CLAIMS

Claim 1. Use of at least one flavonoid selected from the group consisting of taxifolin, isorhamnetin, eriodictyol, and morin in the preparation of a medicament for promoting cartilage regeneration.

Claim 2. The use according to claim 1,

wherein the medicament promotes differentiation into cartilage cells.

Claim 3. The use according to claim 1 or 2, wherein the medicament is a food, beverage, an oral pharmaceutical product, or an oral quasi-pharmaceutical product.