegetable oils. The proper fluidity can be maintained, for example, by the use of a coating such as lecithin, by the maintenance of the required particle size in the case of dispersion and by the use of surfactants. The prevention of the action of microorganisms can be brought about by various antibacterial and antifungal agents, for example, chlorobutanol, phenol, sorbic acid, thiomersal and the like. In many cases, it will be preferable to include isotonic agents, for example, sugars or sodium chloride. Prolonged absorption of the injectable compositions can be brought about by the use in the composition of agents delaying absorption, for example, aluminium monostearate and gelatin.

[00132] Sterile injectable solutions are prepared by incorporating the active compounds in the required amount in the appropriate solvent with various other ingredients enumerated above, as required, followed by filtered sterilization. Generally, dispersions are prepared by incorporating the various sterile active ingredient into a sterile vehicle which contains the basic dispersion medium and the required other ingredients from those enumerated above. In the case of sterile powders for the preparation of sterile injectable solutions, the preferred methods of preparation are vacuum drying and the freeze-drying technique which yield a powder of the active ingredient plus any additional desired ingredient from a previously sterile-filtered solution thereof.

[00133] When the peptides are suitably protected as described above, the active compound may be orally administered, for example, with an inert diluent or with an assimilable edible carrier, or it may be enclosed in hard or soft shell gelatin capsule, or it may be compressed into tablets, or it may be incorporated directly with the food of the diet. For oral therapeutic administration, the active compound may be incorporated with excipients and used in the form of ingestible tablets, buccal tablets, troches, capsules, elixirs, suspensions, syrups, wafers, and the like. Such compositions and preparations should contain at least 1% by weight of active compound. The percentage of the compositions and preparations may, of course, be varied and may conveniently be between about 5 to about 80% of the weight of the unit. The amount of active compound in such therapeutically useful compositions is such that a suitable dosage will be obtained. Preferred compositions or preparations according to the present invention are prepared so that an oral dosage unit form contains between about 0.1 µg and 2000 mg of active compound.

[00134] The tablets, pills, capsules and the like may also contain the following: A binder such as gum tragacanth, acacia, corn starch or gelatin; excipients such as dicalcium phosphate; a disintegrating agent such as corn starch, potato starch, alginic acid and the like; a lubricant such as magnesium stearate; and a sweetening agent such as sucrose, lactose or saccharin may be added or a flavoring agent such as peppermint, oil of wintergreen, or cherry flavoring. When the dosage unit form is a capsule, it may contain, in addition to materials of the above type, a liquid carrier. Various other materials may be present as coatings or to otherwise modify the physical form of the dosage unit. For instance, tablets, pills, or capsules may be coated with shellac, sugar or both. A syrup or elixir may contain the active compound, sucrose as a sweetening agent, methyl and propylparabens as preservatives, a dye and flavoring such as cherry or orange flavor. Of course, any material used in preparing any dosage unit form should be pharmaceutically pure and substantially non-toxic in the amounts employed. In addition, the active compound may be incorporated into sustained-release preparations and formulations.

[00135] As used herein "pharmaceutically acceptable carrier and/or diluent" includes any and all solvents, dispersion media, coatings antibacterial and antifungal agents, isotonic and absorption delaying agents and the like. The use of such media and agents for pharmaceutical active substances is well known in the art. Except insofar as any conventional media or agent is incompatible with the active ingredient, use thereof in the therapeutic compositions is contemplated. Supplementary active ingredients can also be incorporated into the compositions.

[00136] It is especially advantageous to formulate parenteral compositions in dosage unit form for ease of administration and uniformity of dosage. Dosage unit form as used herein refers to physically discrete units suited as unitary dosages for the mammalian subjects to be treated; each unit containing a predetermined quantity of active material calculated to produce the desired therapeutic effect in association with the required pharmaceutical carrier. The specification for the dosage unit forms of the invention are dictated by and directly dependent on (a) the unique characteristics of the active material and the particular therapeutic effect to be achieved, and (b) the limitations inherent in the art of compounding such an active material for the treatment of disease in living subjects having a diseased condition in which bodily health is impaired.

[00137] The principal active ingredient is compounded for convenient and effective administration in effective amounts with a suitable pharmaceutically acceptable carrier in dosage unit form. A unit dosage form can, for example, contain the principal active compound in amounts ranging from 0.5 μg to about 2000 mg. Expressed in proportions, the active compound is generally present in from about 0.5 $\mu\text{g}/\text{ml}$ of carrier. In the case of compositions containing supplementary active ingredients, the dosages are determined by reference to the usual dose and manner of administration of the said ingredients.

[00138] Delivery Systems

[00139] Various delivery systems are known and can be used to administer the composition of the invention, e.g., encapsulation in liposomes, microparticles, microcapsules, recombinant cells capable of expressing the compound, receptor-mediated endocytosis, construction of a nucleic acid as part of a retroviral or other vector, etc. Methods of introduction include but are not limited to intradermal, intramuscular, intraperitoneal, intravenous, subcutaneous, intranasal, epidural, and oral routes. The compounds or compositions may be administered by any convenient route, for example by infusion or bolus injection, by absorption through epithelial or mucocutaneous linings (e.g., oral mucosa, rectal and intestinal mucosa, etc.) and may be administered together with other biologically active agents. Administration can be systemic or local. In addition, it may be desirable to introduce the pharmaceutical compounds or compositions of the invention into the central nervous system by any suitable route, including intraventricular and intrathecal injection; intraventricular injection may be facilitated by an intraventricular catheter, for example, attached to a reservoir, such as an Ommaya reservoir. Pulmonary administration can also be employed, e.g., by use of an inhaler or nebulizer, and formulation with an aerosolizing agent.

[00140] In a specific embodiment, it may be desirable to administer the pharmaceutical compounds or compositions of the invention locally to the area in need of treatment; this may be achieved by, for example, and not by way of limitation, local infusion during surgery, topical application, e.g., in conjunction with a wound dressing after surgery, by injection, by means of a catheter, by means of a suppository, or by means of an implant, said implant being of a porous, non-porous, or gelatinous material, including membranes, such as sialastic membranes, or fibers. Preferably, when administering a protein, including an antibody or a peptide of the invention,

care must be taken to use materials to which the protein does not absorb. In another embodiment, the compound or composition can be delivered in a vesicle, in particular a liposome. In yet another embodiment, the compound or composition can be delivered in a controlled release system. In one embodiment, a pump may be used. In another embodiment, polymeric materials can be used. In yet another embodiment, a controlled release system can be placed in proximity of the therapeutic target, thus requiring only a fraction of the systemic dose.

[00141] A composition is said to be "pharmacologically or physiologically acceptable" if its administration can be tolerated by a recipient animal and is otherwise suitable for administration to that animal. Such an agent is said to be administered in a "therapeutically effective amount" if the amount administered is physiologically significant. An agent is physiologically significant if its presence results in a detectable change in the physiology of a recipient patient.

[00142] The present invention is not to be limited in scope by the specific embodiments described herein. Indeed, various modifications of the invention in addition to those described herein will become apparent to those skilled in the art from the foregoing description and accompanying figures. Such modifications are intended to fall within the scope of the appended claims. The following examples are offered by way of illustration of the present invention, and not by way of limitation.

EXAMPLES

[00143] EXAMPLE I - MATERIALS AND METHODS

[00144] Plasmid Construction

[00145] To generate the metallothionein expression construct (pM), the metallothionein I promoter (-660/+63) was generated by polymerase chain amplification using genomic DNA using Xba I and Bam HI restriction sites built into the oligonucleotides used for amplification. The amplified fragment was subcloned into Xba I-Bam HI sites of pBluescript (Stratagene, La Jolla, CA). The plasmid pmT β 1 was generated by subcloning a 1.2-kb Bgl II fragment containing the TGF- β 1 coding sequence and a growth hormone poly A site at the 3' end into the Bam HI-Sal I sites of pM.

[00146] *Cell Culture and Transfections* - The TGF- β cDNA was transfected into fibroblasts (NIH 3T3-TGF- β 1) or human foreskin fibroblast/TGF- β 1. They were cultured in Dulbecco's

Modified Eagle's Medium (GIBCO-BRL, Rockville, MD) with 10% concentration of fetal bovine serum. The TGF- β 1 cDNA sequence was added into the pmT β 1 vector with a metallothionein gene promoter. A neomycin resistance gene sequence was also inserted into the vector.

[00147] The calcium phosphate method to insert this vector into the cells was used. To select the cells with the transfected gene sequence, neomycin (300 μ g/ml) was added into the medium. Then, the surviving colonies were selected and the expression of TGF- β 1 mRNA was confirmed by Northern analysis and TGF- β 1 ELISA assay (R & D Systems). The cells with TGF- β 1 expression were stored in liquid nitrogen and cultured just before the injection.

[00148] *Northern Blot analysis* - Total RNA was isolated from cells with guanidium isothiocyanate/phenol/chloroform. 10 μ g of RNA was electrophoresed on a 1.0 % agarose gel containing 0.66M formaldehyde, transferred to a DURALON-UV membrane, and cross linked with a UV STRATALINKER (STRATAGENE). Blots were prehybridized and hybridized in a solution of 1% bovine serum albumin, 7% (w/v) SDS, 0.5 M sodium phosphate, and 1 mM EDTA at 65°C. Hybridized blots were washed in 0.1 % SDS, 1 X SSC for 20 minute periods at 50°C before film exposure. RNA blots were hybridized with ^{32} P-labelled cDNA probes for human TGF- β 1. A probe for β -actin was used to control for sample loading.

[00149] *Injection of cells into rabbit* - New Zealand white rabbits weighing 2.0 - 2.5 kg were selected as the animal model. After anesthetization with ketamine and xylazine, each rabbit was draped in a sterile manner. The achilles tendon was exposed, and 0.2 - 0.3 ml of cells with 10^4 , 10^5 and 10^6 cells/ml concentrations were injected into the mid-portion of the tendon. Zinc sulfate was added to the drinking water of the rabbits for the expression of transfected DNA. After determining the optimal concentration with achilles tendon experiments, the intraarticular injection was performed. The knee joint was exposed, and partial and complete cartilage defects were made with a knife. The partial defects were made on the hyaline cartilage layer with caution not to expose the subchondral bone. The complete defects were made to expose the subchondral bone after removing all of the hyaline cartilage. After closing the surgical wound, the cells with 10^6 cells/ml concentration were injected intraarticularly, and zinc sulfate was added to the drinking water.

[00150] *Histological examination* - After harvesting the tendons and knee joints, the specimens were fixed in formalin and decalcified with nitric acid. They were embedded in a paraffin block and cut into 0.8 μm thickness slices. Hematoxylin-eosine, and Safranin-O staining were utilized to observe the regenerated tissue microscopically.

[00151] EXAMPLE II – RESULTS

[00152] *Stable cell line* - Transfection was carried out by using the calcium phosphate coprecipitation method (Fig. 1). About 80% of the surviving colonies expressed the transgene mRNA. These selected TGF- β 1-producing cells were incubated in a zinc sulfate solution. When the cells were cultured in 100 μM zinc sulfate solution, they produced mRNA. The TGF- β secretion rate was about 32 ng/ 10^6 cells/24 hr.

[00153] *Regeneration of Rabbit Articular Cartilage Defect* - The rabbit achilles tendons were observed to check the viability of NIH 3T3-TGF- β 1 cells. At 10^6 cells/ml concentration, the tendon was grossly thicker than at the other two concentrations of 10^4 and 10^5 . After making partial and complete cartilage defects, 0.3 ml of 10^6 cells/ml of the NIH 3T3-TGF- β 1 cells were injected into knee joints. The joint was examined 2 to 6 weeks after injection. In partially damaged cartilage, we found newly formed hyaline cartilage; two weeks after injection, hyaline cartilage appeared and six weeks after injection, the cartilage defects were covered by hyaline cartilage (Fig. 2). The thickness of the regenerated cartilage became thicker as time passed (Fig. 3). The injected cells secreted TGF- β 1, that could be observed by immunohistochemical staining with TGF- β 1 antibody (Fig. 3). The contralateral side injected with normal fibroblasts without TGF- β 1 transfection was not covered by hyaline cartilage. In the partially damaged area, the regenerated hyaline cartilage was colored red in Safranin-O staining (Fig. 4). (The depth of newly formed cartilage was almost the same as that of the defect.) This finding suggests that the injected cells activate the surrounding normal cartilage cells through a paracrine mode of action.

[00154] The regenerated tissues in completely damaged cartilage were not hyaline cartilage but fibrous collagen. Their color in Safranin-O staining was white instead of the red color obtained with hyaline cartilage (Fig. 5). The cartilage was covered by fibrous tissue, which means that these cells were activated only by the autocrine mode. The surrounding osteocytes, which can be stimulated by TGF- β , appeared to have been blocked from being stimulated by

TGF- β by the presence of a thick calcified bone matrix. The injected cells may have been unable to stimulate the osteocytes because of this barrier.

[00155] TGF- β 1 transfected cells were injected into rabbit achilles tendon. The tendon so manipulated exhibited a grossly thicker morphology (Fig. 7) than the control tendon. H&E staining of a section of the tendon showed, under microscopic examination, the injected NIH 3T3-TGF- β 1 cells survived and produced fibrous collagen in rabbit achilles tendon (Fig. 8). Microscopic examination of the regenerated tendon tissue stained immunohistochemically with TGF- β 1 antibody showed the expression of TGF- β 1 in the tendon (Fig. 9).

[00156] EXAMPLE III

[00157] Either control NIH3T3 or NIH3T3-TGF- β 1 cells ($5-7 \times 10^5$) were irradiated with 6000 rad. and injected into rabbit knee joints. These irradiated cells died completely in 3 weeks in a tissue culture dish. The injection procedure was the same as in the previous protocol with untreated cells. The knee joints were harvested at 3 or 6 weeks post injection. The specimens were fixed in formalin and decalcified with nitric acid. Sections of the specimens were made and embedded with paraffin and then cut into 0.5 μ m thickness slices. In Fig. 10, Safranin-O staining (A-D & A'-D') and Hematoxylin-Eosine staining (E-F & E'-F') were done in the sections to observe the regenerated cartilage tissue microscopically. (Original magnification: (A, B, A' & B') $\times 12.5$; (C-F & C'-F') $\times 400$).

[00158] EXAMPLE IV

[00159] Either control human foreskin fibroblast (hFSF) or hFSF-TGF- β 1 cells were injected into the rabbit knee joint containing a partial cartilage defect (3mm x 5mm, 1.5mm deep) on the femoral condyle. These cells (0.5ml of 2×10^6 cells/ml) were injected as in the previous protocol, or 20-25 μ l cells of the same concentration were loaded to the top of the defect. In the latter case, the cells were left in the defect for 15-20 min to let them settle down at the bottom of the defect before suturing. In both cases, a similar level of cartilage regeneration was obtained. The specimens were harvested at 6 weeks after injection and observed microscopically. Fig. 11A & B show pictures of the femoral condyles 6 weeks post injection with either hFSF (A) or hFSF-TGF- β 1 cells (B). C, E, & G show Safranin-O staining (C & E) and H&E staining (G) of sections from the femoral condyle injected with control hFSF cells. D, F, & H show Safranin-O

staining (D & F) and H&E staining (H) of sections from the femoral condyle injected with hFSF-TGF- β 1 cells. (Original magnification: (C & D) x12.5; (E-H) x400).

[00160] EXAMPLE V

[00161] Either control NIH3T3 or NIH3T3-TGF- β 1 cells was injected into the dog knee joint containing a partial cartilage defect (6mm x 6mm, 2mm deep) on the femoral condyle. These cells (4ml of 2×10^6 cells/ml) were injected as in the previous protocol, or 30-35 μ l cells of the same concentration were loaded to the top of the defect. In the latter case, the cells were left in the defect for 15-20 min to let them settle down at the bottom of the defect before suturing. In both cases, a similar level of cartilage regeneration was obtained. The specimens were harvested at 6 weeks post injection and observed microscopically. Fig. 12, A & B show pictures of the femoral condyles 6 weeks post injection with either NIH3T3 cells (A) or NIH3T3-TGF- β 1 cells (B). C, E, & G show Safranin-O staining (C & E) and H&E staining (G) of sections from the femoral condyle injected with control NIH3T3 cells. D, F, & H show Safranin-O staining (D & F) and H&E staining (H) of sections from the femoral condyle injected with NIH3T3-TGF- β 1 cells. (Original magnification: (C & D) x12.5; (E-H) x400.)

[00162] EXAMPLE VI

[00163] To investigate the expression of TGF- β 1 protein in the regenerated cartilage tissue, immunohistochemical staining of repair tissue after 3 weeks post injection was performed with TGF- β 1 antibody. The result showed a high level of TGF- β 1 protein expression only in the cells of the regenerated cartilage, many of which appear to be newly made chondrocytes (Fig. 13, A & B). No staining was seen in the section from the same tissue probed with the secondary antibody alone (Fig. 13, C). (Original magnification: A x12.5; (B-C) x40)

[00164] After harvesting the rabbit knee joint, the specimen was fixed in formalin and decalcified with nitric acid. Sections of the specimen were made and embedded with paraffin and then cut into 0.8 μ m thickness slices. The sections were deparaffinized and hydrated by sequential incubations in xylene and ethanol. After washing in 1x PBS for 2 min, the sections were blocked with 3% H₂O₂ for 10 min. The primary antibody against TGF- β 1 protein was applied to the sections and incubated for 1 hr. The control sections were incubated in 1x PBS without the primary antibody at this step. The sections were washed and blocked with 5% milk in 1x PBS for 20 min before incubating with the HRP-conjugated secondary antibody.

Chromogen reaction was done with 0.05% diaminobenzidine (DAB) in 1x PBS for 5 min. The sections were then stained with hematoxylin and mounted.

[00165] The immunohistochemical staining data in this study and the data in dog model study suggest a possibility for the molecular mechanism of regeneration of hyaline cartilage with the current cell-therapy method. The fibroblast cells injected into the knee joint may have somehow differentiated to chondrocytes through an unknown pathway, like a “reverse differentiation” type of process. This pathway was probably initiated by TGF- β 1 secreted from the injected fibroblasts *in vivo*, which caused the remaining chondrocytes and the fibroblasts to release various factors to proceed in this pathway as by the paracrine or autocrine mode of TGF- β 1 action.

[00166] EXAMPLE VII

[00167] The possibility that normal chondrocytes stimulated by co-injected recombinant TGF- β 1 protein *in vivo* can induce regeneration of cartilage tissue was explored. Human chondrocytes were mixed with various amounts of recombinant TGF- β 1 protein. This mixture was injected into a knee joint containing a partial-thickness cartilage defect on the femoral condyle in rabbits or dogs.

[00168] Figures 14A-14D show regeneration of cartilage with a mixture of normal human chondrocytes (hChon) and recombinant TGF- β 1 protein in rabbits. Either a mixture of hChon and recombinant TGF- β 1 protein or hChon control was injected into a rabbit knee joint containing a partial-thickness cartilage defect (3mm x 5mm, 1-2mm deep) on the femoral condyle. The mixture (15-20 μ l of 2×10^6 NIH3T3 cells/ml and 1, 20, 50, or 90ng of recombinant TGF- β 1 protein) was loaded to the top of the defect and then left in the defect for 15-20 minutes to allow the mixture to permeate the wound before suturing. The specimens were harvested at 6 weeks after the injection and observed microscopically. Figures 1A and 1C show pictures of the femoral condyles 6 weeks post injection with either a mixture of hChon and recombinant TGF- β 1 protein or hChon alone (C). Figures 1B and 1D show Mason's trichrome staining of sections from the femoral condyle injected with either a mixture of hChon and recombinant TGF- β 1 protein or hChon alone (D).

[00169] The results show that cartilage regeneration did not occur with the mixture of hChon and 1ng of recombinant TGF- β 1 protein (data not shown), whereas hyaline-like cartilage was

induced with 10, 50, or 90ng of recombinant TGF- β 1 protein in the mixture. These results also indicated that the regeneration of hyaline-like cartilage was induced more as the amount of recombinant TGF- β 1 protein was increased in the mixture, indicating that cartilage regeneration is dependent on the amount of TGF- β 1 protein administered.

[00170] EXAMPLE VIII

[00171] Figures 15A-15F show regeneration of cartilage with a mixture of normal chondrocytes (hChon) and recombinant TGF- β 1 protein in dogs. Either a mixture of hChon and recombinant TGF- β 1 protein or hChon control was injected into a dog knee joint containing a partial-thickness cartilage defect (3mm x 10mm, 1-2mm deep) on the femoral condyle. The mixture (20-25 μ l of 2×10^6 hChon cells/ml and 100, 200 or 400ng of recombinant TGF- β 1 protein) was loaded to the top of the defect and then left in the defect for 15-20 min to allow the mixture to permeate the wound before suturing. The specimens were harvested at 8 weeks after the injection and observed microscopically. Figures 2A, 2C and 2E show pictures of the femoral condyles 8 weeks post injection with either a mixture of hChon and 200ng (A) or 400ng (B) of recombinant TGF- β 1 protein or hChon alone (E). Figures 2B, 2D and 4F show Mason's trichrome staining of sections from the femoral condyle injected with either a mixture of hChon and 200ng (B) or 400ng (D) of recombinant TGF- β 1 protein or hChon alone (F).

[00172] The results showed that cartilage regeneration did not occur with the mixture of hChon and 100ng of recombinant TGF- β 1 protein (data not shown), whereas hyaline-like cartilage was induced with 200 or 400ng of recombinant TGF- β 1 protein in the mixture. These results in dogs also indicate that the regeneration of hyaline-like cartilage was dependent on the amount of recombinant TGF- β 1 protein in the mixture.

[00173] Whereas particular embodiments of this invention have been described above for purposes of illustration, it will be evident to those persons skilled in the art that numerous variations of the details of the present invention may be made without departing from the invention as defined in the appended claims.

[00174] All of the references cited herein are incorporated by reference in their entirety.

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We claim:

1. A method of treating osteoarthritis comprising:
 - a) generating or obtaining a member of a transforming growth factor superfamily of proteins;
 - b) generating or obtaining a population of cultured mammalian cells that contain vector encoding a gene, or a population of cultured connective tissue cells that do not contain any vector encoding a gene; and
 - c) transferring the protein of step a) and the connective tissue cells of step b) by intraarticular injection to an arthritic joint space of a mammalian host with a pharmaceutically acceptable carrier, such that the activity of the combination within the joint space results in regenerating connective tissue.
2. The method according to claim 1, wherein the mammalian cell contains a viral vector.
3. The method according to claim 2, wherein the viral vector is a retroviral vector.
4. The method according to claim 1, wherein the vector is a plasmid vector.
5. The method according to claim 1, wherein the mammalian cells are human embryonic kidney cells or epithelial cells.
6. The method according to claim 5, wherein the mammalian cells are allogeneic or autologous cells.
7. The method of claim 1, wherein the connective tissue cells are chondrocytes.

8. The method according to claim 1, wherein the member of the transformation growth factor (TGF) superfamily is TGF- β 1, TGF- β 2, TGF- β 3, BMP-2, BMP-3, BMP-4, BMP-6, BMP-7, or BMP-9.
9. A method of regenerating hyaline cartilage, comprising:
 - a) generating or obtaining a member of a transforming growth factor superfamily of proteins;
 - b) generating or obtaining a population of cultured mammalian cells that contain vector encoding a gene, or a population of cultured connective tissue cells that do not contain any vector encoding a gene; and
 - c) transferring the protein of step a) and the connective tissue cells of step b) by intraarticular injection to an arthritic joint space of a mammalian host with a pharmaceutically acceptable carrier, such that the activity of the combination within the joint space results in regenerating connective tissue.
10. The method according to claim 9, wherein the mammalian cell contains a viral vector.
11. The method according to claim 10, wherein the viral vector is a retroviral vector.
12. The method according to claim 9, wherein the vector is a plasmid vector.
13. The method according to claim 9, wherein the mammalian cells are human embryonic kidney cells or epithelial cells.
14. The method according to claim 9, wherein the connective tissue cells are chondrocytes.
15. The method according to claim 9, wherein the mammalian cells are allogeneic or autologous cells.

16. The method according to claim 9, wherein the member of the transformation growth factor (TGF) superfamily is TGF- β 1, TGF- β 2, TGF- β 3, BMP-2, BMP-3, BMP-4, BMP-6, BMP-7, or BMP-9.

17. A method of regenerating hyaline cartilage, comprising:

a) generating a recombinant viral or plasmid vector comprising a DNA sequence encoding a member of a transforming growth factor superfamily of proteins operatively linked to a promoter;

b) transfecting *in vitro* a population of cultured allogeneic mammalian cells with said recombinant vector, resulting in a population of transfected allogeneic mammalian cells; and

c) transplanting said transfected allogeneic mammalian cells by intraarticular injection to an arthritic joint space of a mammalian host with a pharmaceutically acceptable carrier, such that expression of said DNA sequence within said joint space results in regenerating hyaline cartilage.

18. The method according to claim 17, wherein the member of the transforming growth factor (TGF) superfamily of proteins is TGF- β 1, TGF- β 2, TGF- β 3, BMP-2, BMP-3, BMP-4, BMP-6, BMP-7, or BMP-9.

19. The method according to claim 17, wherein the mammalian cells are human embryonic kidney cells or epithelial cells.

20. A method of treating osteoarthritis, comprising:

a) generating a recombinant viral or plasmid vector comprising a DNA sequence encoding a member of a transforming growth factor superfamily of proteins operatively linked to a promoter;

b) transfecting *in vitro* a population of cultured allogeneic mammalian cells with said recombinant vector, resulting in a population of transfected allogeneic mammalian cells; and

c) transplanting said transfected allogeneic mammalian cells by intraarticular injection to an arthritic joint space of a mammalian host with a pharmaceutically acceptable carrier, such that expression of said DNA sequence within said joint space results in regenerating hyaline cartilage.

21. The method according to claim 20, wherein the member of the transforming growth factor (TGF) superfamily of proteins is TGF- β 1, TGF- β 2, TGF- β 3, BMP-2, BMP-3, BMP-4, BMP-6, BMP-7, or BMP-9.

22. The method according to claim 20, wherein the mammalian cells are human embryonic kidney cells or epithelial cells.

23. A method of treating an injury to connective tissue in a joint, comprising:

a) generating or obtaining a member of a transforming growth factor superfamily of proteins;

b) generating or obtaining a population of cultured mammalian cells that contain vector encoding a gene, or a population of cultured connective tissue cells that do not contain any vector encoding a gene; and

c) transferring the protein of step a) and the connective tissue cells of step b) by intraarticular injection to an arthritic joint space of a mammalian host with a pharmaceutically acceptable carrier, such that the activity of the combination within the joint space results in regenerating connective tissue.

24. The method according to claim 23, wherein the mammalian cells are human embryonic kidney cells or epithelial cells.

25. A method of treating an injury to connective tissue in a joint comprising:

a) generating a recombinant viral or plasmid vector comprising a DNA sequence encoding a member of a transforming growth factor superfamily of proteins operatively linked to a promoter;

- b) transfecting *in vitro* a population of cultured allogeneic mammalian cells with said recombinant vector, resulting in a population of transfected allogeneic mammalian cells; and
- c) transplanting said transfected allogeneic mammalian cells by intraarticular injection to an arthritic joint space of a mammalian host with a pharmaceutically acceptable carrier, such that expression of said DNA sequence within said joint space results in regenerating hyaline cartilage.

26. The method according to claim 25, wherein the mammalian cells are human embryonic kidney cells or epithelial cells.