



Cream-based food composition and process for the manufacture thereof

5 The subject of the present invention is a process for the preparation of a cream and the use of this cream in the manufacture of a food composition.

The preparation of cream-based food compositions is known.

10 EP 0714608 describes in particular a process for the manufacture of appetizers from a mixture containing in particular soft white cheese which is pasteurized and cooled to 10°C before being extruded and then frozen, so as to be able to be cut into portions which are then coated with a fat-based topping.

15 Furthermore, EP 0687420 describes a process for the manufacture of a biscuit coated and filled with a cream containing living lactic acid bacteria, exhibiting a water activity (Aw) of 0.75-0.86 and comprising a sufficient amount of fatty substance so that it is in the form of a water-in-oil emulsion.

20 The aim of the present invention is to provide a simple and rapid process which makes it possible to produce a cream with a creamy texture and with a fresh taste.

25 To this end, in the process according to the present invention, a mixture containing 10-20% of milk derivatives, 8-30% of sugars, 10-60% of fermented dairy product, 0-25% of sour cream or of dairy cream containing 25-45% of fatty substance, 0-35% of texturizing agent, 0-20% of aromatic product and 0-0.5% of salt is prepared with stirring, this mixture is heat treated at 60-115°C for 7 s to 5 min, the temperature of the mixture is adjusted to 15-40°C, and 10-45% of molten fatty substance, with respect to the total weight of the mixture, is added to the mixture with stirring, so as to obtain a homogeneous cream which exhibits an Aw around
30 about 0.80-0.91.

35 It was surprisingly found that the process according to the present invention makes it possible to produce a cream which retains a creamy texture and a fresh taste after 45 days at refrigerator temperature. The cream according to the present invention has the advantage of being able to be consumed directly after storage at refrigerator temperature or a few hours after having been exposed to room

temperature.

In the continuation of the description, the expression "milk derivative" will be employed to denote powdered skimmed milk, powdered unskimmed milk or sweetened evaporated milk, for example.

In the continuation of the description, the term "biscuit" will be employed to denote any dough-based preparation, such as sponge cake, pound cake, gingerbread, brioche rolls or Viennese bread and buns, for example.

In order to make use of the present process, a mixture containing 10-20% of milk derivative, 8-30% of sugars, 10-60% of fermented dairy product, 0-25% of sour cream or of dairy cream containing 25-45% of fatty substance, 0-35% of texturizing agent, 0-20% of aromatic product and 0-0.5% of salt is thus prepared with stirring in a turbomixer. The mixture according to the present invention can also contain a supplement of inorganic salts, functional nutritional compounds and/or a supplement of vitamins, for example.

It is possible to use a milk derivative, such as powdered unskimmed milk and/or powdered skimmed milk and/or sweetened evaporated milk, for example.

It is possible to use, as sugars, sucrose, invert sugar syrup, glucose syrup and/or honey, for example.

It is possible to use, as fermented dairy product, fermented milk and/or yogurt and/or cream cheese and/or powdered fermented milk diluted in milk or in water and/or powdered yogurt diluted in water or in milk and/or concentrated yogurt and/or concentrated cream cheese and/or powdered cream cheese or quark diluted in water or in milk, for example.

It is possible to use sour cream or dairy cream containing 25-45% of fatty substance, so as to increase the organoleptic qualities of the mixture, in particular its smoothness, for example.

Maltodextrin and/or fermented cereal product can be used as texturizing agent, so as to give body to the mixture while limiting its sweet flavour, for example.

It is possible to use, as aromatic product, honey, cocoa, coffee, caramel, hazelnuts, almonds, vanilla or whole fruits and/or fruit chunks and/or fruit syrup and/or concentrated fruit juices, for example.

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It is possible to use cocoa, coffee, hazelnuts, vanilla or fruit flavors in the solid form, in particular in powdered form, or in liquid form, for example.

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It is possible in particular to use lemon, cherries, strawberries, raspberries, blackberries, apricots or peaches as whole fruits and/or as fruit chunks and/or as fruit syrup. The whole fruits and/or fruit chunks can be candied or uncandied fruits, semi-candied fruits and/or freeze-dried fruits, for example.

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Before the heat treatment, the value of the pH of the mixture can be adjusted to 4-6, depending on the acidity of the aromatic product contained in the mixture, for example. In the case where the aromatic product is acidic, the pH of the mixture is very precisely adjusted, so as not to destroy the smooth structure of the mixture. It can in particular be adjusted by adding 0.1-2% of lactic acid or 0.1-2% of citric acid to the mixture, for example.

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The mixture is then thus heat treated at 60-115°C for 7 sec to 5 min, so as to pasteurize it.

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If it is desired to set the mixture aside, before adding the fatty substance thereto, it is possible, if appropriate, to cool it, so as to store it at 8-20°C and to maintain it thus under good hygienic conditions, for example.

The temperature of the mixture is thus subsequently adjusted to 15-40°C.

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It is possible to incorporate, in the mixture, 0.02-0.5% of crystalline lactose per 100 g of mixture, after having adjusted the temperature of the mixture to 15-40°C.

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Living lactic acid bacteria can then be added to the mixture at a concentration of 10^8 - 10^{11} per gram of mixture, after having adjusted the temperature of the mixture to 15-40°C. The living lactic acid bacteria can be added in dried form, in the form of a fresh or frozen concentrated culture or in the form of a fermented dairy

product, for example.

10-45% of molten fatty substance, with respect to the total weight of the mixture, is then added to the mixture with stirring, so as to obtain a homogeneous cream which exhibits an A_w around about 0.80-0.91. The fatty substance can be vegetable fat, the melting point of which is greater than 30°C, or a mixture of such vegetable fats and of animal fat, in particular butter, for example.

It is then possible to aerate the cream, so as to make it lighter. It is possible in particular to aerate it by incorporating therein, by continuous injection, in particular 25 to 150 ml of an inert gas, such as nitrogen or other gases, such as air or carbon dioxide, per 100 g of cream, for example.

Another subject of the present invention is a food composition comprising the cream, obtained by the implementation of the process, cooled and then deposited on at least one layer of biscuit, preferably between two layers of biscuit.

The food composition according to the present invention preferably exhibits an A_w of 0.75-0.88. Moreover, this food composition can be stored for at least 45 days at refrigerator temperature, that is to say at 4-8°C. The food composition according to the present invention can be consumed immediately after storage at refrigerator temperature or a few hours, in particular 3-12 h, after having been removed from a refrigeration area and having been left at room temperature.

The food composition can be coated entirely or partially with chocolate, a chocolate substitute or an icing of fondant type, for example.

Moreover, the food composition according to the present invention can contain, in the cream or in the biscuit, lactic acid bacteria at a concentration of 10^4 - 10^9 per gram of the food composition.

The preparation process and the food composition according to the present invention are described in more detail in the examples below where the percentages are given by weight, except when otherwise indicated.

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**Example 1**

A food composition with a strawberry aroma is prepared.

To do this, a mixture containing 17% of powdered skimmed milk, 14% of sucrose, 2.3% of glucose syrup, 20% of cream cheese, 11% of yogurt, 5% of dairy cream containing 35% of fatty substance, 20% of maltodextrin, 10% of strawberry pulp and 0.7% of powdered strawberry essence is prepared with stirring in a turbomixer.

The pH of the mixture is adjusted to 4.4 by adding 1.5% of lactic acid thereto.

The viscosity of the mixture is measured using a Brookfield viscometer sold by the Company Brookfield Engineering Laboratories Inc., Stoughton, USA. The mixture exhibits a viscosity of 7600 cps at 29°C.

The mixture is then heat treated at 80°C for 3 min.

Its temperature is then adjusted to 32°C before incorporating, in the mixture, 0.04% of crystalline lactose per 100 g of mixture.

20% of molten fatty substance, with respect to the total, weight of the mixture, is then added with stirring, so as to obtain a homogeneous cream.

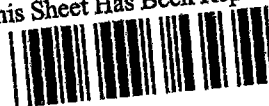
A homogeneous cream is thus obtained which exhibits an Aw of 0.91 and a pH value of 4.3.

Before depositing this homogeneous cream between the two layers of biscuit, it is cooled and then aerated by incorporating therein 70 ml of nitrogen per 100 g of cream.

20 g of this cream are then deposited, using a depositing nozzle, between two layers of biscuit, each of 6 g.

A food composition is thus obtained with a strawberry aroma which has a creamy texture and which exhibits a fresh taste.

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This composition is wrapped in a hermetically closed plastic sachet and is then stored at refrigerator temperature. It can be stored at refrigerator temperature for 8 weeks.

5 **Example 2**

A food composition with a cocoa aroma is prepared.

10 To do this, a mixture containing 15% of powdered skimmed milk, 18% of sucrose, 4% of invert sugar syrup, 19% of cream cheese, 14% of yogurt, 6% of dairy cream containing 35% of fatty substance, 19% of maltodextrin and 5% of powdered cocoa is prepared with stirring in a turbomixer.

15 The viscosity of the mixture is measured using a Brookfield viscometer sold by the Company Brookfield Engineering Laboratories Inc., Stoughton, USA. The mixture exhibits a viscosity of 12,000 cps at 33°C with an RV5 unit at a rotational speed of 10 rpm.

20 The mixture is then heat treated at 80°C for 3 min.

Its temperature is then adjusted to 32°C before incorporating, in the mixture, 0.04% of crystalline lactose per 100 g of mixture.

25 25% of molten fatty substance, with respect to the total weight of the mixture, is then added with stirring, so as to obtain a homogeneous cream..

A homogeneous cream is thus obtained which exhibits an A_w of 0.89 and a pH value of 5.8.

30 Before depositing this homogeneous cream between two layers of biscuit, it is cooled and then aerated by incorporating therein 60 ml of nitrogen per 100 g of cream.

35 14 g of this cream are then deposited, using a depositing nozzle, between two layers of biscuit, each of 7 g.

A food composition is thus obtained with a cocoa aroma which has a creamy texture and which exhibits a fresh taste.

5 This composition is wrapped in a hermetically closed plastic sachet and is then stored at refrigerator temperature.

Example 3

10 A food composition with a blueberry aroma is prepared.

To do this, a concentrated yoghurt with 76% milk, 24% skimmed milk powder and yoghurt ferments is prepared. In this concentrated yoghurt, living lactic acid bacteria are at a concentration of $5 \cdot 10^8$ per gram of the concentrated yoghurt.

15 A mixture containing 19% of milk, 14% of skimmed milk powder, 17.3% of sugar, 14% of inverted sugar, 20% of maltodextrine, 13% of blueberry pulp, 0.83% of powdered blueberry essence, 1.7% of lactic acid, 0.17% of salt is prepared with stirring in a turbomixer.

20 The mixture is then pasteurised before adding 0.03% of microcrystalline lactose.

Then 33% of the concentrated yoghurt, with respect to the total weight of the mixture, is added with stirring to the mixture.

25 33% of molten fatty substance, with respect to the total weight of the mixture, is then added with stirring, so as to obtain a homogeneous cream..

30 A homogeneous cream is thus obtained which exhibits an A_w of 0.91, a pH value of 4.5 and a specific gravity of about 650 g/l. This homogeneous cream contains living lactic acid bacteria at a concentration of 10^8 per gram of the cream.

Before depositing this homogeneous cream between two layers of biscuit, it is cooled and then aerated by incorporating therein 60 ml of nitrogen per 100 g of cream.

35 20 g of cream is deposited between two layers of 10 g biscuit each.

The food composition has an A_w of 0.88 and contains living lactic acid bacteria at a concentration of $5 \cdot 10^7$ per gram of the food composition. After keeping 45

days chilled the food composition still contains living lactic acid bacteria at a concentration over of 10^6 per gram of the food composition.

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**Claims**

1. Process for the preparation of a cream, in which:
 - 5 - a mixture containing 10-20% of milk derivatives, 8-30% of sugars, 10-60% of fermented dairy product, 0-25% of sour cream or of dairy cream containing 25-45% of fatty substance, 0-35% of texturizing agent, 0-20% of aromatic product and 0-0.5% of salt is prepared with stirring,
 - 10 - this mixture is heat treated at 60-115°C for 7 sec to 5 min,
 - the temperature of the mixture is adjusted to 15-40°C, and 10-45% of fatty substance, with respect to the total weight of the mixture, is added to the mixture with stirring, so as to obtain a homogeneous cream which exhibits an Aw of
15 0.80-0.91.
2. Process according to Claim 1, in which the aromatic product is honey, cocoa, coffee, caramel, hazel-nuts, almonds, vanilla or fruit chunks and/or whole fruits and/or fruit syrups and/or concentrated fruit juices.
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3. Process according to Claim 1, in which the value of the pH of the mixture is adjusted to 4-6, before the mixture is heat treated.
4. Process according to Claim 1, in which living lactic acid bacteria are added to
25 the mixture at a concentration of 10^8 - 10^{11} per gram of the mixture, after having adjusted the temperature of the mixture to 15-40°C.
5. Process according to Claim 1, in which the homogeneous cream is aerated.
6. Food composition comprising the cream obtained by the implementation of the
30 process according to one of Claims 1 to 5 deposited on at least one layer of biscuit.
7. Food composition according to Claim 6, comprising the cream deposited
35 between two layers of biscuit.

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8. Food composition according to Claim 6, which exhibits an Aw of 0.75-0.88.

9. Food composition according to Claim 6, containing living lactic acid bacteria at a concentration of 10^4 - 10^9 per gram of the food composition.

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10. Food composition according to one of Claims 6 to 9, which is entirely or partially coated with a coating material.

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