

ABSTRACT

There is provided a food item capable of maintaining the good crispy texture of the caramelized portion for a long period of time.

A surface-baked food item is characterized by including a first
5 food item, and a second food item containing fat and oil, wherein
part or all of the surface of the second food item is coated with
a heated product of sugar. Furthermore, the second food item is
preferably at least one type or two types or more food items selected
from the food item group consisting of chocolates and fats and oils.