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[Name of Document] ABSTRACT

[Abstract]

[Object] To provide a polishing method that can polish evenly a surface to be polished having a plurality of curved surfaces of a large difference in curvatures by the use of resilient polishing members.

[Solving Means] A multi-stage polishing method in which, from a plurality of resilient abrasive members 10a and 10b having dome-shaped portions 11a and 11c of different curvatures, the plurality of resilient abrasive members 10a and 10b having the dome-shaped portions 11a and 11c of different curvature according to the shape of a curved surface of the concave surface L2 to be polished are selected, the selected resilient abrasive members 10a and 10b are mounted to specific abrasive member mounting jigs 20a and 20b, and a step of polishing the surface to be polished of the polishing target L2 is sequentially performed by exchanging the selected resilient abrasive members 10a and 10b.

[Selected Figure] Fig. 3