Claims

[Claim 1]

A composition comprising:

hydrolyzed collagen type II of chicken cartilage, and

chicken extract,

wherein the hydrolyzed collagen type II of chicken cartilage contains Cyclo (Ala-Hyp) or a salt thereof, Cyclo (Pro-Gly) or a salt thereof, guanosine or phosphorylated guanosine, and tryptophan or a salt thereof; and

the chicken extract is an extract obtained by heating chicken meat in a liquid and contains carnosine and/or anserine and/or one or more salts thereof.

[Claim 2]

The composition according to claim 1,

wherein the total amount of Cyclo (Ala-Hyp) or a salt thereof, Cyclo (Pro-Gly) or a salt thereof, guanosine or phosphorylated guanosine, and tryptophan or a salt thereof is 0.01 to 99 wt%.

[Claim 3]

The composition according to claim 1 or 2,

wherein the composition is a food, beverage, or medicine.

[Claim 4]

The composition according to any one of claims 1 to 3,

wherein the composition inhibits the production of at least one cytokine selected from the group consisting of regulated on activation, normal T cell expressed and secreted (RANTES), monocyte chemotactic protein-1 (MCP-1), interleukin-6 (IL-6), interleukin-8 (IL-8), interleukin-9 (IL-9), and macrophage inflammatory protein-1 (MIP-1).

[Claim 5]

A method of producing a composition, comprising:

mixing hydrolyzed collagen type II of chicken cartilage with chicken extract,

wherein the hydrolyzed collagen type II of chicken cartilage contains Cyclo (Ala-Hyp) or a salt thereof, Cyclo (Pro-Gly) or a salt thereof, guanosine or phosphorylated guanosine, and tryptophan or a salt thereof, and

the chicken extract is an extract obtained by heating chicken meat in a liquid and contains carnosine and/or anserine and/or one or more salts thereof.

[Claim 6]

Use of hydrolyzed collagen type II of chicken cartilage and chicken extract for the production of an anti-inflammatory composition,

wherein the hydrolyzed collagen type II of chicken cartilage contains Cyclo (Ala-Hyp) or a salt thereof, Cyclo (Pro-Gly) or a salt thereof, guanosine or phosphorylated guanosine, and tryptophan or a salt thereof, and

the chicken extract is an extract obtained by heating chicken meat in a liquid and contains carnosine and/or anserine and/or one or more salts thereof.