

ABSTRACT

The present invention provides a beverage containing a powdery edible processed plant product, wherein the dispersion stability of an insoluble solid substance is improved so that the sedimentation is suppressed, and the redispersibility is improved
5 so that the initial dispersion state is easily recovered by light shaking, when sedimentation has occurred. The present invention also provides a method for producing the beverage. The production method comprises the steps of (a) mixing a powdery edible
10 processed plant product with fat and oil to thereby form a dispersion; and (b) mixing the dispersion of the powdery edible processed plant product in the fat and oil with water, and homogenizing the mixture.