

INFORMATION PROVISION DEVICE

ABSTRACT

An information provision device according to the present invention which is connected to a user terminal of a user via a network and provides information for improving the blood glucose level of the user, said information provision device being equipped with: a first learning device which has been trained in a manner such that blood glucose level information pertaining to the blood glucose level of the user during a prescribed interval, meal information pertaining to the diet eaten by the user during the prescribed interval, and action information pertaining to the action performed by the user during the prescribed interval are inputs, and recommendation information including at least one of a meal and a supplement for improving the blood glucose level of the user is the output; an input control unit for receiving at least some of the input information to be input into the first learning device; and a transmission unit for transmitting the recommendation information output from the first learning device to the user terminal.

Figure 8