[CLAIMS]

1. A shea olein which satisfies all of the following (A) to (C):

(A) an iodine value is 73 or more,

(B) StOSt is 2.0% by weight or less, and

(C) a content of diacylglycerol is 10% by weight or less,

where St represents stearic acid and O represents oleic acid.

2. The shea olein according to claim 1, wherein the content of diacylglycerol is 6.5% by weight or less.

3. The shea olein according to claim 2, which satisfies all of the following (A) to (D):

(A) an iodine value is 80 or more,

(B) StOSt is 1.0% by weight or less,

(C) StOO is 20.0% by weight or less, and

(D) a content of diacylglycerol is 3.0% by weight or less.

4. The shea olein according to claim 1, which is in a clear state after being stored at 15°C for 7 days in the following oil and fat storage test,

wherein in a method of oil and fat storage test,

approximately 5 g of oils and fats completely melted at 80°C is weighed into a test tube, and

the weighed test tube is stored at 60°C for 1 hour, and then is stored at 15°C.

5. The shea olein according to claim 2, which is in a clear state after being stored at 5°C for 6 hours in the following oil and fat storage test,

wherein in a method of oil and fat storage test,

approximately 5 g of oils and fats completely melted at 80°C is weighed into a test tube, and

the weighed test tube is stored at 60°C for 1 hour, and then is stored at 5°C.

6. The shea olein according to claim 3, which is in a clear state after being stored at 5°C for 4 days in the following oil and fat storage test,

wherein in a method of oil and fat storage test,

approximately 5 g of oils and fats completely melted at 80°C is weighed into a test tube, and

the weighed test tube is stored at 60°C for 1 hour, and then is stored at 5°C.

7. A chemical product which is formed of the shea olein according to any one of claims 1 to 6.

8. The chemical product according to claim 7, which is a cleansing oil or a massage oil.

9. A food product which is formed of the shea olein according to any one of claims 1 to 6.

10. The food product according to claim 9, which is a salad oil or a coffee creamer.

11. A method for preparing shea olein, comprising:

using shea olein having an iodine value of 60 to 72 as a raw material; and

using hexane as a fractionating solvent to fractionate the raw material to obtain a shea olein having an iodine value of 73 or more.

12. A method for preparing shea olein, comprising:

using shea olein having an iodine value of 60 to 72 as a raw material; and

using acetone as a fractionating solvent to fractionate the raw material to obtain a shea olein having an iodine value of 73 or more.

13. A method for preparing shea olein, comprising:

reducing an amount of diacylglycerol by chemical treatment or enzymatic treatment using shea olein obtained in claim 12 as a raw material.