Claims

1. A grip for a golf club, comprising:

a gripping member having a substantially constant cross-section along its length, the gripping member having:

a base portion extending longitudinally along a portion of the gripping member adapted to engage one or more palms when held by one or more hands of a user, and

at least two substantially flat side portions extending from said base portion;

a shaft receiving portion adapted to receive a shaft of the golf club, the shaft receiving portion comprises a bore extending longitudinally and at least partially along the grip;

wherein the base portion comprises a curved surface, and the at least two substantially flat side portions are inclined towards one another, such that when the base portion is engaged by the palms of the user during a holding, fingers of the user's hands are guided to rest on the at least two inclined and substantially flat side portions to thereby reduce or restrict mobility of joints at the user's hands and arms;

wherein the bore is arranged to offset from both of a central vertical plane and a central horizontal plane of the grip.

2. The grip according to claim 1, wherein the at least two side portions define an acute angle therebetween.

3. The grip according to claim 2, wherein the acute angle is ranged from 20 deg to 80 deg.

4. The grip according to claim 1, wherein the at least two side portions meet at a front edge of the gripping member relative to the base portion.

5. The grip according to claim 1, wherein the base portion is of a width ranged from 1.0 inch to 1.5 inches.

6. The grip according to claim 1, wherein the curved surface comprises a substantially semi-cylindrical surface having a radius of curvature of 0.5 inch to 0.75 inch.

7. The grip according to claim 1, wherein the at least two side portions extend a sufficient distance away from the base portion such that, when the base portion is engaged by the one or more user's palms during a holding, one or more finger pads of respective hands of the user are allowed to engage respective opposed inclined side portions.

8. The grip according to claim 1, wherein the at least two side portions are arranged such that, when the base portion is engaged by the one or more user's palms during a holding, one or more thumb pads of respective hands of the user are allowed to engage the respective side portions as their respective wrists.

9. The grip according to claim 1, wherein the at least two side portions are inclined towards a central vertical plane of the gripping member, the gripping member is of a height of 1.2 inches to 1.75 inches along said central vertical plane.

10. The grip according to claim 1, wherein the gripping member is configured substantially symmetrically along a longitudinal central plane.

11. The grip according to claim 1, wherein the gripping member is formed of one or more anti-slipping materials and/or provided with one or more anti-slipping patterns.

12. The grip according to claim 1, wherein the gripping member is of a length of at least 14 inches.

13. The grip according to claim 1, further comprising an elongated body comprising the shaft receiving portion and the gripping member.

14. The grip according to claim 13, wherein the elongated body, the shaft receiving portion and the gripping member are integrally formed.

15. The grip according to claim 1, wherein the gripping member is arranged to extend in a direction substantially parallel to an axis of a shaft of the golf club.

16. The grip according to claim 1, wherein the grip is of less than or equal to 100 grams in weight.

17. The grip according to claim 1, further comprising a counter weight positioned at an end distal to a head of the golf club.

18. A golf club comprising the grip according to any one of the preceding claims.

19. The golf club according to claim 21, wherein the grip is integrally formed with a shaft of the golf club.

20. The golf club according to claim 21, wherein the gripping member is integrally formed with the grip and a shaft of the golf club.

21. The golf club according to claim 21, wherein the base portion of the gripping member of the grip is positioned at a rear side of the grip relative to a direction of extension of a ball striking surface of a head of the golf club.

22. The golf club according to claim 21, wherein the base portion comprises a curve surface having a central axis substantially parallel to a longitudinal axis of a shaft of the golf club.

23. A method of manufacturing a grip for a golf club, comprising the step of:

providing a grip body;

providing a gripping member at the grip body, the gripping member having a substantially constant cross-section along its length, the gripping member having:

a base portion extending longitudinally along a portion of the gripping member adapted to engage one or more palms when held by one or more hands of a user, and

at least two substantially flat side portions extending from said base portion;

a shaft receiving portion adapted to receive a shaft of the golf club, the shaft receiving portion comprises a bore extending longitudinally and at least partially along the grip;

wherein the base portion comprises a curved surface, and the at least two substantially flat side portions are inclined towards one another, such that when the base portion is engaged by the palms of the user during a holding, fingers of the user's hands are guided to rest on the at least two inclined and substantially flat side portions to thereby reduce or restrict mobility of joints at the user's hands and arms;

wherein the bore is arranged to offset from both of a central vertical plane and a central horizontal plane of the grip.