

**STABLE LIQUID PHARMACEUTICAL COMPOSITIONS HAVING
HIGH DRUG LOADINGS OF MEDIUM CHAIN TRIGLYCERIDES
AND METHODS RELATED THERETO**

5 FIELD OF THE INVENTION

[0001] This disclosure relates to liquid pharmaceutical compositions comprising high drug loadings of medium chain triglycerides, as well as methods of making and methods of using such compositions.

BACKGROUND OF THE INVENTION

10 [0002] Medium Chain Triglycerides (MCTs) are comprised of fatty acids with chain length between 5-12 carbons. MCTs have been researched extensively and have known nutritional and pharmaceutical uses. MCTs having melting points which are liquid at room temperature. Further, MCTs are relatively small and, once hydrolyzed, the fatty acids formed from MCTs are ionizable at physiological pH, and hence are generally soluble in aqueous
15 solutions.

[0003] When intended to be used as a pharmaceutical composition, it is often desirable to prepare compositions of active ingredients as a ready-to-use, preservative-free liquid dosage form at room temperature. However, it can be quite difficult to achieve long term stability, both physico-chemical and microbiological stability.

20 [0004] As such, there is a need in the art for ready-to-use, preservative-free liquid dosage form compositions of MCTs, particularly with sufficient long term stability and at active ingredient to excipient levels (herein referred to as drug loading) sufficiently high for pharmaceutical use.

SUMMARY OF THE INVENTION

25 [0005] In one aspect, the disclosure relates to a liquid pharmaceutical composition comprising at least about 30 % by weight of the total composition of caprylic triglyceride, and one or more emulsion forming excipients present at a concentration sufficient to form stable emulsion for at least one month under ambient conditions. In some aspects, the caprylic triglyceride is present in an amount of between about 30% and about 60% by weight of the
30 total composition. In some aspects, the purity of the caprylic triglyceride is at least 95%.

[0006] In some aspects, the one or more emulsion forming excipients are selected from the group consisting of lecithin (e.g., Phospholipon 90G), hydrogenated castor oils including Polyoxyl 40 castor oil (e.g., Kolliphor RH40), caprylate esters, sodium oleate, glycerol, citric

acid esters of monoglycerides and diglycerides (e.g., Citrem), monoglycerides and diglycerides of fatty acids including Propylene Glycol Monocaprylate (e.g. Capmul PG-8), and combinations thereof

5 **[0007]** In some aspects, the one or more emulsion forming excipients are selected from the group consisting of lecithin, Kolliphor RH40, caprylate ester emulsifiers, and combinations thereof. In some aspects, the one or more emulsion forming excipients are selected from the group consisting of lecithin, sodium oleate, glycerol, and combinations thereof. In some aspects, the one or more emulsion forming excipients are selected from the group consisting of Citrem, monoglycerides and diglycerides of fatty acids, and combinations thereof.

10 **[0008]** In some aspects, the one or more emulsion forming excipients are present in an amount of between about 1% and about 10% by weight of the total composition, preferably in an amount of between about 1% and about 8% by weight of the total composition.

15 **[0009]** In some aspects, there are at least two emulsion forming excipients present in the composition, and at least one of the emulsion forming excipients is present in an amount of at least 2.0% by weight of the total composition. In some aspects, the at least two emulsion forming excipients are present at a 1:1 to 2:1 ratio, relative to one another.

20 **[0010]** In some aspects, the liquid pharmaceutical composition of the disclosure forms an emulsion that is stable for at least about one month at ambient conditions. In some aspects, the stable emulsions exhibits an average particle diameter of less than 0.5 μm for at least one month at ambient conditions, preferable less than 0.3 μm for at least one month at ambient conditions, preferable less than 0.2 μm for at least one month at ambient conditions. In other aspects, the emulsions may have a mean particle diameter of less than about 1000 nm, but greater than about 100 nm, e.g. between about 100 nm and 500 nm, between about 200 nm and about 300 nm, between about 160 nm and about 190 nm, etc.

25 **[0011]** In some aspects, the liquid pharmaceutical composition of the disclosure further comprises an oil soluble flavouring agent.

30 **[0012]** In yet other aspects, the disclosure relates to methods of treating a disease or disorder associated with reduced cognitive function in a subject in need thereof, the method comprising administering to the subject a liquid pharmaceutical composition of the disclosure in an amount effective to elevate ketone body concentrations in said subject to thereby treat said disease or disorder. In certain embodiments, the disease or disorder associated with reduced cognitive function is selected from Alzheimer's disease and Age-Associated Memory Impairment.

[0013] While multiple embodiments are disclosed, still other embodiments of the present disclosure will become apparent to those skilled in the art from the following detailed description, which shows and describes illustrative embodiments of the disclosure. As will be realized, the invention is capable of modifications in various aspects, all without departing from the spirit and scope of the present disclosure. Accordingly, the detailed descriptions are to be regarded as illustrative in nature and not restrictive.

BRIEF DESCRIPTION OF THE DRAWINGS

- [0014] FIG. 1 illustrates an exemplary method for preparation of liquid pharmaceutical compositions of the disclosure.
- 10 [0015] FIG. 2 illustrates exemplary components, concentrations and compositions of liquid pharmaceutical compositions, in accordance with embodiments of the disclosure.
- [0016] FIG. 3 illustrates a region of optimized performing compositions of liquid pharmaceutical compositions of FIG. 2, in accordance with embodiments of the disclosure.
- [0017] FIG. 4 illustrates performance of compositions of liquid pharmaceutical compositions of FIG. 2, in accordance with embodiments of the disclosure.
- 15 [0018] FIG. 5 illustrates performance of compositions of liquid pharmaceutical compositions of FIG. 2, in accordance with embodiments of the disclosure.
- [0019] FIG. 6 illustrates performance of compositions of liquid pharmaceutical compositions of FIG. 2, in accordance with embodiments of the disclosure.
- 20 [0020] FIG. 7. illustrates exemplary particle size distributions for different Citrem formulations, in accordance with embodiments of the disclosure.
- [0021] FIG. 8 illustrates stability results for Oleate formulations, in accordance with embodiments of the disclosure.
- [0022] FIG. 9 illustrates visual stability results for Oleate formulations, in accordance with embodiments of the disclosure.
- 25 [0023] FIG. 10 illustrates stability results for Oleate formulations, in accordance with embodiments of the disclosure.
- [0024] FIG. 11 illustrates stability results for Oleate formulations, in accordance with embodiments of the disclosure.
- 30 [0025] FIG. 12 illustrates visual stability results for Oleate formulations, in accordance with embodiments of the disclosure.
- [0026] FIG. 13 illustrates stability results for Oleate formulations, in accordance with embodiments of the disclosure.

[0027] FIG. 14 illustrates stability results for Oleate formulations, in accordance with embodiments of the disclosure.

[0028] FIG. 15 illustrates visual stability results for Oleate formulations, in accordance with embodiments of the disclosure.

5 [0029] FIG. 16 illustrates stability results for Oleate formulations, in accordance with embodiments of the disclosure.

[0030] FIG. 17 illustrates stability results for Oleate formulations, in accordance with embodiments of the disclosure.

10 [0031] FIG. 18 illustrates visual stability results for Oleate formulations, in accordance with embodiments of the disclosure.

[0032] FIG. 19 illustrates stability results for Oleate formulations, in accordance with embodiments of the disclosure.

15 [0033] FIG. 20. illustrates exemplary particle size distributions for different formulations of gamma-irradiated vs retention samples, in accordance with embodiments of the disclosure.

[0034] FIGS21A-21J illustrate exemplary particle size distributions for lead formulations over time, in accordance with embodiments of the disclosure.

20 [0035] FIG. 22A illustrates pharmacokinetic parameters, including total ketone Cmax and FIG. 22B illustrates total ketone AUC for lead formulations, in accordance with embodiments of the disclosure.

DETAILED DESCRIPTION OF THE INVENTION

[0036] By way of background, Medium Chain Triglyceride (“MCT”)s are metabolized differently from the more common Long Chain Triglycerides (LCTs). In particular, when compared to LCTs, MCTs are more readily digested to release medium chain fatty acids (MCFAs), which exhibit increased rates of portal absorption, and undergo obligate oxidation. The small size and decreased hydrophobicity of MCTs increases the rate of digestion and absorption relative to LCTs. When MCTs are ingested, they are first processed by lipases, which cleave the fatty acid chains from the glycerol backbone. Some lipases in the pre-duodenum preferentially hydrolyze MCTs over LCTs, and the released MCFAs are then partly absorbed directly by the stomach mucosa. Those MCFAs which are not absorbed in the stomach are absorbed directly into the portal vein and not packaged into lipoproteins. Since blood transports much more rapidly than lymph, MCFAs quickly arrive at the liver. In the liver MCFAs undergo obligate oxidation.

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[0037] In contrast, long chain fatty acids (LCFAs) derived from normal dietary fat are re-esterified into LCTs and packaged into chylomicrons for transport in the lymph. This greatly slows the metabolism of LCTs relative to MCTs. In the fed state LCFAs undergo little oxidation in the liver, due mainly to the inhibitory effects of malonyl-CoA. When conditions
5 favor fat storage, malonyl-CoA is produced as an intermediate in lipogenesis. Malonyl-CoA allosterically inhibits carnitine palmitoyltransferase I, and thereby inhibits LCFA transport into the mitochondria. This feedback mechanism prevents futile cycles of lipolysis and lipogenesis.

[0038] MCFAs are, to a large extent, immune to the regulations that control the oxidation of LCFAs. MCFAs enter the mitochondria without the use of carnitine
10 palmitoyltransferase I, therefore MCFAs by-pass this regulatory step and are oxidized regardless of the metabolic state of the organism. Importantly, since MCFAs enter the liver rapidly and are quickly oxidized, large amounts of ketone bodies are readily produced from MCFAs. As such, a large oral dose of MCTs (e.g., about 20 mL to 40 mL) will result in sustained hyperketonemia.

[0039] The present disclosure generally relates to liquid pharmaceutical compositions comprising a high loading of at least one MCT, and methods of making and using such compositions. In certain embodiments, the liquid pharmaceutical compositions form a stable liquid emulsion in an aqueous use environment, e.g., in water or when administered to an aqueous use environment. In certain embodiments, the MCT is caprylic triglyceride, as
20 described herein.

[0040] In certain embodiments, the liquid pharmaceutical formulations may be “preservative free”. In such embodiments, the formulation may form a stable liquid emulsion that maintains sterility (i.e., sufficient bio-burden reduction to allow for pharmaceutical use) for at least 1 month, at least 2 months, at least 3 months, at least 6 months, at least 12 months
25 at ambient conditions without the use of preservatives.

[0041] In certain aspects, the pharmaceutical compositions of the disclosure are a liquid pharmaceutical composition comprising a high drug loading of an MCT, e.g., caprylic triglyceride, and one or more emulsion forming excipients present at a concentration sufficient to form an emulsion at ambient conditions. The pharmaceutical compositions may comprise
30 the components in amounts as described herein. In some embodiments, the composition may form a stable liquid emulsion at ambient conditions, e.g., for at least 1 day, at least 1 month, at least 2 months, at least 3 months, at least 6 months, at least 12 months, etc. The emulsions of the disclosure may generally be formed by high shear mixing or “high pressure homogenization, as is understood in the art.

[0042] As described herein, the pharmaceutical compositions of the disclosure may form a stable liquid emulsion at ambient conditions. An emulsion refers to a composition which, when diluted with water or other aqueous medium and gently mixed, yields a stable oil/water emulsion with a mean particle size of less than about 1 μm , but greater than about 100 nm, (i.e., 0.1-1 μm) and which is generally polydisperse. Such an emulsion is stable, meaning there is no visibly detectable phase separation and that there is no visibly detectable crystallization.

[0043] In some aspects, the pharmaceutical composition of the disclosure forms an emulsion that is stable for at least about one month at ambient conditions. In some aspects, the stable emulsions exhibits an average particle diameter of less than 0.5 μm for at least one month at ambient conditions, preferable less than 0.3 μm for at least one month at ambient conditions, preferable less than 0.2 μm for at least one month at ambient conditions. In other aspects, the emulsions may have a mean particle diameter of less than about 1000 nm, but greater than about 100 nm, e.g. between about 100 nm and 500 nm, between about 200 nm and about 300 nm, between about 160 nm and about 190 nm, etc.

[0044] As discussed above, the pharmaceutical compositions of the disclosure form stable emulsions in an aqueous use environment, e.g., in water, pharmaceutically suitable aqueous solution, or when administered *in vivo*. By way of example, the emulsions may be stable at ambient conditions for at least about 24 hours, for at least 1 day, at least 1 month, at least 2 months, at least 3 months, at least 6 months, at least 12 months, etc. In certain embodiments, the emulsion formed does not phase separate for the duration of stability. In certain embodiments, the emulsions may have a mean particle diameter of less than about 1 μm , but greater than about 100 nm, (i.e., 0.1-1 μm).

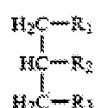
[0045] In certain embodiments, the emulsion formed may be stable at stomach pH, e.g., at a pH of about 1 to about 3, about 1.2 to 2.9, etc. In certain embodiments, the emulsion formed may be stable at intestinal and/or colon pH, e.g., at a pH of about 5 to about 7, about 5.5 to about 6.9, etc. In certain embodiments, the emulsion formed may begin to break down or phase separate at stomach pH after about $\frac{1}{2}$ to about 1 hour, but does not release the encapsulated MCT until intestinal or colon pH. In this regard, without intending to be limited by theory, *in-vitro* digestion assays indicate that encapsulated MCT is released from emulsion at intestinal and/or colon pH, which is the primary location of lipid digestion enzymes. In accordance with certain aspects of the disclosure, preferential release of MCT in the intestines and/or colon rather than the stomach may increase bioavailability of the MCT given the location of lipid digestion enzymes in these areas.

[0046] In certain aspects of the disclosure, the pharmaceutical compositions provide for preferential release of the high drug loading of MCT in the lower gastrointestinal tract of a user. Without intending to be limited by theory, preferential release of MCT in the lower gastrointestinal tract, including the colon may provide reduced stomach upset and related adverse events as compared to standard administration of non-formulated MCT oil. Further, the improved bioavailability of the MCT may generally lead to increased ketone body production *in vivo*, as compared to standard administration of non-formulated MCT oil.

[0047] In certain embodiments, the pharmaceutical compositions may include a high drug load of at least one MCT, such as caprylic triglyceride, of at least about 20% of the total composition, at least about 25% of the total composition, at least about 30% by weight of the total composition, at least about 40% by weight of the total composition, about 30% by weight of the total composition to about 65% by weight of the total composition, about 30% by weight of the total composition to about 60% by weight of the total composition, about 40% by weight of the total composition to about 50% by weight of the total composition, about 40% by weight of the total composition to about 45% by weight of the total composition, etc.

[0048] As used herein, unless other specified, “% by weight” refers to “% by weight of the total composition”.

[0049] In certain aspects of the disclosure, MCTs refer to any glycerol molecule ester-linked to three fatty acid molecules, each fatty acid molecule having a carbon chain of 5-12 carbons. In certain embodiments, the pharmaceutical compositions may comprise an MCT represented by the following general formula:



wherein R₁, R₂ and R₃ are fatty acids having 5-12 carbons in the carbon backbone esterified to the a glycerol backbone.

[0050] The MCTs of the disclosure may be prepared by any process known in the art, such as direct esterification, rearrangement, fractionation, transesterification, or the like. Sources of the MCT include any suitable source, semi-synthetic, synthetic or natural. Examples of natural sources of MCT include plant sources such as coconuts and coconut oil, palm kernels and palm kernel oils, and animal sources such as milk from any of a variety of species, e.g., goats. For example, the lipids may be prepared by the rearrangement of a vegetable oil such as coconut oil. The length and distribution of the chain length may vary

depending on the source oil. For example, MCT containing 1-10% C6, 30-60% C8, 30-60% C10, 1-10% C10 are commonly derived from palm and coconut oils.

[0051] In accordance with certain embodiments of the disclosure, the pharmaceutical compositions of the disclosure may comprise MCTs that have greater than about 95% C8 at R₁, R₂ and R₃, and are herein referred to herein as caprylic triglyceride ("CT"). Exemplary sources of CT include MIGLYOL® 808 or NEOBEE® 895. In certain aspects, CT may be obtained from coconut or palm kernel oil, made by semi-synthetic esterification of octanoic acid to glycerin, etc.

[0052] In other embodiments, the pharmaceutical compositions may comprise MCTs wherein R₁, R₂, and R₃ are fatty acids containing a six-carbon backbone (tri-C6:0). Tri-C6:0 MCT are absorbed very rapidly by the gastrointestinal tract in a number of animal model systems. The high rate of absorption results in rapid perfusion of the liver, and a potent ketogenic response. In another embodiment, the pharmaceutical compositions may comprise MCTs wherein R₁, R₂, and R₃ are fatty acids containing an eight-carbon backbone (tri-C8:0). In another embodiment, the pharmaceutical compositions may comprise MCTs wherein R₁, R₂, and R₃ are fatty acids containing a ten-carbon backbone (tri-C10:0). In another embodiment, the pharmaceutical compositions may comprise MCTs wherein R₁, R₂, and R₃ are a mixture of C8:0 and C10:0 fatty acids. In another embodiment, the pharmaceutical compositions may comprise MCTs wherein R₁, R₂ and R₃ are a mixture of C6:0, C8:0, C10:0, and C12:0 fatty acids. In another embodiment, the pharmaceutical compositions may comprise MCTs wherein greater than 95% of R₁, R₂ and R₃ are 8 carbons in length. In yet another embodiment, the pharmaceutical compositions may comprise MCTs wherein the R₁, R₂, and R₃ carbon chains are 6-carbon or 10-carbon chains. In another embodiment, the pharmaceutical compositions may comprise MCTs wherein about 50% of R₁, R₂ and R₃ are 8 carbons in length and about 50% of R₁, R₂ and R₃ 10 carbons in length. In one embodiment, the pharmaceutical compositions may comprise MCTs wherein R₁, R₂ and R₃ are 6, 8, 10 or 12 carbon chain length, or mixtures thereof.

[0053] In certain aspects, the liquid pharmaceutical formulations of the disclosure include one or more emulsion forming excipients. In certain embodiments, the one or more emulsion forming excipients may be any emulsifier capable of forming an emulsion with MCT oil. By way of example, lecithin (e.g., Phospholipon 90G), hydrogenated castor oils including Polyoxyl 40 castor oil (e.g., Kolliphor RH40), caprylate esters, sodium oleate, glycerol, citric acid esters of monoglycerides and diglycerides (e.g., Citrem), monoglycerides and diglycerides of fatty acids including Propylene Glycol Monocaprylate (e.g. Capmul PG-8), and

combinations thereof. The emulsion forming excipient(s) may be present in amounts sufficient to provide desired emulsion formation. For example, in certain embodiments, the emulsion forming excipient may be present in an amount of between about 1% and about 10%, between about 1% and about 8% by weight of the total composition, between about 1.3% and about 10%,
5 etc., by weight of the total composition.

[0054] In some aspects, there are at least two emulsion forming excipients present in the composition, and at least one of the emulsion forming excipients is present in an amount of at least 2.0% by weight of the total composition. In some aspects, the at least two emulsion forming excipients are present at a 1:1 to 2:1 ratio, relative to one another.

10 **[0055]** In certain embodiments, the emulsion forming excipients may include various combinations of lecithin, Kolliphor RH40, and caprylate ester emulsifiers, and optionally glycerol. In other embodiments, the emulsion forming excipients may include various combinations of lecithin, sodium oleate, and optionally glycerol. In yet other embodiments, the emulsion forming excipients may include Citrem alone or in combination with
15 monoglycerides and diglycerides of fatty acids.

[0056] In certain embodiments, the liquid pharmaceutical formulations of the disclosure may optionally include one or more flavouring or sweetener agents. In certain embodiments, the flavouring or sweetening agent may be present in an amount of between 0.025% to 0.3%, between 0.15% to 0.3%, 0.5% for sweetening agent, 0.3% for flavouring agent, etc. by weight of the total
20 composition. In certain embodiments, sucralose, stevia or similar sweetening agents may be used, with sucralose being preferred. In certain embodiments, vanilla, mango, berry, or similar flavouring agents may be used, with vanilla being preferred. In some embodiments, the flavouring or sweetening agents may be oil soluble.

[0057] By way of non-limiting example, Table 1 below provides exemplary liquid pharmaceutical formulation attributes and properties.

Product Attribute		Property
Exemplary Indication(s)		Migraine, Headache, Alzheimer, Neuroinflammation
Patient Population		Young Adults, Adults, Geriatric
Dosage Form		Oil in liquid emulsion, single-dose Ready to drink 30 mL light protected container
Particle size of the emulsion		0.35-1.2 μ m
Potency and Impurity		90-110 %, total impurity less than 5%
pH		Neutral or near Neutral (pH 6-pH 8)
Dosing Interval		Once daily, Twice daily, Three times daily
Dose Strength(s)	Primary strengths	50g/100 mL (50%w/v MCT)
	Max/min dosing vol.	To allow for doses of 5g to 20g as a single dose
Dosing Regimen	Time and duration	30' after completion of a meal
Formulation Ingredients, alone and in selected combination		Phospholipon 90G, Kolliphor RH40, Citrem, Monoglycerides, Capmul PG-8, Sodium Oleate, Glycerol, flavouring/sweetening agent(s)

Table 1

[0058] By way of non-limiting example, suitable lecithin useful as an emulsion forming excipient of the disclosure may be derived from any suitable source, e.g., egg or soy. By way of non-limiting example, suitable lecithin may be selected from Soy PC, 95%, Avanti Number 441601; Egg PC, 95%, Avanti Number 131601; etc.

[0059] Any suitable monoglyceride or diglyceride of fatty acids may be used as an emulsion forming agent of the disclosure, e.g., citric acid esters of mono and diglycerides of fatty acids (Citrem) E472C; mono and diglycerides of fatty acids E471; etc.

[0060] Any suitable method for making the pharmaceutical compositions of the disclosure may be used. In certain aspects of the disclosure, it has been found that reproducibility and emulsion stability may be controlled by modifying manufacturing process as illustrated in the examples herein.

[0061] In certain aspects, the disclosure relates to methods of treating a disease or disorder associated with reduced cognitive function in a subject in need thereof, the method comprising administering to the subject a pharmaceutical composition of the disclosure in an

amount effective to elevate ketone body concentrations in said subject to thereby treat said disease or disorder. In certain embodiments, the pharmaceutical composition of the disclosure may be administered outside of the context of a ketogenic diet. For instance, in the context of the present disclosure, carbohydrates may be consumed at the same time as pharmaceutical compositions disclosed herein.

[0062] In accordance with certain aspects of the disclosure, diseases and disorders associated with reduced cognitive function include Age-Associated Memory Impairment (AAMI), Alzheimer's Disease (AD), Parkinson's Disease, Friedreich's Ataxia (FRDA), GLUT1-deficient Epilepsy, Leprechaunism, and Rabson-Mendenhall Syndrome, Coronary Arterial Bypass Graft (CABG) dementia, anesthesia-induced memory loss, Huntington's Disease, migraine and related headaches, and many others.

[0063] In another embodiment, the patient has or is at risk of developing disease-related reduced cognitive function caused by reduced neuronal metabolism, for example, reduced cognitive function associated with Alzheimer's Disease (AD), Parkinson's Disease, Friedreich's Ataxia (FRDA), GLUT1-deficient Epilepsy, Leprechaunism, and Rabson-Mendenhall Syndrome, Coronary Arterial Bypass Graft (CABG) dementia, anesthesia-induced memory loss, Huntington's Disease, and many others.

[0064] As used herein, reduced neuronal metabolism refers to all possible mechanisms that could lead to a reduction in neuronal metabolism. Such mechanisms include, but are not limited to mitochondrial dysfunction, free radical attack, generation of reactive oxygen species (ROS), ROS-induced neuronal apoptosis, defective glucose transport or glycolysis, imbalance in membrane ionic potential, dysfunction in calcium flux, and the like.

[0065] According to the present invention, high blood ketone levels will provide an energy source for brain cells that have compromised glucose metabolism, leading to improved performance in cognitive function. As used herein, "subject" and "patient" are used interchangeably, and refer to any mammal, including humans that may benefit from treatment of disease and conditions associated with or resulting from reduced neuronal metabolism.

[0066] "Effective amount" refers to an amount of a compound, material, or pharmaceutical composition, as described herein that is effective to achieve a particular biological result. Effectiveness for treatment of the aforementioned conditions may be assessed by improved results from at least one neuropsychological test. These neuropsychological tests are known in the art and include Clinical Global Impression of Change (CGIC), Rey Auditory Verbal Learning Test (RAVLT), First-Last Names Association Test (FLN), Telephone Dialing Test (TDT), Memory Assessment Clinics Self-Rating Scale (MAC-S), Symbol Digit Coding

(SDC), SDC Delayed Recall Task (DRT), Divided Attention Test (DAT), Visual Sequence Comparison (VSC), DAT Dual Task (DAT Dual), Mini-Mental State Examination (MMSE), and Geriatric Depression Scale (GDS), among others.

[0067] The term “cognitive function” refers to the special, normal, or proper
5 physiologic activity of the brain, including, without limitation, at least one of the following: mental stability, memory/recall abilities, problem solving abilities, reasoning abilities, thinking abilities, judging abilities, capacity for learning, perception, intuition, attention, and awareness. “Enhanced cognitive function” or “improved cognitive function” refers to any improvement in the special, normal, or proper physiologic activity of the brain, including, without limitation,
10 at least one of the following: mental stability, memory/recall abilities, problem solving abilities, reasoning abilities, thinking abilities, judging abilities, capacity for learning, perception, intuition, attention, and awareness, as measured by any means suitable in the art. “Reduced cognitive function” or “impaired cognitive function” refers to any decline in the special, normal, or proper physiologic activity of the brain.

15 [0068] In another embodiment, the methods of the present invention further comprise determination of the patients’ genotype or particular alleles. In one embodiment, the patient’s alleles of the apolipoprotein E gene are determined. It has been found that non-E4 carriers performed better than those with the E4 allele when elevated ketone body levels were induced with MCT. Also, those with the E4 allele had higher fasting ketone body levels and the levels
20 continued to rise at the two hour time interval. Therefore, E4 carriers may require higher ketone levels or agents that increase the ability to use the ketone bodies that are present.

[0069] In one embodiment, the pharmaceutical compositions of the disclosure are administered orally. Therapeutically effective amounts of the therapeutic agents can be any amount or dose sufficient to bring about the desired effect and depend, in part, on the severity
25 and stage of the condition, the size and condition of the patient, as well as other factors readily known to those skilled in the art. The dosages can be given as a single dose, or as several doses, for example, divided over the course of several weeks, as discussed elsewhere herein.

[0070] The pharmaceutical compositions of the disclosure, in one embodiment, are administered in a dosage required to increase blood ketone bodies to a level required to treat
30 and/or prevent the occurrence of any disease- or age-associated cognitive decline, such as AD, AAMI, and the like. Appropriate dosages may be determined by one of skill in the art.

[0071] In one embodiment, oral administration of a pharmaceutical composition of the disclosure results in hyperketonemia. Hyperketonemia, in one embodiment, results in ketone bodies being utilized for energy in the brain even in the presence of glucose. Additionally,

hyperketonemia results in a substantial (39%) increase in cerebral blood flow (Hasselbalch, S.G., et al., Changes in cerebral blood flow and carbohydrate metabolism during acute hyperketonemia, *Am J Physiol*, 1996, 270:E746-51). Hyperketonemia has been reported to reduce cognitive dysfunction associated with systemic hypoglycemia in normal humans (Veneman, T., et al., Effect of hyperketonemia and hyperlacticacidemia on symptoms, cognitive dysfunction, and counterregulatory hormone responses during hypoglycemia in normal humans, *Diabetes*, 1994, 43:1311-7). Please note that systemic hypoglycemia is distinct from the local defects in glucose metabolism that occur in any disease- or age-associated cognitive decline, such as AD, AAMI, and the like.

10 [0072] Administration can be on an as-needed or as-desired basis, for example, once-monthly, once-weekly, daily, or more than once daily. Similarly, administration can be every other day, week, or month, every third day, week, or month, every fourth day, week, or month, and the like. Administration can be multiple times per day. When utilized as a supplement to ordinary dietetic requirements, the composition may be administered directly to the patient or
15 otherwise contacted with or admixed with daily feed or food.

[0073] The pharmaceutical compositions provided herein are, in one embodiment, intended for “long term” consumption, sometimes referred to herein as for ‘extended’ periods. “Long term” administration as used herein generally refers to periods in excess of one month. Periods of longer than two, three, or four months comprise one embodiment of the instant
20 invention. Also included are embodiments comprising more extended periods that include longer than 5, 6, 7, 8, 9, or 10 months. Periods in excess of 11 months or 1 year are also included. Longer terms use extending over 1, 2, 3 or more years are also contemplated herein. “Regular basis” as used herein refers to at least weekly, dosing with or consumption of the compositions. More frequent dosing or consumption, such as twice or thrice weekly are
25 included. Also included are regimens that comprise at least once daily consumption. The skilled artisan will appreciate that the blood level of ketone bodies, or a specific ketone body, achieved may be a valuable measure of dosing frequency. Any frequency, regardless of whether expressly exemplified herein, that allows maintenance of a blood level of the measured compound within acceptable ranges can be considered useful herein. The skilled artisan will
30 appreciate that dosing frequency will be a function of the composition that is being consumed or administered, and some compositions may require more or less frequent administration to maintain a desired blood level of the measured compound (e.g., a ketone body).

[0074] Administration can be carried out on a regular basis, for example, as part of a treatment regimen in the patient. A treatment regimen may comprise causing the regular

ingestion by the patient of a pharmaceutical composition of the disclosure in an amount effective to enhance cognitive function, memory, and behavior in the patient. Regular ingestion can be once a day, or two, three, four, or more times per day, on a daily or weekly basis. Similarly, regular administration can be every other day or week, every third day or week, every fourth day or week, every fifth day or week, or every sixth day or week, and in such a regimen, administration can be multiple times per day. The goal of regular administration is to provide the patient with optimal dose of a pharmaceutical composition of the disclosure, as exemplified herein.

[0075] Dosages of the inventive compositions, such as, for example, those comprising MCT, may be administered in an effective amount to increase the cognitive ability of patients afflicted with diseases of reduced neuronal metabolism, such as in patients with any disease- or age-associated cognitive decline, such as, AD, AAMI, and the like.

[0076] In one embodiment, the inventive compositions result in elevating ketone concentrations in the body, and in this embodiment, the compositions are administered in an amount that is effective to induce hyperketonemia. In one embodiment, hyperketonemia results in ketone bodies being utilized for energy in the brain.

[0077] In one embodiment, the composition increases the circulating concentration of at least one type of ketone body in the mammal or patient. In one embodiment, the circulating ketone body is D-beta-hydroxybutyrate. The amount of circulating ketone body can be measured at a number of times post administration, and in one embodiment, is measured at a time predicted to be near the peak concentration in the blood, but can also be measured before or after the predicted peak blood concentration level. Measured amounts at these off-peak times are then optionally adjusted to reflect the predicted level at the predicted peak time. In one embodiment, the predicted peak time is at about two hours. Peak circulating blood level and timing can vary depending on factors known to those of skill in the art, including individual digestive rates, co-ingestion or pre- or post-ingestion of foods, drinks, etc., as known to one of skill in the art. In one embodiment, the peak blood level reached of D-beta-hydroxybutyrate is between about 0.05 millimolar (mM) to about 50 mM. Another way to determine whether blood levels of D-beta-hydroxybutyrate are raised to about 0.05 to about 50 mM is by measurement of D-beta-hydroxybutyrate urinary excretion a range in the range of about 5 mg/dL to about 160 mg/dL. In other embodiments, the peak blood level is raised to about 0.1 to about 50 mM, from about 0.1 to about 20 mM, from about 0.1 to about 10 mM, to about 0.1 to about 5 mM, more preferably raised to about 0.15 to about 2 mM, from about 0.15 to about 0.3 mM, and from about 0.2 to about 5 mM, although variations will necessarily occur

depending on the formulation and host, for example, as discussed above. In other embodiments, the peak blood level reached of D-beta-hydroxybutyrate will be at least about 0.05 mM, at least about 0.1 mM, at least about 0.15 mM, at least about 0.2 mM, at least about 0.5 mM, at least about 1 mM, at least about 1.5 mM, at least about 2 mM, at least about 2.5 mM, at least about 3 mM, at least about 4 mM, at least about 5 mM, at least about 10 mM, at least about 15 mM, at least about 20 mM, at least about 30 mM, at least about 40 mM, and at least about 50 mM.

[0078] Effective amount of dosages of compounds for the inventive compositions, i.e., compounds capable of elevating ketone body concentrations in an amount effective for the treatment of or prevention of loss of cognitive function caused by reduced neuronal metabolism will be apparent to those skilled in the art. As discussed herein above, such effective amounts can be determined in light of disclosed blood ketone levels. Where the compound capable of elevating ketone body concentrations is MCT, the MCT dose, in one embodiment, is in the range of about 0.05 g/kg/day to about 10 g/kg/day of MCT. In other embodiments, the dose will be in the range of about 0.25 g/kg/day to about 5 g/kg/day of MCT. In other embodiments, the dose will be in the range of about 0.5 g/kg/day to about 2 g/kg/day of MCT. In other embodiments, the dose will be in the range of about 0.1 g/kg/day to about 2 g/kg/day. In other embodiments, the dose of MCT is at least about 0.05 g/kg/day, at least about 0.1 g/kg/day, at least about 0.15 g/kg/day, at least about 0.2 g/kg/day, at least about 0.5 g/kg/day, at least about 1 g/kg/day, at least about 1.5 g/kg/day, at least about 2 g/kg/day, at least about 2.5 g/kg/day, at least about 3 g/kg/day, at least about 4 g/kg/day, at least about 5 g/kg/day, at least about 10 g/kg/day, at least about 15 g/kg/day, at least about 20 g/kg/day, at least about 30 g/kg/day, at least about 40 g/kg/day, and at least about 50 g/kg/day.

[0079] As described herein, the present compositions are provided as a liquid formulation for administration to a subject in need thereof. The compositions may be advantageously combined and/or used in combination with other therapeutic or prophylactic agents, different from the disclosed MCT compounds. In many instances, administration in conjunction with the subject compositions enhances the efficacy of such agents. For example, the compounds may be advantageously used in conjunction with antioxidants, compounds that enhance the efficiency of glucose utilization, and mixtures thereof.

[0080] The daily dose of MCT can also be measured in terms of grams of MCT per kg of body weight (BW) of the mammal. The daily dose of MCT can range from about 0.01 g/kg to about 10.0 g/kg BW of the mammal. Preferably, the daily dose of MCT is from about 0.1 g/kg to about 5 g/kg BW of the mammal. More preferably, the daily dose of MCT is from

about 0.2 g/kg to about 3 g/kg of the mammal. Still more preferably, the daily dose of MCT is from about 0.5 g/kg to about 2 g/kg of the mammal.

EXAMPLES

[0081] The following examples are provided for illustrative purposes only and are not intended to limit the scope of the invention.

GENERAL MATERIALS AND METHODS

[0082] In accordance with the examples, exemplary liquid emulsions of the disclosure may be made according to the procedure illustrated in Figure 1, with modifications as may be appropriate and understood by those of skill in the art.

10 [0083] In accordance with the examples, particle size testing methods that may be used are as follows:

Procedure

1. Background measurement is performed with pure dispersant (milliQ-H₂O)
- 15 2. Vortex emulsion sample and add aliquots to dispersant with a pipette until the obscuration is within optimal range (5 – 15). The required volume is typically 10-100 µL depending on particle size with more volume required for smaller particle sizes. Wipe the outside of the pipette tip with a Kimwipe before addition to avoid any deposits forming on the outside of the tip due to evaporation.
- 20 3. Measurement is performed as 3 repeat sub-measurements and the result is reported as the average of 3 sub-measurements
4. Stirring rate of dispersion unit = 3000 rpm

Optical properties of materials (selected from database in Mastersizer software)

25 Lipid: Refractive Index 1.6; Absorption: 0.1
Dispersant (milliQ-H₂O): Refractive Index 1.33; Absorption: 0.1

Equipment Used: Mastersizer 2000 with a Hydro 2000S dispersion unit; Malvern

30 Measurement times

Sample measurement time: 10 seconds

Background measurement time: 10 seconds

Sample measurement snaps: 10000

Background measurement snaps: 10000

Measurement Cycles

Number of measurement cycles: 3

Delay between measurements: 10 seconds

- 5 Create average result from the 3 measurements

Result Calculation Model

General purpose model

Calculation sensitivity: Normal (default)

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[0084] In accordance with the examples, analytical testing methods that may be used are as follows:

Test	Method	Draft Specifications
Description	Visual (in-house)	White to off-white emulsion with no phase separation
Identification	(as per assay)	Retention time of main peak (C8) consistent with reference standard
Assay	GC (in-house) HPLC (USP)	90-110% of labelled claim
Related Substances	(as per assay)	Report all peaks above 0.1%
Fatty Acid Composition	GC (USP)	TBC
pH	USP <791>/Ph. Eur. 2.2.5	6-7.5
Particle Size Distribution Globule Size Distribution in Lipid (Injectable) Emulsions	USP <429>/Ph.Eur. 2.9.31 USP <729>	Report results based on the method selected (Dv10, Dv50, Dv90 or MDD – mean droplet diameter)

Uniformity of Dosage Units	USP <905>/Ph.Eur. 2.9.40	Complies
<u>Microbial Limits</u>	USP <61>/Ph.Eur. 2.6.12	≤ 1000 CFU/mL
Total Aerobic Microbial Count (TAMC)	USP <61>/Ph.Eur. 2.6.12	≤ 100 CFU/mL
Total Combined Yeasts and Molds Count (TCYM)	USP <62>/Ph.Eur. 2.6.13	Absent in 1 mL
Specific Microorganisms: E. coli		

Test	Method
Assay and Related Substances	GC (in-house) HPLC (USP)
Fatty Acid Composition	GC (USP)
Particle Size Distribution Globule Size Distribution in Lipid (Injectable) Emulsions	USP <429>/Ph.Eur. 2.9.31 USP <729>

EXAMPLE 1 – Phospholipon 90G, Kolliphor RH40, Capmul PG-8 emulsions

[0085] In various embodiments, liquid compositions of the disclosure may be formulated with combinations of emulsion forming agents such as Phospholipon 90G (Soy Lecithin), Kolliphor RH40 ((PEG-40 Hydrogenated Castor Oil), and Capmul PG-8 ((Propylene glycol monocaprylate).

[0086] Exemplary manufacturing methods for such formulations are generally as provided in Figure 1 and are summarized in the table below:

Step	Unit operation	CPP	In process check
1	Mix phospholipon 90G, kolliphor RH40 in 50mM phosphate buffer pH 6.8	Emulsifiers fully dispersed	Visual assessment of full dispersion
2	Add tricaprylin oil slowly to the emulsifier-buffer mixture while high-shear mixing at 10,000 rpm with Silverson mixer	Quantitative addition of oil	
3	High shear mix for 30 minutes with Silverson mixer at 10,000 rpm	Mixing speed Mixing time Batch size Temperature of solution during mixing (mixing	Measure temperature Measure particle size distribution after mixing

		process transfers heat to solution)	<i>Comment: 30-minute mixing time found to be longer than required to achieve ultimate particle size</i>
4	High pressure homogenise the emulsion for 10-12 passes at a target pressure of 7500 PSI	Number of passes Homogenisation pressure Discrete passes vs continuous recirculation	Measure particle size distribution during process, e.g. after 7, 10, 12 passes <i>Comment: 7-12 passes found to be sufficient to achieve ultimate particle size</i>

[0087] Exemplary emulsion forming agent concentrations are provided in Figure 2, and stability results are shown in the table below and in Figure 3.

Combinations of Phospholipon 90G, Kolliphor RH40 and Capmul PG-8

MCT (%)	Composition			Stability
	Phospholipon 90G (%)	Kolliphor RH40 (%)	Capmul PG-8 (%)	
50	6	0	0	+
50	4	2	0	+++
50	4	0	2	-
50	2	0	4	-
50	2	2	2	+++
50	0	0	6	-
50	0	6	0	++

5

[0088] It was found that combinations and concentrations indicated in the circled portion of lower right-hand corner of Figure 3 were found to be the most stable formulations. Equal mix of Phospholipon 90 G, Kolliphor RH40 and Capmul PG-8 was also very stable. Particle size evolution of Phospholipon 90G, Kolliphor RH40, Capmul PG-8 emulsions prepared via Ultra Turrax emulsification are shown in Figure 4, and particle size evolution of Phospholipon 90G, Kolliphor RH40, Capmul PG-8 emulsions: prepared via Silverson & High Pressure Homogeniser emulsification are shown in Figure 5. Visual appearance of Phospholipon 90G, Kolliphor RH40, Capmul PG-8 emulsions under a 1 month stability study are shown in Figure 6.

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[0089] Chemical stability of exemplary formulations are shown below:

Formulation	Processing	Caprylic Acid (mg/mL)	
		Day 0	Day 7
		RT	25 °C
50% MCT, 4% 90G, 2% RH40	Silverson + High Pressure Homogeniser	0	0
50% TC, 2.67% 90G, 1.33% RH40	Silverson + High Pressure Homogeniser	0	0
50% MCT, 6% RH40	Silverson + High Pressure Homogeniser	0	0
50% TC, 2% 90G, 2% RH40, 2% PGS	Silverson + High Pressure Homogeniser	1.500 [±0.3% of TC]	1.680 [±0.32% of TC]

[0090] Caprylic acid was not detected in the 50% Tricaprylin 2% Phospholipon 90G, 2% Kolliphor RH40, 2% Capmul PG-8 examples. Caprylic acid was not detected in any of the 5 examples without Capmul PG-8.

[0091] A summary of findings is provided below:

Formulation	Processing	Initial particle size	Physical Stability	Chemical Stability
50% Tricaprylin, 4% Phospholipon 90 G, 2% Kolliphor RH40	Silverson	≈ 1.9 μm	Particle size virtually unchanged for 1 month at all storage conditions. No creaming.	N/A
	High pressure homogeniser	≈ 0.22 μm	Particle size virtually unchanged for 1 month at all storage conditions. No creaming.	Caprylic acid not detected at 0 days and 7 day storage at 25 °C
50% Tricaprylin, 2.67% Phospholipon 90G, 1.33% Kolliphor RH40 (Total emulsifier concentration 4%)	Silverson	≈ 2.4 μm	Particle size ≈ 2.5 μm after 7 days at 25 °C	N/A
	High pressure homogeniser	≈ 0.29 μm	Particle size ≈ 0.31 μm after 7 days at 25 °C	Not yet tested
50% Tricaprylin, 2% Phospholipon 90 G, 2% Kolliphor RH40, 2% Capmul PG-8	Silverson	≈ 2.2 μm	Particle size ≈ 2.2 μm after 7 days at 25 °C	
	High pressure homogeniser	≈ 0.31 μm	Particle size ≈ 0.29 μm after 7 days at 25 °C	Caprylic acid detected at 1.6 mg/mL after 7 days at 25 °C (≈0.3% of tricaprylin concentration)

[0092] Overall, both 50% Tricaprylin, 4% Phospholipon 90 G, 2% Kolliphor RH40 and 50% Tricaprylin, 2% Phospholipon 90 G, 2% Kolliphor RH40, 2% Capmul PG-8 have very

good physical stability at one month. Caprylic acid was detected in 50% Tricaprylin, 2% Phospholipon 90 G, 2% Kolliphor RH40, 2% Capmul PG-8 sample at one month. Reducing total emulsifier concentration to 4% in the 50% Tricaprylin, 2.67% Phospholipon 90G, 1.33% Kolliphor RH40 only had a minor effect on initial particle size.

- 5 [0093] In other examples, the impact of Kolliphor RH40 concentrations was investigated. Kolliphor content was reduced by increasing Lecithin-kolliphor ratio and/or decreasing total emulsifier content. Results are shown below:

MCT (%)	Composition			Particle size (μm)				
	Phospholipon 90G (%)	Kolliphor RH40 (%)	Glycerol (%)	Day0	Day7		1 Month	
					25 °C	40 °C	25 °C	40 °C
50	5.5	0.5	0	0.385	0.390	8.03	1.563	41.011
50	5	1	0	0.321	0.326	43.476	0.326	23.239
50	5	1	2.5	0.290	0.465 (D9)	25.727 (D9)	0.341	6.42
50	4	2	0	0.217	0.221	-	0.223	0.22
50	4	2	2.5	0.200	0.209 (D9)	0.331 (D9)	0.205	0.204
50	2.67	1.33	0	0.294	0.307		0.306* (6 weeks)	
20	1.6	0.8	0	0.180	0.182	0.181	0.182	0.182
20	1.6	0.8	2.5	0.182	0.183	0.183	0.185	0.185

EXAMPLE 2 – Citrem and monoglycerides and diglycerides of fatty acids emulsions

- 10 [0094] In various embodiments, liquid compositions of the disclosure may be formulated with combinations of emulsion forming agents such as Citrem and monoglycerides and diglycerides of fatty acids. Emulsions prepared include: 20% Tricaprylin, 0.8% Citrem, 0.5% monoglyceride in Citrate Buffer pH 6 (2 formulations made using emulsifiers from different suppliers); 20% Tricaprylin, 0.8% Citrem, 0.5% monoglyceride in milliQ-H2O pH 6;
- 15 and 20% Tricaprylin, 0.8% Citrem, 0.5% monoglyceride in milliQ-H2O pH 6. Exemplary particle size distributions are shown in Figure 7.

[0095] EXAMPLE 3 – Additional component combinations

- [0096] Additional investigations were performed to improve stability and MCT
- 20 concentration. Results are shown below:

Stabilizing Strategies

Strategy	Formulation	Stability	Progress further
Include CMC to Increase viscosity	20% Tricaprylin, 2.4% 90G, 2.5% Glycerol, 0.5% CMC	Creaming instability	No
Include Safflower oil to reduce Ostwald ripening	20% Tricaprylin, 2.4% 90G, 2.5% Glycerol, 1% Safflower oil	No clear improvement	No
	20% Tricaprylin, 2.4% 90G, 2.5% Glycerol, 5% Safflower oil	No clear improvement	No
Increase surface charge by raising pH of oleate containing emulsions	20% Tricaprylin, 2.4% 90G, 2.5% Glycerol, 0.06% Sodium Oleate pH8	Unstable	No
	20% Tricaprylin, 2.4% 90G, 2.5% Glycerol, 0.5% Sodium Oleate pH8	Stable at 25 °C Unstable at 40 °C	Yes – in combination with other emulsifiers
Include citrem to increase surface charge	20% Tricaprylin, 1.6% 90G, 0.8% Citrem, 2.5% Glycerol	Good short term stability at 25 °C and 40 °C	Yes

Increase Tricaprylin and Optimize Stability

Strategy	Formulation	Stability
Combination Kolliphor RH40 and oleate at pH8	20% Tricaprylin, 2.4% 90G, 0.2% Kolliphor RH40 2.5% Glycerol	Stable at 25 °C Unstable at 40 °C
Increase tricaprylin content of stable citrem formulation	50% Tricaprylin, 4% 90G, 2% Citrem, 2.5% Glycerol	Sample very viscous, unlikely to be a viable product
	40% Tricaprylin, 3.2% 90G, 1.6% Citrem, 2.5% Glycerol	

- 5 [0097] Additional Formulations have been investigated, including 40% Tricaprylin, 3.2% 90G, 1.6% Citrem, 2.5% Glycerol; 40% Tricaprylin, 2.13% 90G, 1.07% Citrem, 2.5% Glycerol; 40% Tricaprylin, 2.13% 90G, 1.07% RH40; 40% Tricaprylin, 2.13% 90G, 1.07% RH40, 2.5% Glycerol; 40% Tricaprylin, 4.8% 90G, 2.5% Glycerol, 1% Sodium oleate, 0.4% RH40 pH8; 50% TC, 4% 90G, 2% RH40; 40% Tricaprylin, 2.13% 90G, 1.07% RH40; 40% Tricaprylin, 2.13% 90G, 1.07% RH40, 2.5% Glycerol; 20% TC, 2.4% 90G, 2.5% Glycerol, 0.5% Sodium oleate, 0.2% RH40; 40% TC, 3.2% 90G, 1.6% Citrem, 2.5% Glycerol; and 40% TC, 3.2% 90G, 1.6% RH40.
- 10

[0098] COMPARATIVE EXAMPLE 4: Lecithin, sodium oleate, glycerol emulsifiers

[0099] In other embodiments, exemplary liquid formulations of the disclosure may be prepared from combinations of emulsion forming agents such as: Lecithin, sodium oleate and glycerol ratios at different MCT concentrations. The formulations were prepared by: Silverson vs High pressure homogenization.

			% Emulsifier					
			2.4% Lecithin			1.6% Lecithin		
% Tricaprylin	20%		0% Oleate	0.06% Oleate	0.12% Oleate	0% Oleate	0.06% Oleate	0.12% Oleate
		0% Glycerol	X	X	-	X	-	-
		2.5% Glycerol	X	X	X	-	-	-
			6% Lecithin			4% Lecithin		
	50%		0% Oleate	0.15% Oleate	0.3% Oleate	0% Oleate	0.15% Oleate	0.3% Oleate
		0% Glycerol	X	X	-	x	-	-
		2.5% Glycerol	X	X	X	-	-	x

(-) Formulations planned but not prepared based on unsatisfactory results of other formulations unlikely to meet 12-month stability at 25 °C.

10 **[00100]** Emulsions reasonably stable but unlikely to meet requirement of 12-month stability at 25 °C. Sodium oleate had a slight destabilizing effect at pH7. Overall, these formulations were not pursued further based on stability results.

15 **[00101]** Stability results for formulations prepared via a Silverson mixer are shown in Figure 8 (Stability results for 20% Tricaprylin, 2.4% Lecithin, varied Glycerol, varied Oleate), Figure 9 (Visual stability results for 20% Tricaprylin, 2.4% Lecithin, varied Glycerol, varied Oleate), Figure 10 (Stability results for 20% Tricaprylin, 1.6% Lecithin, varied Glycerol, varied Oleate), Figure 11 (Stability results for 20% Tricaprylin, 6.0% Lecithin, varied Glycerol, varied

Oleate, Figure 12(Visual stability results for 20% Tricaprylin, 6.0% Lecithin, varied Glycerol, varied Oleate, and Figure 13 (Stability results for 20% Tricaprylin, 4.0% Lecithin, varied Glycerol, varied Oleate).

[00102] Stability results for formulations prepared via a High Pressure homogenation are shown in Figure 14 (Stability results for 20% Tricaprylin, 2.4% Lecithin, varied Glycerol, varied Oleate), Figure 15 (Visual stability results for 20% Tricaprylin, 2.4% Lecithin, varied Glycerol, varied Oleate), Figure 16 (Stability results for 20% Tricaprylin, 1.6% Lecithin, varied Glycerol, varied Oleate), Figure 17(Stability results for 20% Tricaprylin, 6.0% Lecithin, varied Glycerol, varied Oleate, Figure 18(Visual stability results for 20% Tricaprylin, 6.0% Lecithin, varied Glycerol, varied Oleate, and Figure 19 (Stability results for 20% Tricaprylin, 4.0% Lecithin, varied Glycerol, varied Oleate).

[00103] **EXAMPLE 5 – Bioburden Reduction Methods**

[00104] Methods for bioburden reduction of the formulations of the disclosure are provided below:

Method
1. Gamma Irradiation
3. Autoclave or Dry Heat Oven
5. Ultra Heat Treatment-like
6. Filtration

[00105] As part of the development process, a series of bioburden reduction measures were evaluated for their effectiveness and potential to be incorporated into the manufacturing process. Details of the various studies performed are summarized below.

20 [00106] Filtration

[00107] Incorporation of filtration as a bioburden reduction step may be used as the simplest method of reducing bio load (if present). Filter compatibility studies were conducted by Pall Filtration, with evaluation of microbial retention of the selected filters conducted. These

studies confirmed that selected formulations were sensitive to the type of filter media, and that the preferred media type was not microbially retentive.

[00108] Dry Heat

[00109] Heating is a commonly accepted method of reducing bio load. Evaluation of heat conditions commonly used to control microbial growth was attempted on exemplary formulations. All temperature conditions trialed showed significant disruption to the PSD profile of the product, confirming that the application of heat is not viable for bioburden control. This observation correlates with the deterioration of product due to elevated temperature observed in the development trials.

[00110] Gamma irradiation

[00111] Gamma irradiation is a commonly accepted method of sterilizing componentry and reducing bio load in natural materials. Exemplary formulations were irradiated at various dosages and then assessed for the impact of irradiation on product performance. This study confirmed that a 10kG dosage was effective in achieving a 6-log reduction in bio load, with no impact to the product critical quality attributes tested.

[00112] The following table depict the impact of various doses of gamma irradiation on Tricaprylin as well as a representative formulation ("formulation 2" 50% Tricaprylin, 2.67% Phospholipon 90G, 1.33% Kolliphor RH 40, 50mM Phosphate buffer pH 6.8).

Sample & Description	Physiochemical and bioburden testing Pre & post treatment	Dosage (kGy)	Test & Result /Description After Treatment <i>Note failure in Appearance, (discoloration or phase split), Particle Size Distribution, Assay or Related Substances.</i>		Complies / fails
Tricaprylin	Note: Visual: (discoloration, Phase split) Particle size distribution Assay & Related substances profile. TAMC, TYMC: <i>NB: Viscosity & Escherichia coli not tested due to insufficient sample availability. Tricaprylin API is a non-aqueous oil, so pH test not relevant</i>	10	Appearance:	No change from pre-irradiated sample	Complies
			Particle size distribution:	NA	NA
			Assay:	No change from pre-irradiated sample	Complies
			Related substances:	Related Substance profile changes	Complies*
			pH: NA- non aqueous	NA	NA
			TAMC:	No growth observed	Complies
			TYMC:	No growth observed	Complies
		15	Appearance:	No change from pre-irradiated sample	Complies

Sample & Description	Physiochemical and bioburden testing Pre & post treatment	Dosage (kGy)	Test & Result /Description After Treatment <i>Note failure in Appearance, (discoloration or phase split), Particle Size Distribution, Assay or Related Substances.</i>		Complies / fails
			Particle size distribution:	NA	NA
			Assay:	No change from pre-irradiated sample	Complies
			Related substances:	Related Substance profile changes	Complies*
			pH: NA- non aqueous	NA	NA
			TAMC:	No growth observed	Complies
			TYMC:	No growth observed	Complies
		25	Appearance:	No change from pre-irradiated sample	Complies
			Particle size distribution:	NA	NA
			Assay:	No change from pre-irradiated sample	Complies
			Related substances:	Related Substance profile changes	Complies*
			pH: NA- non aqueous	NA	NA
			TAMC:	No growth observed	Complies
			TYMC:	No growth observed	Complies
Formulation 2	Note: Visual: (discoloration, Phase split) Particle size distribution Assay & Related substances profile. pH, viscosity TAMC, TYMC: <i>Escherichia coli</i> <i>NB: Viscosity & Escherichia coli not tested due to insufficient sample availability</i>	10	Appearance:	No change from pre-irradiated sample	Complies
			Particle size distribution:	No change from pre-irradiated sample	Complies
			Assay:	No change from pre-irradiated sample	Complies
			Related substances:	No change from pre-irradiated sample	Complies
			pH:	No change from pre-irradiated sample	Complies
			TAMC:	No growth observed	Complies
			TYMC:	No growth observed	Complies
		15	Appearance:	No change from pre-irradiated sample	Complies

Sample & Description	Physiochemical and bioburden testing Pre & post treatment	Dosage (kGy)	Test & Result /Description After Treatment <i>Note failure in Appearance, (discoloration or phase split), Particle Size Distribution, Assay or Related Substances.</i>		Complies / fails
			Particle size distribution:	PSD profile changed	Fails
			Assay:	No change from pre-irradiated sample	Complies
			Related substances:	No change from pre-irradiated sample	Complies
			pH:	No change from pre-irradiated sample	Complies
			TAMC:	No growth observed	Complies
			TYMC:	No growth observed	Complies
		25	Appearance:	No change from pre-irradiated sample	Complies
			Particle size distribution:	PSD profile changed	Fails
			Assay:	No change from pre-irradiated sample	Complies
			Related substances:	minor change from pre-irradiated sample	Complies**
			pH:	No change from pre-irradiated sample	Complies
			TAMC:	No growth observed	Complies
			TYMC:	No growth observed	Complies
Biological indicator	<i>G. stearothermophilus</i> indicator strips Strip spore loading NLT 1 x10 ⁶	10	NA	No Growth	Complies
		15		No Growth	Complies
		25		No Growth	Complies

[00113] No microbes were detected in Formulation 2 prior or post gamma irradiation. The results obtained from the biological indicator strips confirmed that gamma irradiation was successful as a 6-log reduction of bioburden was achieved at all doses tested.

- 5 [00114] Physio-chemical evaluation of formulation samples irradiated at 10 kGy confirmed no change in appearance, assay, related substances profile, particle size distribution or pH. Irradiated samples also showed no negative impact from gamma irradiation on the

primary container and closures for all doses evaluated, i.e., seals were not observed to become brittle as a result of irradiation

- [00115] Samples irradiated at 15 and 25 kGy also showed no changes to appearance, assay and pH, however the related substance profile and particle size distribution were impacted at these doses. In this regard, particle size distribution of gamma-irradiated samples appear more affected than retention samples, results shown in Figure 20.

[00116] **EXAMPLE 6 –Exemplary and Comparative Formulations**

- [00117] The following formulations of the disclosure and comparative formulations were prepared in accordance with the general methodology of Figure 1, as may be modified as required and understood by those of skill in the art.

Formulation	Comments
Phospholipon 90G - Kolliphor RH40 - Capmul PG-8 emulsions	
50% Tricaprylin, 6% 90G	Acceptable
50% Tricaprylin, 4% 90G, 2% RH40	Good stability
50% Tricaprylin, 4% 90G, 2% RH40, 2.5% Glycerol	Good stability
50% Tricaprylin, 2% 90G, 4% RH40	Acceptable
50% Tricaprylin, 6% Kolliphor RH40	Good stability
50% Tricaprylin, 4% 90G, 2% Capmul PG-8	Unstable
50% Tricaprylin, 2% 90G, 4% Capmul PG-8	Unstable
50% Tricaprylin, 6% Capmul PG-8	Did not form emulsion
50% Tricaprylin, 4% Kolliphor RH40, 2% Capmul PG-8	Capmul did not generally improve emulsion stability
50% Tricaprylin, 2% Kolliphor RH40, 4% Capmul PG-8	Capmul did not generally improve emulsion stability

50% Tricaprylin, 2% 90G, 2% Kolliphor RH40, 2% Capmul PG-8	Good stability.
50% Tricaprylin, 5.5% 90G, 0.5% RH40	Acceptable
50% Tricaprylin, 5% 90G, 1% RH40	Acceptable
50% Tricaprylin, 5% 90G, 1% RH40, 2.5% Glycerol	Acceptable
50% Tricaprylin, 2.67% 90G, 1.33% RH40	Good stability
20% Tricaprylin, 1.6% 90G, 0.8% RH40	Good stability
20% Tricaprylin, 1.6% 90G, 0.8% RH40, 2.5% Glycerol	Good stability
50% Tricaprylin, 4% 90G, 2% RH40	Emulsified at 50 °C to see effect of emulsification temperature. Effect was insignificant.
50% Tricaprylin, 2% 90G, 2% RH40, 2% Capmul PG-8	Emulsified at 50 °C to see effect of emulsification temperature. Effect was insignificant.

Formulation	Comments
Citrem – monoglyceride emulsions	
20% Tricaprylin, 0.8% Citrem (3212), 0.5% monoglyceride (DMG 0291), 50 mM citrate buffer pH6	Poor initial particle size distribution
20% Tricaprylin, 0.8% Citrem (3212), 0.5% monoglyceride (DMG 0291), milliQ-H ₂ O pH6	Fair initial particle size distribution
20% Tricaprylin, 1.0% Citrem (3212), 0.625% monoglyceride (DMG 0291), milliQ-H ₂ O pH6	Good initial particle size distribution

20% Tricaprylin, 0.8% Citrem (KV-30E), 0.5% monoglyceride (P(V)S), 50 mM citrate buffer pH6	Fair initial particle size distribution
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Formulation	Comments
Formulations with varying compositions aiming to elucidate major instability mechanisms and to combine factors that appear favourable to emulsion stability	
20% Tricaprylin, 2.4% Phospholipon 90G, 2.5% Glycerol, 0.5% Carboxymethylcellulose pH 7	CMC added with the aim of increasing viscosity and slow down gravitational separation. Phase separated after 12 days, possibly due to bridging flocculation.
20% Tricaprylin, 2.4% Phospholipon 90G, 2.5% Glycerol, 1% Safflower oil pH 7	Safflower oil added as an oil with very low water solubility with the aim of inhibiting Ostwald ripening.
20% Tricaprylin, 2.4% Phospholipon 90G, 2.5% Glycerol, 5% Safflower oil pH 7	Safflower oil added as an oil with very low water solubility with the aim of inhibiting Ostwald ripening. 5-fold higher amount than above to see effect of concentration.
20% Tricaprylin, 2.4% Phospholipon 90G, 0.06% Sodium Oleate, 2.5% Glycerol, pH 8	pH raised to pH8 should increase the charge of sodium oleate and potentially improve stability due to electrostatic forces. Poor stability.
20% Tricaprylin, 2.4% Phospholipon 90G, 0.5% Sodium Oleate, 2.5% Glycerol, pH 8	pH raised to pH8 should increase the charge of sodium oleate and potentially improve stability due to electrostatic forces. Prepared with larger sodium oleate amount than above to see effect of sodium oleate content. Poor stability.
20% Tricaprylin, 2.4% Phospholipon 90G, 0.2% Kolliphor RH40, 0.5% Sodium Oleate, 2.5% Glycerol, pH 8	Excellent short term stability at 25 °C and very small particle size with narrow particle size distribution. Short term stability data indicates lower stability at 40 °C.

20% Tricaprylin, 1.6% Phospholipon 90G, 0.8% Citrem (3212), 2.5% Glycerol, pH 7	Good initial particle size distribution.
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Formulation	Comments
Phospholipon 90G – Sodium Oleate-Glycerol emulsions	
50% Tricaprylin, 6% 90G pH7	Reasonably stable
50% Tricaprylin, 6% 90G, 2.5% Glycerol pH7	Reasonably stable
50% Tricaprylin, 6% 90G, 0.15% Oleate pH7	Reasonably stable
50% Tricaprylin, 6% 90G, 0.15% Oleate, 2.5% Glycerol pH7	Reasonably stable
50% Tricaprylin, 6% 90G, 0.30% Oleate pH7	Sodium oleate did not improve stability at pH 7
50% Tricaprylin, 6% 90G, 0.30% Oleate, 2.5% Glycerol pH7	Reasonably stable
20% Tricaprylin, 2.4% 90G pH7	Reasonably stable
20% Tricaprylin, 2.4% 90G, 2.5% Glycerol pH7	Reasonably stable
20% Tricaprylin, 2.4% 90G, 0.06% Oleate pH7	Reasonably stable
20% Tricaprylin, 2.4% 90G, 0.06% Oleate, 2.5% Glycerol pH7	Reasonably stable
20% Tricaprylin, 2.4% 90G, 0.12% Oleate pH7	Sodium oleate did not improve stability at pH 7

20% Tricaprylin, 2.4% 90G, 0.06% Oleate, 2.5% Glycerol pH7	Reasonably stable
10% Tricaprylin, 1.2% 90G, 2.5% Glycerol, 0.03% a-Tocopherol, 0.03% Oleate	
20% Tricaprylin, 2.4% 90G, 2.5% Glycerol, 0.06% a-Tocopherol, 0.06% Oleate	

[00118] EXAMPLE 7 –Longer Term Stability

[00119] The following formulations of the disclosure and comparative formulations were prepared in accordance with the general methodology of Figure 1, as may be modified as required and understood by those of skill in the art. Exemplary longer term stability results are

5 illustrated in the below tables.

Lecithin: Kolliphor RH40 – Particle size

Formulation	Particle size (µm)									
	Day 0	Day 7		1 Month		3 months		6 months		
		25 °C	40 °C	25 °C	40 °C	25 °C	40 °C	25 °C	40 °C	
50% Tricaprylin, 5.5% 90G, 0.5% RH40	0.385	0.390	8.03	1.563	41.011	0.530	27.188	12.655	Unstable	
50% Tricaprylin, 5% 90G, 1% RH40	0.321	0.326	43.48	0.326	23.239	0.319	7.097	0.431	Unstable	
50% Tricaprylin, 5% 90G, 1% RH40, 2.5% Glycerol	0.290	0.465 [*]	25.73 [*]	0.341	28.965	61.196	10.016	29.851	Unstable	
50% Tricaprylin, 4% 90G, 2% RH40 [AC-OLE-02]	0.217	0.221	NM	0.223	0.220	0.225	0.649 ^{''}	0.227	NM	
50% Tricaprylin, 4% 90G, 2% RH40 [AC-OLE-02]	0.188	NM	NM	0.189	0.188	0.203	0.203	0.281	0.427	
50% Tricaprylin, 4% 90G, 2% RH40, 2.5% Glycerol [AC-OLE-01]	0.200	0.209 [†]	0.331 [*]	0.205	0.204	0.206	0.302	0.207	NM	
50% Tricaprylin, 2.67% 90G, 1.33% RH40	0.294	0.307	NM	0.306 [#]	1.786 [†]	0.556	NM	0.654	NM	
40% Tricaprylin, 3.2% 90G, 1.6% RH40 [AC-OLE-04]	0.178	0.179	0.178	0.178	0.179	0.179	0.178	0.183	0.548	
40% Tricaprylin, 3.2% 90G, 1.6% RH40, 2.5% Glycerol [AC-OLE-09]	0.179	0.180 ^{\$}	0.192 ^{\$}	0.181	0.180	0.180	0.218	0.186	0.702	
40% Tricaprylin, 2.13% 90G, 1.07% RH40 [AC-OLE-05]	0.230	0.238	0.237	0.251	0.237	0.254	0.968	0.276	0.683	
40% Tricaprylin, 2.13% 90G, 1.07% RH40, 2.5% Glycerol [AC-OLE-03]	0.231	0.235	0.232	0.236	0.298	0.238	2.161	0.246	0.733	
20% Tricaprylin, 1.6% 90G, 0.8% RH40 [AC-OLE-10]	0.180	0.182	0.181	0.182	0.182	0.183	0.233	0.183	NM	
20% Tricaprylin, 1.6% 90G, 0.8% RH40, 2.5% Glycerol [AC-OLE-07]	0.182	0.183	0.183	0.185	0.185	0.192	0.254	0.186	NM	

Lecithin:Kolliphor RH40 –pH

Formulation	pH									
	Day 0	Day7		1 Month		3 months		6 months		
		25 °C	40 °C	25 °C	40 °C	25 °C	40 °C	25 °C	40 °C	
50% Tricaprylin, 5.5% 90G, 0.5% RH40	6.8	6.8	6.8	5.7	6.7	7.2	4.1	5.5	Unstable	
	6.8	6.8	6.8	6.8	6.4	7.0	3.8	6.9	Unstable	
50% Tricaprylin, 5% 90G, 1% RH40	6.8	6.7	6.9	5.2	6.4	5.6	3.8	4.3	Unstable	
	6.9	6.6	6.6	6.7	6.7	6.9	6.3	6.9	NM	
50% Tricaprylin, 4% 90G, 2% RH40 [AC-OLE-02]	7.0	NM	NM	6.8	7.0	6.8	6.8	6.6	4.0	
50% Tricaprylin, 4% 90G, 2% RH40 [AC-OLE-01]	6.8	6.9	7.0	6.8	6.8	6.9	4.1	6.9	NM	
	6.9	6.7	NM	6.9	NM	6.9	NM	6.9	NM	
50% Tricaprylin, 2.67% 90G, 1.33% RH40	6.9	6.9	6.9	6.9	6.8	6.9	6.7	6.8	4.0	
	6.8	6.9	6.9	6.8	6.9	6.8	4.9	6.6	3.7	
40% Tricaprylin, 3.2% 90G, 1.6% RH40 [AC-OLE-04]	6.8	6.9	6.9	6.9	6.9	6.8	6.7	6.7	4.3	
40% Tricaprylin, 3.2% 90G, 1.6% RH40, 2.5% Glycerol [AC-OLE-09]	6.8	6.9	6.9	7.0	7.0	6.8	6.1	6.6	4.3	
	6.8	6.9	6.9	6.9	6.9	7.1	6.1	6.9	NM	
40% Tricaprylin, 2.13% 90G, 1.07% RH40 [AC-OLE-05]	6.8	6.8	6.8	6.9	6.9	6.9	6.1	6.9	NM	
40% Tricaprylin, 2.13% 90G, 1.07% RH40, 2.5% Glycerol [AC-OLE-03]	6.8	6.8	6.8	6.8	6.8	6.9	6.0	6.9	NM	
20% Tricaprylin, 1.6% 90G, 0.8% RH40 [AC-OLE-10]	6.8	6.8	6.8	6.8	6.8	6.9	6.0	6.9	NM	
20% Tricaprylin, 1.6% 90G, 0.8% RH40, 2.5% Glycerol [AC-OLE-07]	6.8	6.8	6.8	6.8	6.9	7.2	6.0	6.9	NM	

Lecithin:Kolliphor RH40 – Chemical Stability

Formulation	Caprylic Acid (mg/mL)											
	Day0	Day7		1 Month		3 months		6 months		12 months		
		25 °C	40 °C	25 °C	40 °C	25 °C	40 °C	25 °C	40 °C	4 °C	25 °C	40 °C
50% Tricaprylin, 5.5% 90G, 0.5% RH40	0	0	0	<LOQ	0	0	<LOQ	<LOQ	NM	Unstable	Unstable	Unstable
50% Tricaprylin, 5% 90G, 1% RH40	0	0	0	0	0	0	1.1	0	NM	NM	Unstable	NM
50% Tricaprylin, 5% 90G, 1% RH40, 2.5% Glycerol	0	0	0	<LOQ	0	5.7	0.57	<LOQ	NM	0	0.41	NM
50% Tricaprylin, 4% 90G, 2% RH40 [AC-OLE-02]	0	0	NM	0	0	0	<LOD	0	NM	NM	<LOQ	NM
50% Tricaprylin, 4% 90G, 2% RH40 [AC-OLE-02]	0	NM	NM	<LOD	0	0.83	0	1.7	0.39			
50% Tricaprylin, 4% 90G, 2% RH40, 2.5% Glycerol	0	0	0	0	0	0	0	0	NM	NM	NM	Unstable
50% Tricaprylin, 2.67% 90G, 1.33% RH40	0	0	NM	0	NM	0	NM	0	NM	NM	0	0
40% Tricaprylin, 3.2% 90G, 1.6% RH40 [AC-OLE-04]	0	NM	NM	0	0	0	0	<LOD	0.86	0	0.35	9
40% Tricaprylin, 3.2% 90G, 1.6% RH40, 2.5% Glycerol [AC-OLE-09]	0	NM	NM	0	0	0	<LOQ	0	1.68			
40% Tricaprylin, 2.13% 90G, 1.07% RH40 [AC-OLE-05]	0	NM	NM	0	0	0	0	<LOD	0.63			
40% Tricaprylin, 2.13% 90G, 1.07% RH40, 2.5% Glycerol [AC-OLE-03]	0	NM	NM	0	0	0	0	<LOQ	0.68			
20% Tricaprylin, 1.6% 90G, 0.8% RH40 [AC-OLE-10]	0	0	0	0	0	0	0	0	NM	0	0	2
20% Tricaprylin, 1.6% 90G, 0.8% RH40, 2.5% Glycerol [AC-OLE-07]	0	0	0	0	0	0	<LOQ	0	NM	0	0	2

Lecithin:Kolliphor RH40, Oleate, pH8 – Low Kolliphor Content: Particle Size and pH

Formulation	Particle size (µm)									
	Day0	Day7		1 Month		3 Months		6 Months		
		25 °C	40 °C	25 °C	40 °C	25 °C	40 °C	25 °C	40 °C	
40% Tricaprylin, 4.8% 90G, 0.4% RH40, 1% Oleate, 2.5% Glycerol, pH8	0.183	0.206	23.434	0.258* (Day22)	21.587* (Day22)	2.051	25.853	1.948	25.771	
	0.177	0.179	0.497	0.181	0.491	0.184	0.652	0.210	Unstable	
40% Tricaprylin, 4.8% 90G, 1% Oleate, 2.5% Glycerol, pH8	0.208	0.431	38.417	0.634 [#] (Day24)	Unstable [#] (Day24)	Unstable	Unstable	Unstable	Unstable	
	0.226	0.465 ^f	13.675	0.249	11.332	0.461	8.749	0.742	Unstable	

Formulation	pH									
	Day0	Day7		1 Month		3 Months		6 Months		
		25 °C	40 °C	25 °C	40 °C	25 °C	40 °C	25 °C	40 °C	
40% Tricaprylin, 4.8% 90G, 0.4% RH40, 1% Oleate, 2.5% Glycerol, pH8	8.0	8.0	7.7	8.0* (Day22)	7.5* (Day22)	7.4	6.0	6.6	5.1	
20% Tricaprylin, 2.4% 90G, 0.2% RH40, 0.5% Oleate, 2.5% Glycerol, pH 8 [AC-OLE-08]	8.0	8.0	7.7	7.8	6.5	7.5	6.4	6.8	Unstable	
40% Tricaprylin, 4.8% 90G, 1% Oleate, 2.5% Glycerol, pH8	8.0	8.1	8.0	8.2 [#] (Day24)	Unstable [#] (Day24)	7.5	6.2	7.0	5.7	
20% Tricaprylin, 2.4% 90G, 0.5% Oleate, 2.5% Glycerol, pH8	8.1	7.7	7.2	7.8	7.2	7.3	6.4	6.5	Unstable	

Lecithin:Kolliphor RH40, Oleate, pH8 – Low Kolliphor Content: Chemical Stability

Formulation	Caprylic Acid (mg/mL)									
	Day0	Day7		1 Month		3 months		6 months		
		25 °C	40 °C	25 °C	40 °C	25 °C	40 °C	25 °C	40 °C	
40% Tricaprylin, 4.8% 90G, 0.4% RH40, 1% Oleate, 2.5% Glycerol, pH8	0	NM	NM	0* (Day22)	<LOD* (Day22)	1.00	2.04	<LOD	5.13	
20% Tricaprylin, 2.4% 90G, 0.2% RH40, 0.5% Oleate, 2.5% Glycerol, pH 8	0	0	0	0	<LOD	<LOD	0.92	0.17	Unstable	
40% Tricaprylin, 4.8% 90G, 1% Oleate, 2.5% Glycerol, pH8	0	NM	NM	0 ⁺ (Day24)	<LOD ⁺ (Day24)	<LOD	1.79	<LOQ	4.15	
20% Tricaprylin, 2.4% 90G, 0.5% Oleate, 2.5% Glycerol, pH8	NM	0	0	0	<LOD	<LOQ	0.85	0.12	NM	

Lecithin:Citrem – Particle Size and pH

Formulation	Particle size (µm)										
	Day0	Day7		1 Month		3 Months		6 Months		12 Months	
		25 °C	40 °C	25 °C	40 °C	25 °C	40 °C	25 °C	40 °C	25 °C	40 °C
40% Tricaprylin, 3.2% 90G, 1.6% Citrem, 2.5% Glycerol, pH 7 [AC-OLE-06]	0.247	0.287	0.485	0.337	0.528	0.502	Unstable	10.004	Unstable		
40% Tricaprylin, 2.13% 90G, 1.07% Citrem, 2.5% Glycerol, pH 7	0.329	NM	NM	0.358* (Day20)	0.571* (Day20)	0.720	1.212	0.752	Unstable		
20% Tricaprylin, 1.6% 90G, 0.8% Citrem, 2.5% Glycerol, pH 7	0.226	0.231	0.255	0.237	0.268	0.239	0.305	0.259	0.444	0.398	Unstable

Formulation	pH (µm)										
	Day0	Day7		1 Month		3 Months		6 Months		12 Months	
		25 °C	40 °C	25 °C	40 °C	25 °C	40 °C	25 °C	40 °C	25 °C	40 °C
40% Tricaprylin, 3.2% 90G, 1.6% Citrem, 2.5% Glycerol, pH 7 [AC-OLE-06]	7.0	7.1	7.0	7.0	6.9	6.7	6.1	6.2	5.7		
40% Tricaprylin, 2.13% 90G, 1.07% Citrem, 2.5% Glycerol, pH 7	7.0	NM	NM	6.9* (Day20)	7.0* (Day20)	6.7	6.5	6.3	6.1		
20% Tricaprylin, 1.6% 90G, 0.8% Citrem, 2.5% Glycerol, pH 7	7.0	7.1	7.0	7.0	6.8	7.1	6.9	6.9	6.6	6.9	Unstable

Lecithin:Citrem – Chemical Stability

Caprylic Acid (mg/mL)												
Formulation	Day0	Day7		1 Month		3 months		6 months		12 months		
		25 °C	40 °C	25 °C	40 °C	25 °C	40 °C	25 °C	40 °C	4 °C	25 °C	40 °C
40% Tricaprylin, 3.2% 90G, 1.6% Citrem, 2.5% Glycerol, pH 7	0	NM	NM	0.51	<LOD	1.83	4.43	5.14	3.73			
40% Tricaprylin, 2.13% 90G, 1.07% Citrem, 2.5% Glycerol, pH 7	0	NM	NM	1.15	0.41	2.22	0.88	3.69	2.13			
20% Tricaprylin, 1.6% 90G, 0.8% Citrem, 2.5% Glycerol, pH 7	0	NM	NM	0	0	0	0	0	<LOQ	0	0	NM

[00120] EXAMPLE 8 – Flavouring

[00121] Additional investigations were performed to improve taste and overall palatability of the liquid pharmaceutical formulations of the disclosure. Various sweetening and flavouring agents were investigated. Results are shown below:

[00122] Sweetening Agent

[00123] Three levels of sucralose (0.025%, 0.05% and 0.1%) and three levels of stevia (0.1%, 0.2% and 0.3%) were compared. No clear sweetening difference between sucralose and stevia was identified, as the flavouring agent predominates. However, sucralose is slightly preferred as it can be used at lower concentrations (i.e., 0.05% - 0.1% sucralose was found to provide a sufficient level of sweetness).

[00124] Flavouring Agent

[00125] Different flavouring agents were compared (at a 0.1% sucralose concentration). Concentrations were selected based on manufacturers recommendations and initial trials.

Supplier	Supplier ID	Solubility	Concentration	Observations
Givaudan Vanilla 1	L-132184	Water	0.15%	--
Sensient Vanilla 1	AA000244	Water	0.3%	+
Sensient Vanilla 2	QAA0016060002	Oil	0.2%	++ slightly milky
Scentral Vanilla 1	FL0131	Water	0.2%	+ slightly strong
Scentral Vanilla 2	FL0141	Oil	0.2%	++ also slightly strong

[00126] It was unexpectedly found that oil soluble flavouring agents providing improved taste and overall palatability to the liquid pharmaceutical formulations of the disclosure.

[00127] EXAMPLE 9 – Lead Formulation Selection

[00128] Based on the above formulation and comparative formulation preparation, the following lead formulations were selected:

No	Formulation	Concentration of Tricaprylin	Excipients Used
AC-OLE-1	50% Tricaprylin, 4% 90G, 2% RH40, 2.5% Gly	50%	Phospholipon 90G, Koliphor RH40, Glycerol
AC-OLE-2	50% Tricaprylin, 4% 90G, 2% RH40	50%	Phospholipon 90G, Koliphor RH40
AC-OLE-3	40% Tricaprylin, 2.13% 90G, 1.07% RH40, 2.5% Gly	40%	Phospholipon 90G, Koliphor RH40, Glycerol
AC-OLE-4	40% Tricaprylin, 3.2% 90G, 1.6% RH40	40%	Phospholipon 90G, Koliphor RH40
AC-OLE-5	40% Tricaprylin, 2.13% 90G, 1.07% RH40	40%	Phospholipon 90G, Koliphor RH40
AC-OLE-6	40% Tricaprylin, 3.2% 90G, 1.6% Citrem 3122, 2.5% Gly	40%	Phospholipon 90G, Citrem 3122, Glycerol
AC-OLE-7	20% Tricaprylin, 1.6% 90G, 0.8% RH40, 2.5% Glycerol	20%	Phospholipon 90G, Koliphor RH40
AC-OLE-8	20% Tricaprylin, 2.4% 90G, 2.5% Gly, 0.5% Oleate, 0.2% RH40	20%	Phospholipon 90G, Koliphor RH40, Sodium Oleate, Glycerol
AC-OLE-9	40% Tricaprylin, 3.2% 90G, 1.6% RH40, 2.5% Gly	40%	Phospholipon 90G, Koliphor RH40, Glycerol
AC-OLE-10	20% Tricaprylin, 1.6% 90G, 0.8% RH40	20%	Phospholipon 90G, Koliphor RH40

[00129] Lead formulation selection rationale:

- Physical and chemical stability primary factor
- Range of Tricaprylin concentrations and presence and absence of glycerol, as well as a combination of excipients selected as these factors could potentially affect PK profile
- All lead formulations display relatively fast digestion profile.
- Citrem formulations, while being physically and chemically stable may pose some manufacturing related issues (particle size could be affected by filtration, GC analysis).

- Sodium oleate formulations have been shown to be temperature sensitive, and could pose some manufacturing and storage related constraints. Nonetheless the formulations have still been chosen as selected lead candidates as these represent a combination of different excipients which could provide interesting variations from a PK and tolerability standpoint.

5

[00130] Figures 21A-21J illustrate particle size distribution at various time points for lead formulations AC-OLE-1 through AC-OLE-10, as indicated.

[00131] **EXAMPLE 11 – pK Study of Lead Formulations**

10 [00132] The lead formulations of Example 10 (AC-OLE-1 through AC-OLE-10) were administered to healthy volunteers to investigate pharmacokinetic effects of the liquid formulations of disclosure.

[00133] The investigation will include several testing sites and cycles. At each site and in each cycle, several of the lead formulations (up to 4) will be tested on up to 20 healthy
15 volunteers in a partial or full cross-over design. Once each cycle is completed, blood parameters will be analysed.

[00134] As illustrated in Figure 22A (Cmax of Total Ketones (BHB + AcA) and Figure 22B (AUC of Total Ketones (BHB + AcA)) will be calculated as area under the curve (AUC) of total ketones (BHB + AcA), all lead formulations exhibit a total ketone Cmax of over 700
20 µM, with most over 1000 µM (and generally comparative to prior formulation AC-1202)

[00135] All publications and patent applications cited in this specification are herein incorporated by reference as if each individual publication or patent application were specifically, and individually, indicated to be incorporated by reference.

25 [00136] While the invention has been described with reference to exemplary embodiments, it will be understood by those skilled in the art that various changes may be made and equivalents may be substituted for elements thereof without departing from the scope of the invention. In addition, many modifications may be made to adapt a particular situation or material to the teachings without departing from the essential scope thereof. Therefore, it is
30 intended that the invention not be limited to the particular embodiment disclosed as the best mode contemplated for carrying out this invention, but that the invention will include all embodiments falling within the scope of the appended claims.

CLAIMS

What is claimed is:

1. A liquid pharmaceutical composition comprising at least about 30 % by weight of the total composition of caprylic triglyceride, and one or more emulsion forming excipients present at a concentration sufficient to form an emulsion that is stable for at least one month under ambient conditions.
2. The liquid pharmaceutical composition of claim 1, wherein the one or more emulsion forming excipients are selected from the group consisting of lecithin, hydrogenated castor oils, caprylate esters, sodium oleate, glycerol, citric acid esters of monoglycerides and diglycerides, monoglycerides and diglycerides of fatty acids including Propylene Glycol Monocaprylate, and combinations thereof
3. The liquid pharmaceutical composition of claim 1, wherein the one or more emulsion forming excipients are selected from the group consisting of lecithin, hydrogenated castor oils, caprylate ester emulsifiers, glycerol, and combinations thereof.
4. The liquid pharmaceutical composition of claim 1, wherein the one or more emulsion forming excipients are selected from the group consisting of lecithin, sodium oleate, glycerol, and combinations thereof.
5. The liquid pharmaceutical composition of claim 1, wherein the one or more emulsion forming excipients are selected from the group consisting of Citrem, monoglycerides and diglycerides of fatty acids, and combinations thereof.
6. The liquid pharmaceutical composition of any of the preceding claims, wherein the caprylic triglyceride is present in an amount of between about 30% and about 60% by weight of the total composition.
7. The liquid pharmaceutical composition of any of the preceding claims, wherein the one or more emulsion forming excipients are present in an amount of between about 1% and about 10% by weight of the total composition, preferably in an amount of between about 1% and about 8% by weight of the total composition.
8. The liquid pharmaceutical composition of any of the preceding claims, wherein there are at least two emulsion forming excipients present in the composition, and at least one of the emulsion forming excipients is present in an amount of at least 2.0% by weight of the total composition.

9. The liquid pharmaceutical composition of claim 8, wherein the at least two emulsion forming excipients are present at a 1:1 to 2:1 ratio, relative to one another.

10. The liquid pharmaceutical composition of any of the preceding claims, wherein the stable emulsions exhibits an average particle diameter of less than 0.5 μm for at least one month at ambient conditions, preferable less than 0.3 μm for at least one month at ambient conditions, preferable less than 0.2 μm for at least one month at ambient conditions.

11. The liquid pharmaceutical composition of any of the preceding claims, further comprising an oil soluble flavouring agent.

12. The liquid pharmaceutical compositions of any of the preceding claims for use in a method of treating a disease or disorder associated with reduced cognitive function in a subject in need thereof, the method comprising administering to the subject a liquid pharmaceutical composition in an amount effective to elevate ketone body concentrations in said subject to thereby treat said disease or disorder.

13. The liquid pharmaceutical composition of claim 12, wherein the disease or disorder associated with reduced cognitive function is selected from Alzheimer's disease and Age-Associated Memory Impairment.

14. The liquid pharmaceutical composition of claims 12 or 13, further comprising determining if the patient lacks the ApoE4 genotype.

15. The liquid pharmaceutical composition of claims 12-14, wherein the composition is administered at a dose of about 0.05 g/kg/day to about 10 g/kg/day.