

**INFORMATION STORAGE MEDIUM AND METHOD AND APPARATUS FOR
RECORDING/REPRODUCING DATA ON/FROM THE SAME**

ABSTRACT OF DISCLOSURE

An information storage medium on which data is recorded after performing optimum power control (OPC), wherein the recordable information storage medium has a plurality of recording layers and a pickup irradiates a beam onto the information storage medium, utilize operations of: recording data on at least a portion of a recording layer through which a test beam to find an optimum recording power passes before performing optimum power control (OPC) on a desired recording layer and performing OPC on the desired recording layer.

FIG. 3