CLAIMS

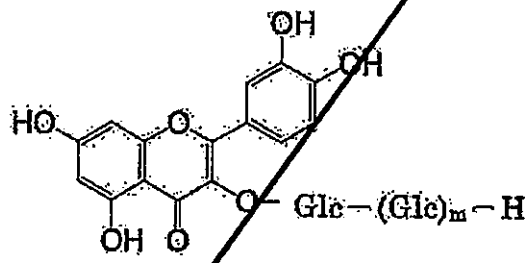
1. A composition containing at least one sesamin-class compound and at least one quercetin glycoside.

2. The composition according to claim 1, wherein the total weight of the quercetin glycoside as calculated for quercetin is 0.3 or more relative to the total weight of the sesamin-class compound which is taken as unity.

3. The composition according to claim 1 or 2, wherein the sesamin-class compound is sesamin and/or episesamin.

4. The composition according to any one of claims 1 to 3, wherein the quercetin glycoside is at least one member selected from the compounds which are represented by the formula (II):

[Chemical Formula 1]



(II)

(where m is 0, or an integer of 1 or more), and consist of isoquercitrin that has one glucose attached to the quercetin at position 3 via β-bond, and α-glycosyl isoquercitrins having one or more additional glucoses attached to the glucose residue in the isoquercitrin moiety via α-1,4 bond.

5. The composition according to any one of claims 1 to 4,

which is a food or a beverage.

6. An agent for enhancing the bodily absorption of sesamin-class compound(s), which contains at least one quercetin glycoside as an active ingredient.

7. Use of at least one quercetin glycoside for producing an agent for enhancing the bodily absorption of sesamin-class compound(s).

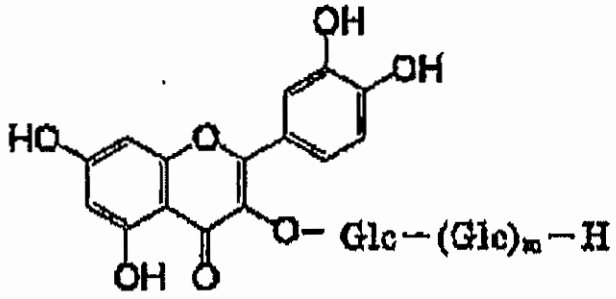
The claims defining the invention are as follows:

[1] A composition containing at least one sesamin-class compound and at least one quercetin glycoside wherein the total weight of the quercetin glycoside as calculated for quercetin is 0.3 or more relative to the total weight of the sesamin-class compound which is taken as unity.

[2] The composition according to claim 1, wherein the sesamin-class compound is at least one member selected from the group consisting of sesamin, episesamin, sesaminol, episesaminol, and sesamolin.

[3] The composition according to claim 2, wherein the sesamin-class compound is sesamin and/or episesamin.

[4] The composition according to any one of claims 1 to 3, wherein the quercetin glycoside is at least one member selected from the compounds which are represented by the formula (II);



(II)

(where m is 0, or an integer of 1 or more), and consist of isoquercitrin that has one glucose attached to the quercetin at position 3 via β-bond, and α-glycosyl isoquercitrins having one or more additional glucoses attached to the glucose residue in the isoquercitrin moiety via α-1,4 bond.

[5] The composition according to claim 4, wherein m is an integer of 0 to 7.

[6] The composition according to any one of claims 1 to 5, which is a food or a beverage.

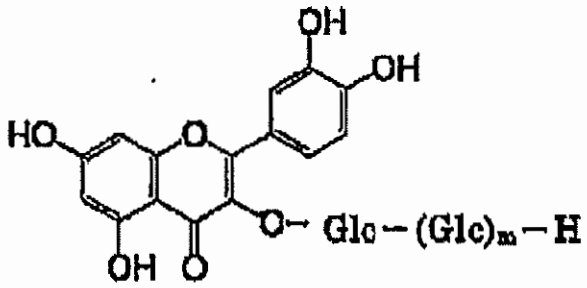
[7] An agent for enhancing the bodily absorption. of sesamin-class compound(s), which contains at least, one quercetin glycoside as an active ingredient.

[8] The agent according to claim 7, wherein the total weight of the quercetin glycoside as calculated for quercetin is 0.3 or more relative to the total weight of the sesamin-class compound(s) which is taken as unity.

[9] The agent according to claim 7 or 8, wherein the sesamin-class compound is at least one member selected from the group consisting of sesamin, episesamin, sesaminol, episesaminol, and sesamolin.

[10] The agent according to claim 9, wherein the sesamin-class compound is sesamin and/or episesamin.

[11] The agent according to any one of claims 7 to 10, wherein the quercetin glycoside is at least one member selected from the compounds which are represented by the formula (II):



(II)

(where m is 0, or an integer of 1 or more) , and consist of isoquercitrin that has one glucose attached to the quercetin at position 3 via β-bond, and α-glycosyl isoquercitrins having one or more additional glucoses attached to the glucose residue in the isoquercitrin moiety via α-1,4 bond.

[12] The agent according to claim 11, wherein m is an integer of 0 to 7.

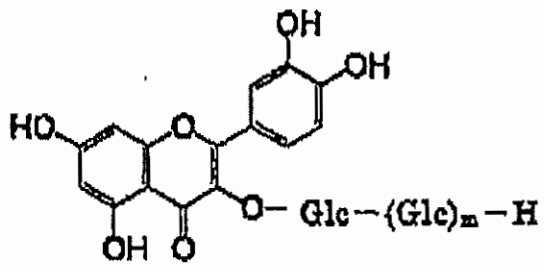
[13] Use of at least one quercetin glycoside for producing an agent for enhancing the bodily absorption of sesamin-class compound(s).

[14] The use according to claim 13, wherein the total weight of the quercetin glycoside as calculated for quercetin is 0.3 or more relative to the total weight of the sesamin-class compound(s) which is taken as unity.

[15] The use according to claim 13 or 14, wherein the sesamin-class compound is at least one member selected from the group consisting of sesamin, episesamin, sesaminol, episesaminol, and sesamolin.

[16] The use according to claim 15, wherein the sesamin-class compound is sesamin and/or episesamin.

[17] The use according to any one of claims 13 to 16, wherein the quercetin glycoside is at least one member selected from the compounds which are represented by the formula (II):



(II)

(where m is 0, or an integer of 1 or more), and consist of isoquercitrin that has one glucose attached to the quercetin at position 3 via β-bond, and α-glycosyl isoquercitrins having one or more additional glucoses attached to the glucose residue in the isoquercitrin moiety via α-1,4 bond.

[18] The use according to claim 17, wherein m is an integer of 0 to 7.