CLAIMS

1. A joint bandage ~~(100, 200)~~ for a wrist ~~(1000)~~ or an ankle ~~(2000)~~, comprising a strap element ~~(10, 210)~~ with a first end ~~(11, 211)~~ and a second end ~~(12, 212)~~, wherein the strap element ~~(10, 210)~~ has at least two elastic sections ~~(14, 16)~~ and at least one non-elastic section ~~(15)~~ between the two elastic sections ~~(14, 16)~~, wherein the second end ~~(12, 212)~~ of the strap element ~~(10, 210)~~ is fastened or reversibly fastenable to the strap element ~~(10, 210)~~ or to a tube element ~~(50, 250)~~, **characterized in that**, characterized in that, the strap element ~~(10, 210)~~ successively has a first elastic section ~~(14)~~, a first non-elastic section ~~(15)~~, a second elastic section ~~(16)~~, a second non-elastic section ~~(17)~~ and a third elastic section ~~(18)~~, wherein the first non-elastic section ~~(15)~~ has a section in the form of a parallelogram or a curvature or a kink and wherein the second non-elastic section ~~(17)~~ has a taper.

2. The joint bandage ~~(100, 200)~~ according to claim 1, wherein the strap element ~~(10, 210)~~ has a fixation section which can run around the zygopodium ~~(1001, 2001)~~, in particular the forearm ~~(1001)~~or the lower leg ~~(2001)~~, and the fixation section has two interconnectable areas, so that the fixation section is fixable to the zygopodium ~~(1001, 2001)~~, in particular the forearm ~~(1001)~~ or the lower leg ~~(2001)~~, by connecting the two areas.

3. The joint bandage ~~(100, 200)~~ according to claim 2, wherein the strap element ~~(10, 210)~~ has a first end ~~(11, 211)~~ and a second end ~~(12, 212)~~, wherein the first end ~~(11, 211)~~ of the strap element ~~(10, 210)~~ is formed by the fixation section and is fastenable to the zygopodium ~~(1001, 2001)~~, wherein the second end ~~(12, 212)~~ of the strap element ~~(10, 210)~~ is reversibly fastenable to the strap element ~~(10, 210)~~, wherein, in the applied state, the first end ~~(11, 211)~~ of the strap element ~~(10, 210)~~ is positioned on the zygopodium ~~(1001, 2001)~~ by the fixation section and the strap element ~~(10, 210)~~ runs from the first end ~~(11, 211)~~ distally over the extremity end joint ~~(1000, 2000)~~ to the basipodium ~~(1002, 2002)~~, runs around the basipodium ~~(1002, 2002)~~ or metapodium ~~(2003)~~ on the inside, runs dorsally over the wrist ~~(1000)~~ or ankle ~~(2000)~~ to the zygopodium ~~(1001, 2001)~~ and thereby crosses itself, runs around the zygopodium ~~(1001, 2001)~~ and is reversibly fastened to the strap element ~~(10, 210)~~ with the second end ~~(12, 212)~~ in the area of the zygopodium ~~(1001, 2001)~~.

4. The joint bandage according to claim 1 or 2, wherein the second end ~~(12, 212)~~ of the strap element ~~(10, 210)~~ is fastened or reversibly fastenable to the strap element ~~(10, 210)~~.

5. A joint bandage ~~(100, 200)~~ for a wrist ~~(1000)~~ or an ankle ~~(2000)~~ according to one of the preceding claims comprising an elastic tube element ~~(50, 250)~~ and a strap element ~~(10, 210)~~, wherein the tube element ~~(50, 250)~~ has a first tube half with a first end ~~(51, 251)~~ and a second tube half with a second end ~~(52, 252)~~, wherein the strap element ~~(10, 210)~~ has a first end ~~(11, 211)~~ and a second end ~~(12, 212)~~, wherein the first end ~~(11, 211)~~ of the strap element ~~(10, 210)~~ is fastened or fastenable to the first tube half ~~(51, 251)~~, wherein the second end ~~(12, 212)~~ of the strap element ~~(10, 210)~~ is reversibly fastenable to the strap element ~~(10, 210)~~ or to the first tube half ~~(51, 251)~~, characterised in that, in the applied state, the first end of the strap element ~~(10, 210)~~ is fastened to the first tube half ~~(51, 251)~~ and is positioned on the zygopodium ~~(1001, 2001)~~ and the strap element ~~(10, 210)~~ runs from the first end distally over the extremity end joint ~~(1000, 2000)~~ to the basipodium ~~(1002, 2002)~~, runs around the basipodium ~~(1002, 2002)~~ or metapodium ~~(2003)~~ on the inside, runs dorsally over the extremity end joint ~~(1000, 2000)~~ to the zygopodium ~~(1001, 2001)~~ and thereby crosses itself, runs around the zygopodium ~~(1001, 2001)~~ and is reversibly fastened to the strap element ~~(10, 210)~~ or to the first tube half ~~(51, 251)~~ with the second end ~~(12, 212)~~ in the area of the zygopodium ~~(1001, 2001)~~.

6. The joint bandage ~~(100, 200)~~ according to one of the preceding claims, wherein at least one elastic section of the strap element ~~(10, 210)~~ runs over the back of the hand or the palm of the hand or over the back of the foot or the sole of the foot and/or wherein at least one non-elastic section runs along the edges of the hand or the edge of the foot.

7. The joint bandage ~~(100, 200)~~ according to one of the preceding claims, wherein the strap element ~~(10, 210)~~ has at least one tapered section.

8. The joint bandage ~~(100, 200)~~ according to any one of the preceding claims, wherein the strap element ~~(10, 210)~~ has at least one section in the form of a parallelogram or a curvature or a kink.

9. The joint bandage ~~(100, 200)~~ according to any one of the preceding claims, wherein the strap element ~~(10, 210)~~ has alternating elastic and non-elastic sections.

10. The joint bandage ~~(100, 200)~~ according to any one of the preceding claims, wherein a non-elastic pre-section ~~(13)~~ is further associated to the first elastic section ~~(14)~~.

11. The joint bandage ~~(100, 200)~~ according to any one of the preceding claims, wherein the strap element ~~(10, 210)~~ comprises at least two reversibly interconnectable strap part elements.

12. The joint bandage ~~(100, 200)~~ according to any one of the preceding claims, wherein the strap element ~~(10, 210)~~ comprises a first strap part element with the first end ~~(11, 211)~~ and a second strap part element with the second end ~~(12, 212)~~, wherein the second strap part element is elastic.

13. The joint bandage ~~(100, 200)~~ according to claim 12, wherein the first strap part element and the second strap part element are reversibly interconnectable via a third end on the first strap part element and a fourth end on the second strap part element, and wherein preferably the fourth end on the second strap part element comprises a connecting element with which the second strap part is reversibly fastenable to the tube element ~~(50, 250)~~ without the first strap part element.

14. The joint bandage ~~(100, 200)~~ according to any one of the preceding claims, wherein the joint bandage ~~(100, 200)~~ has no stabilising bar.