

(12) INTERNATIONAL APPLICATION PUBLISHED UNDER THE PATENT COOPERATION TREATY (PCT)

(19) World Intellectual Property
Organization
International Bureau

(43) International Publication Date
24 July 2025 (24.07.2025)



(10) International Publication Number
WO 2025/155606 A1

(51) International Patent Classification:
A61F 5/01 (2006.01) *A61F 5/02* (2006.01)

(21) International Application Number:
PCT/US2025/011686

(22) International Filing Date:
15 January 2025 (15.01.2025)

(25) Filing Language: English

(26) Publication Language: English

(30) Priority Data:
63/620,930 15 January 2024 (15.01.2024) US

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CA, CH, CL, CN, CO, CR, CU, CV, CZ, DE, DJ, DK, DM, DO, DZ, EC, EE, EG, ES, FI, GB, GD, GE, GH, GM, GT, HN, HR, HU, ID, IL, IN, IQ, IR, IS, IT, JM, JO, JP, KE, KG, KH, KN, KP, KR, KW, KZ, LA, LC, LK, LR, LS, LU, LY, MA, MD, MG, MK, MN, MU, MW, MX, MY, MZ, NA, NG, NI, NO, NZ, OM, PA, PE, PG, PH, PL, PT, QA, RO, RS, RU, RW, SA, SC, SD, SE, SG, SK, SL, ST, SV, SY, TH, TJ, TM, TN, TR, TT, TZ, UA, UG, US, UY, UZ, VC, VN, WS, ZA, ZM, ZW.

(84) Designated States (unless otherwise indicated, for every kind of regional protection available): ARIPO (BW, CV, GH, GM, KE, LR, LS, MW, MZ, NA, RW, SC, SD, SL, ST, SZ, TZ, UG, ZM, ZW), Eurasian (AM, AZ, BY, KG, KZ, RU, TJ, TM), European (AL, AT, BE, BG, CH, CY, CZ, DE, DK, EE, ES, FI, FR, GB, GR, HR, HU, IE, IS, IT, LT, LU, LV, MC, ME, MK, MT, NL, NO, PL, PT, RO, RS, SE, SI, SK, SM, TR), OAPI (BF, BJ, CF, CG, CI, CM, GA, GN, GQ, GW, KM, ML, MR, NE, SN, TD, TG).

Published:
— with international search report (Art. 21(3))

(81) Designated States (unless otherwise indicated, for every kind of national protection available): AE, AG, AL, AM, AO, AT, AU, AZ, BA, BB, BG, BH, BN, BR, BW, BY, BZ,

(54) Title: COMPRESSION ASSEMBLY TO ALLEVIATE PHYSICAL DISCOMFORT

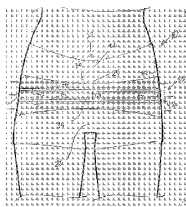


FIG. 1A



FIG. 1B

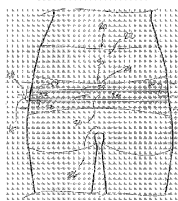


FIG. 1C

(57) Abstract: A compression assembly to alleviate physical discomfort includes a fabric material having a waist opening on a first end and two leg openings on an opposing second end. The also assembly includes a tensioning device secured to a portion of the fabric material, and a plurality of guides integrated with the fabric material. The plurality of guides run in a latitudinal direction along the fabric material between the waist opening and the two leg openings. In addition, the compression assembly includes a plurality of tensioning elements positioned within the plurality of guides, with each tensioning element having a distal end anchored to the fabric material and a proximal end secured to the tensioning device. The tensioning device is configured to selectively shorten a length of the plurality of tensioning elements and result in applying compression to hip and back areas of a user wearing the compression assembly.

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