1. Culinary tongs, comprising:

a. a first arm and a second arm, each comprising a grasping member and an opposing hinged end;

b. a hinge including a pin for connecting the first arm and the second arm together in a pivoting engagement at a location proximal to the hinged end of each of the first arm and the second arm;

c. a spring that biases the first arm and the second arm toward an open position;

d. a sliding locking plate that comprises:

i. a first portion with an aperture that receives the pin; and

ii. a second portion coupled to the first portion, wherein the second portion extends in a first direction and then terminates in an actuating portion, wherein the actuating portion extends from the second portion in a second direction that is orthogonal to the first direction;

e. wherein the first portion of the sliding locking plate has a forward portion that is configured to oppose the bias of the spring and maintain the first arm and the second arm in a closed locked position when the actuating portion is positioned in a first location relative to the grasping members, the first location distal to the pin relative to the grasping members; and

f. wherein the first portion of the sliding locking plate has a rear portion that is configured to not oppose the bias of the spring when the actuating portion is positioned in a second location relative to the grasping members, wherein the first location is positioned further from the grasping members than the second location.

2. The culinary tongs of Claim 1, wherein the aperture in the first portion is shaped as a slot.

3. The culinary tongs of any of the preceding claims, wherein the spring is a torsion spring that is coiled around a portion of the pin.

4. The culinary tongs of any of the preceding claims, wherein the spring comprises a first terminal shaft that is in contact with an inner portion of the first arm, and further comprises a second terminal shaft that is contact with an inner portion of the second arm.

5. The culinary tongs of any of Claims 1-2, wherein the spring is a leaf spring, a compression spring, or a tension spring.

6. The culinary tongs of any of the preceding claims, wherein, in the open position, the grasping members of each of the first arm and the second arm are substantially separated.

7. The culinary tongs of any of the preceding claims, wherein, in the closed locked position, the grasping members of each of the first arm and the second arm are in contact with each other or are nearly in contact with each other.

8. The culinary tongs of any of the preceding claims, further comprising a hole positioned in the second portion of the sliding locking plate.

9. The culinary tongs of any of the preceding claims, further comprising a hole positioned in the actuating portion of the sliding locking plate.

10. The culinary tongs of any of the preceding claims, wherein the grasping member of each of the first arm and the second arm comprises:

a. a first corner;

b. a second corner; and

c. wherein the first corner has a first radius of curvature that is larger than a second radius of curvature of the second corner.

11. The culinary tongs of any of the preceding claims, wherein the grasping member of each of the first arm and the second arm is concave.

12. The culinary tongs of any of Claims 1-10, wherein:

a. the grasping member of the first arm has a principle axis that is aligned with respect to a shank portion of the first arm; and

b. the grasping member of the second arm has a principle axis that is aligned with respect to a shank portion of the second arm.

13. The culinary tongs of any of Claims 1-10, wherein:

a. the grasping member of the first arm has a principle axis that is tilted with respect to a shank portion of the first arm; and

b. the grasping member of the second arm has a principle axis that is tilted with respect to a shank portion of the second arm.

14. The culinary tongs of any of the preceding claims, wherein the forward portion of the first portion of the sliding locking plate is a forward broad portion that is sized to abut against a distal end of each of the first arm and the second arm.

15. The culinary tongs of Claim 14, wherein the rearward portion of the first portion of the sliding lock plate is a rearward narrow portion that is tapered inward from the forward broad portion and that is sized to not abut against the distal end of each of the first arm and the second arm.

16. The culinary tongs of any of the preceding claims, wherein the grasping members are at least partially formed from a heat resistant thermoplastic or thermoset resin that is food compatible.

17. The culinary tongs of any of the preceding claims, wherein the grasping members are at least partially formed from silicone, polyurethane, or thermoplastic elastomer resin.

18. A method, comprising:

a. while holding culinary tongs in a first hand of a user, moving a first arm and a second arm of the culinary tongs towards each other into a closed position using only the first hand of the user;

b. while holding the culinary tongs in the first hand of the user, positioning a forward facing portion of an actuating portion of a sliding locking plate of the culinary tongs against a first fixed surface, using only the first hand of the user, wherein the actuating portion is positioned at a location distal to a pin relative to grasping members of the culinary tongs, the pin connecting the first arm and the second arm in a pivoting engagement;

c. while holding the culinary tongs in the first hand of the user, moving the culinary tongs forward using only the first hand of the user, so as to cause the actuating portion of the sliding locking plate of the culinary tongs to move rearward relative to the first arm and the second arm of the culinary tongs, so as to cause the culinary tongs to lock in the closed position;

d. wherein the method is performed without using a second hand of the user to contact the culinary tongs.

19. The method of Claim 18, further comprising:

a. while holding the culinary tongs in the first hand of the user, pressing a rearward facing portion of the actuating portion of the sliding locking plate of the culinary tongs against a second fixed surface using only the first hand of the user, so as to cause the actuating portion of the sliding locking plate of the culinary tongs to move forward relative to the first arm and the second arm of the culinary tongs, so as to cause the culinary tongs to unlock in the closed position; and

b. while holding the culinary tongs in the first hand of the user, allowing the first arm and the second arm of the culinary tongs to pivot away from each other into an open position using only the first hand of the user.

20. The method of any of Claims 18-19, wherein the culinary tongs comprise the culinary tongs of any of Claims 1-17.