CLAIMS

Claim 1. Use of dihomo-γ-linolenic acid in the preparation of a medicament for treating or preventing constipation or diarrhea through regulation of aquaporin 3 expression.

Claim 2. The use according to claim 1,
wherein the regulation of aquaporin 3 expression is inhibition of decrease in aquaporin 3 expression.

Claim 3. The use according to claim 2,
wherein the inhibition of decrease in aquaporin 3 expression is inhibition of aging-induced decrease in aquaporin 3 expression.

Claim 4. The use according to any one of claims 1 to 3,
wherein the medicament is a food or beverage, a pharmaceutical product, or a quasi-pharmaceutical product.

Claim 5. The use according to any one of claims 1 to 4,
wherein the medicament is used for one or two or more purposes selected from the group consisting of clearing the intestine, improving fecal conditions, improving bowel movement, and improving bowel movement habit.

Claim 6. The use according to any one of claims 1 to 5,
wherein the medicament is labeled as having an intestinal discomfort alleviating action.

Claim 7. Non-therapeutic use of dihomo-γ-linolenic acid for alleviating intestinal discomfort through regulation of aquaporin 3 expression.