

NUTRITIONAL COMPOSITION FOR IMPROVING INTESTINAL FLORA

ABSTRACT

5 Effects of improving intestinal flora was found for nutritional compositions containing
milk protein hydrolysates, fermented milk proteins, phospholipids, oleic acid-containing oils and
fats, and isomaltulose. Specifically, it was found in an *in vivo* experiment using rats that a
nutritional composition of the present invention increased the bacterial count and percentage of
Bifidobacterium and *Lactobacillus* in the intestine. These results revealed that nutritional
10 compositions of the present invention promote proliferation of bacteria of the genera
Bifidobacterium and/or *Lactobacillus*.

(No Suitable Figures)