CLAIMS

1. A plant extract derived from the stem of *Adenia cordifolia*, said extract comprising (E)-9-octadecenoic acid ethyl ester ($C_{20}H_{38}O_2$) and 9,12-octadecadienoic acid ethyl ester ($C_{20}H_{36}O_2$).

2. Use of a plant extract derived from the stem of *Adenia cordifolia* in the manufacture of a medicament for administration to a human for wound healing.

3. The use of claim 2 wherein said medicament is administered orally.

4. The use of claim 2 wherein said medicament is administered topically.

5. The use of claim 2 wherein said medicament is administered both orally and topically, concurrently.

6. The use of claims 3 and 5 wherein said medicament is administered in the form of pellets, tablets, capsules, powders, granules, suspensions or emulsions.

7. The use of claims 4 and 5 wherein said medicament is administered in the form of lotions, ointments, creams, powders, gels or transdermal patches.

8. The use according to any one of claims 2 to 7, wherein the plant extract is an ethanol extract.

9. The use according to any one of claims 2 to 8, wherein the plant extract is the extract of claim 1.

10. A medicinal wound healing composition comprising a plant extract derived from the stem of *Adenia cordifolia*.

11. The medicinal would healing composition according to claim 10, wherein the plant extract is the extract of claim 1.