

DESCRIPTION

MAGNETIC RECORDING MEDIUM
AND
MANUFACTURING METHOD OF THE SAME

TECHNICAL FIELD

[0001] The present invention relates to magnetic recording media and manufacturing method of the media and more particularly, to magnetic recording media in perpendicular magnetic recording type and manufacturing method of the media.

BACKGROUND ART

[0002] In recent years, in magnetic recording apparatuses typified by a HDD (Hard Disk Drive), since the high recording resolution is obtained, perpendicular magnetic recording type have been put into practical use which are comprised of perpendicular two-layer media and single-pole head. Further, as measures for enhancing the in-plane recording density, techniques have been developed to make the magnetic layer bearing recording finer. In the techniques, heat stability of magnetic particles deteriorates due to finer particles, and faced is the so-called thermal fluctuation problem such as deterioration and loss of recorded information. To solve the problem, it has been carried out to provide the magnetic fine-particle structure with increased heat stability using an exchange-coupling type medium that magnetically couples magnetic particles to magnetically stabilize. For example, in CGC media, granular having a fine-particle structure is provided with an exchange coupling layer, and mutually separated magnetic particles are exchange-coupled via the exchange coupling layer (Patent Document 1).

Patent Document 1: USP No. 6,468,670

DISCLOSURE OF INVENTION

[0003] However, in order to strengthen the exchange coupling in the above-mentioned structure, it is required to increase the thickness of the exchange coupling layer to some extent. When the thickness of the exchange coupling layer is thickened, the distance from the main recording layer bearing recording to a magnetic head is inevitably increased, and there is a problem that the so-called spacing loss is increased.

[0004] The present invention was made in view of the aforementioned respect, and it is an object of the invention to provide a magnetic recording medium enabling excellent magnetic recording reproduction characteristics to be exhibited with the spacing loss reduced, and a manufacturing method of the medium.

[0005] A method of manufacturing a magnetic recording medium of the invention is a method of manufacturing a magnetic recording medium for manufacturing a magnetic recording medium having a magnetic recording layer of a granular structure having nonmagnetic boundary portions between pillar-shaped magnetic particles on a nonmagnetic substrate, and an exchange coupling layer provided on the magnetic recording layer to add an action of exchange coupling the magnetic particles, and is characterized by having an ion irradiation step of performing ion irradiation on the entire surface of the exchange coupling layer after layering the exchange coupling layer on the magnetic recording layer.

[0006] A method of manufacturing a magnetic recording medium of the invention is a method of manufacturing a magnetic recording medium for manufacturing a magnetic recording medium having a magnetic recording layer of a granular structure having nonmagnetic boundary portions

between pillar-shaped magnetic particles on a nonmagnetic substrate, and an exchange coupling layer provided on the magnetic recording layer to add an action of exchange coupling the magnetic particles, and is characterized by having an ion irradiation step of performing ion irradiation on the entire surface of the exchange coupling layer so that an amount of change in the ratio c/a of the c axis to the a axis in a crystal lattice of a metal having a hexagonal close-packed structure contained in the exchange coupling layer is $|0.2|\%$ or more.

[0007] According to these method, by ion irradiation, it is possible to effectively control minute exchange coupling occurring between the magnetic recording layer having a fine structure hard to prepare and the exchange coupling layer, it is thus possible to perform with ease without changing various characteristics as a magnetic recording medium, and the magnetic recording media can thereby be manufactured without reducing productivity.

[0008] In the method of manufacturing a magnetic recording medium of the invention, it is preferable that the exchange coupling layer is a film containing Pt and Co, and that the metal is Co.

[0009] In the method of manufacturing a magnetic recording medium of the invention, it is preferable that the thickness of the exchange coupling layer is 7 nm or less, and that a dose in the ion irradiation is in the range of 1×10^{13} to 1×10^{15} (ions/cm²).

[0010] In the method of manufacturing a magnetic recording medium of the invention, it is preferable that in the ion irradiation step, ions are applied from above a protective layer after layering the exchange coupling layer on the magnetic recording layer and further forming the protective layer on the exchange coupling layer.

[0011] A magnetic recording medium of the invention is a magnetic

recording medium having a magnetic recording layer of a granular structure, where pillar-shaped magnetic particles spatially have nonmagnetic boundary portions therebetween, on a nonmagnetic substrate, and an exchange coupling layer provided on the magnetic recording layer to add an action of exchange coupling the magnetic particles, and is characterized in that reversed magnetic domain nucleation magnetic field H_n is -2000Oe ($\times 10^3/4\pi$ A/m) or more, a ratio H_n/H_c of reversed magnetic domain nucleation magnetic field H_n to coercive force H_c is -0.5 or less, and the thickness of the exchange coupling layer is 7 nm or less.

[0012] According to this configuration, by performing ion irradiation on the exchange coupling layer, although the film thickness is thin, it is possible to exhibit high exchange coupling force. Therefore, without increasing the spacing loss, it is possible to obtain excellent magnetic recording reproduction characteristics with the exchange coupling force exerted.

[0013] In the magnetic recording medium of the invention, the exchange coupling layer preferably contains Pt, Co and Cr.

[0014] The magnetic recording medium of the invention is a magnetic recording medium having a magnetic recording layer of a granular structure, where pillar-shaped magnetic particles spatially have nonmagnetic boundary portions therebetween, on a nonmagnetic substrate, and an exchange coupling layer provided on the magnetic recording layer to add an action of exchange coupling the magnetic particles, has reversed magnetic domain nucleation magnetic field H_n of -2000Oe ($\times 10^3/4\pi$ A/m) or more, a ratio H_n/H_c of reversed magnetic domain nucleation magnetic field H_n to coercive force H_c of -0.5 or less, and a film thickness of the exchange coupling layer of 7 nm or less, and

is capable of reducing the spacing loss and exhibiting excellent magnetic recording reproduction characteristics.

BRIEF DESCRIPTION OF DRAWINGS

[0015]

FIG. 1 is a diagram illustrating a configuration of a magnetic recording medium according to an Embodiment of the invention;

FIG. 2 is a graph illustrating the relationship between an amount of change in lattice constant and a dose of ion irradiation;

FIG. 3 is a graph illustrating the relationship between an amount of C/A change and the dose of ion irradiation;

FIG. 4 is a diagram illustrating the relationships between an exchange coupling layer thickness, and H_c and H_n ;

FIG. 5 is a graph illustrating the relationships between the exchange coupling layer thickness, and H_n/H_c and the gradient α of the magnetization curve;

FIG. 6 is a graph illustrating the relationship between H_n/H_c and the dose of ion irradiation; and

FIG. 7 is a graph illustrating the recording density dependence of standardized output obtained from output voltage.

BEST MODE FOR CARRYING OUT THE INVENTION

[0016] An Embodiment of the invention will specifically be described below with reference to accompanying drawings.

FIG. 1 is a cross-sectional view showing a schematic configuration of a magnetic recording medium according to an Embodiment of the invention. This magnetic recording medium is a magnetic recording medium used in perpendicular magnetic recording reproduction type.

[0017] The magnetic recording medium 100 as shown in FIG. 1 is comprised of a disk base 10, adhesive layer 12, first soft magnetic layer

14a, spacer layer 14b, second soft magnetic layer 14c, orientation control layer 16, first underlayer 18a, second underlayer 18b, magnetic recording layer 22, auxiliary recording layer 24, medium protective layer 26 and lubricating layer 28, where each layer is stacked in this order. In addition, the first soft magnetic layer 14a, spacer layer 14b and second soft magnetic layer 14c constitute a soft magnetic layer 14. The first underlayer 18a and second underlayer 18b constitute an underlayer 18.

[0018] As the disk base 10, for example, it is possible to use glass substrates, aluminum substrates, silicon substrates, plastic substrates, etc. When glass substrates are used as the disk base 10, for example, amorphous aluminosilicate glass is formed into a disk shape by direct press to prepare glass disks, and the glass disks are subjected to lapping, polishing and chemical strength successively to prepare the base.

[0019] The adhesive layer 12 is a layer to enhance adhesion with the disk base 10, and is capable of preventing the soft magnetic layer 14 from peeling off. As the adhesive layer 12, for example, it is possible to use CrTi films, etc.

[0020] As the first soft magnetic layer 14a and second soft magnetic layer 14c of the soft magnetic layer 14, for example, it is possible to use FeCoTaZr films, etc. Examples of the spacer layer 14b include Ru films. The first soft magnetic layer 14a and second soft magnetic layer 14c undergo antiferro-magnetic exchange coupling (AFC), the magnetization direction of the soft magnetic layer 14 can thereby be aligned along the magnetic path (magnetic circuit) with high accuracy, components perpendicular to the magnetization direction are extremely reduced, and it is possible to decrease noise occurring from the soft magnetic layer 14.

[0021] The orientation control layer 16 protects the soft magnetic layer 14, while promoting orientation of crystal particles of the underlayer 18.

As materials for the orientation control layer 16, it is possible to use a material selecting from Ni, Cu, Pt, Pd, Zr, Hf and Nb. Further, with the metals as a main component, it is possible to use alloys containing one or more additive elements of Ti, V, Ta, Cr, Mo and W. For example, NiW, CuW and CuCr are suitable.

[0022] Materials constituting the underlayer 18 have an hcp structure, and are capable of growing crystals of the hcp structure of materials constituting the magnetic recording layer 22 as a granular structure. Accordingly, as the crystal orientation of the underlayer 18 is higher, it is possible to enhance the orientation of the magnetic recording layer 22. Among the materials for the underlayer 18 are RuCr and RuCo, as well as Ru. Ru has an hcp structure, and enables the magnetic recording layer with Co as a main component to be oriented with excellence.

[0023] In this Embodiment, the underlayer 18 is comprised of a Ru film of a two-layer structure. In forming the second underlayer 18b on the upper side, the gas pressure of Ar is made higher than in forming the first underlayer 18a on the lower side. When the gas pressure is increased, since the free migration length of sputtered plasma ion is reduced, the deposition rate is decreased, and the crystal orientation is improved. Further, by increasing the pressure, the size of the crystal lattice is decreased. Since the size of the crystal lattice of Ru is larger than the crystal lattice of Co, decreasing the crystal lattice of Ru approaches the crystal lattice of Co, and it is possible to further enhance the crystal orientation of the granular layer of Co.

[0024] The magnetic recording layer 22 is a magnetic layer of a one-layer granular structure. Examples of materials for the magnetic recording layer 22 are CoCrPt-Cr₂O₃, CoCrPt-SiO₂, and CoCrPt-TiO₂. These materials may contain a plurality of oxides.

[0025] The exchange coupling layer 24 is a thin film (auxiliary recording layer) showing high perpendicular magnetic anisotropy and high saturation magnetization M_s (saturation magnetization M_s higher than that in the granular magnetic layer 22) on the granular magnetic layer 22, and exchange-couples magnetic particles in the magnetic recording layer. The exchange coupling layer 24 is intended to improve reversed magnetic domain nucleation magnetic field H_n , resistance to thermal fluctuations, and overwrite characteristics. As the exchange coupling layer 24, for example, it is possible to use CoCrPt and CoCrPtB films. In the magnetic recording medium with such a configuration, exchange coupling is provided in between the magnetic recording layer and the exchange coupling layer.

[0026] The layers of from the adhesive layer 12 to exchange coupling layer 24 are deposited successively on the disk base 10 by a DC magnetron sputtering method in an atmosphere of Ar using a vacuumed deposition apparatus. With consideration given to productivity, it is preferable to form the layers and films by inline type deposition.

[0027] The medium protective layer 26 is a protective layer to protect the magnetic recording layer from shock of a magnetic head. Examples of materials constituting the medium protective layer 26 are Cr, Cr alloys, carbon, zirconium, and silica. Generally, carbon deposited by a CVD method improves the film hardness as compared with the film deposited by a sputtering method, and is capable of protecting the perpendicular recording layer more effectively against shock from the magnetic head.

[0028] As the lubricating layer 28, for example, perfluoro polyether (PEPE) that is a liquid lubricant is diluted with a solvent such as Freon, is applied onto the medium surface by a dipping method, spin coating method or spray method, and undergoes heating processing when

necessary, and the layer 28 is formed.

[0029] Described next is the exchange coupling layer of the magnetic recording medium according to the invention.

In the magnetic recording medium according to the invention, it is preferable that the exchange coupling layer 24 contains a metal having a hexagonal close-packed structure, and that an amount of change in the ratio c/a of the c axis to the a axis in a crystal lattice of the metal ranges from $|0.2|\%$ to $|0.8|\%$.

[0030] In the hexagonal close-packed structure, a state, where an amount of change in the ratio c/a of the c axis to the a axis ranges from $|0.2|\%$ ($+0.2\%$ or more or -0.2% or less) to $|0.8|\%$ ($+0.8\%$ or more or -0.8% or less), is a state where the hexagonal close-packed structure becomes distorted. In other words, this state distorts the hexagonal close-packed structure, increases (extends) the a -axis lattice spacing, and decreases (shrinks) the c -axis lattice spacing. To thus distort the hexagonal close-packed structure, ion irradiation is performed on the entire surface of the exchange coupling layer 24. By the applied ions, it is possible to narrow the c -axis lattice spacing, and widen the a -axis lattice spacing in the hexagonal close-packed structure. In addition, an amount of change in each of the c axis and/or the a axis is $|0.1|\%$ or more ($+0.1\%$ or more or -0.1% or less), and preferably, $|0.2|\%$ or more ($+0.2\%$ or more or -0.2% or less).

[0031] The inventors of the invention measured X-ray diffraction of the exchange coupling layer irradiated with Ar^+ ions and examined on whether the hexagonal close-packed structure becomes distorted by ion irradiation. Herein, a CoCrPtB film containing Pt and Co was used as the exchange coupling layer, and the crystal lattice of Co was examined. The results are shown in FIGs. 2 and 3. As can be seen from FIG. 2, as

the dose in ion irradiation increases, the a-axis lattice spacing is increased, and the c-axis lattice spacing is decreased. Further, as can be seen from FIG. 3, as the dose in ion irradiation increases, an amount of change in c/a is increased. In this way, it was confirmed that the hexagonal close-packed structure becomes distorted by ion irradiation.

[0032] The conditions of ion irradiation to thus distort the hexagonal close-packed structure can be determined as appropriate in consideration of the film thickness of the exchange coupling layer 24. For example, when the thickness of the exchange coupling layer 24 ranges from 3 nm to 7 nm, the dose in ion irradiation preferably ranges from 1×10^{13} to 5×10^{14} (ions/cm²).

[0033] The film thickness is thinned in the exchange coupling layer with the hexagonal close-packed structure thus distorted. Described next is the exchange coupling force of the exchange coupling layer with the film thickness thus thinned. When the film thickness is changed in the exchange coupling layer 24, the coercive force (H_c) and reversed magnetic domain nucleation magnetic field (H_n) change. As the exchange coupling layer 24 is thicker, H_c decreases and the absolute value of H_n increases (the value is negative, and therefore, decreases). Herein, as an indicator indicating the exchange coupling force, H_n/H_c is used. Actually, the value of the gradient α of magnetization curve is preferably, but H_n can be seen easier than the value of the gradient α , and the value of H_n is used to examine.

[0034] In magnetic recording media where on the glass substrate were successively layered a soft magnetic layer (CoTaZrFe/Ru/CoTaZrFe) with a thickness of 60 nm, orientation control layer (NiW) with a thickness of 10 nm, underlayer (Ru) with a thickness of 20 nm, magnetic recording layer (CoCrPt-oxide) with a thickness of 13 nm, exchange coupling layer,

medium protective layer with a thickness of 5 nm, and lubricating layer with a thickness of 1.3 nm, H_c and H_n were obtained when the film thickness of the exchange coupling layer 24 was 10.5 nm, 7 nm, 5.5 nm, 4 nm and 0 nm. In addition, H_c and H_n were measured using NEOARK corporation Kerr magnetism measurement equipment, while applying the external magnetization with the Kerr diffraction angle of the magnetic recording layer set at the perpendicular direction. The results are shown in FIG. 4. As can be seen from FIG. 4, as the exchange coupling increases (the thickness of the exchange coupling layer decreases), the rectangular shape of hysteresis of the magnetization curve is better, and the absolute value of H_n increases.

[0035] Further, the gradient α of the magnetization curve and the value of H_n/H_c were obtained when the film thickness of the exchange coupling layer 24 was thus 10.5 nm, 7 nm, 5.5 nm, 4 nm and 0 nm. The results are shown in FIG. 5. As can be seen from FIG. 5, in the gradient α of the magnetization curve, equal values are obtained in no exchange coupling layer 24 and the exchange coupling layer with a thickness of 5.5 nm. Meanwhile, the value of H_n/H_c is higher as the film thickness of the exchange coupling layer 24 is thinner. Thus, with respect to the exchange coupling force in the exchange coupling layer when the film thickness is changed, it is understood that using H_n/H_c as an indicator is preferable to using α as an indicator.

[0036] Then, in the magnetic recording media with the above-mentioned configuration, the inventors of the invention examined H_n/H_c when ion irradiation was performed on the exchange coupling layer while changing the film thickness of the exchange coupling layer 24 to 10.5 nm, 7 nm and 5.5 nm. The results are shown in FIG. 6. As can be seen from FIG. 6, with respect to H_n/H_c to be an indicator of the exchange coupling force,

almost the same values are shown in the exchange coupling layer with a thickness of 10.5 nm without undergoing ion irradiation and the exchange coupling layer with a thickness of 7 nm with ion irradiation (dose: 4×10^{13} (ions/cm²) performed thereon. In other words, by performing ion irradiation on the exchange coupling layer, although the film thickness was thin, it was possible to cause the high exchange coupling force to be exerted.

[0037] In the invention, H_n/H_c is a negative value, preferably -0.2 or less, and more preferably, -0.5 or less. Further, in this range, it is preferable that a value is lower in the case of performing ion irradiation than in the case of not performing ion irradiation, and it is more preferable that a value is lower in the case of performing ion irradiation than in the case of not performing ion irradiation by -0.05 or less. Accordingly, it is desirable to define the thickness of the exchange coupling layer so as to obtain such H_n/H_c , and further, it is desirable to set conditions of ion irradiation so as to obtain such a thickness of the exchange coupling layer. Furthermore, the reversed magnetic domain nucleation magnetic field H_n is preferably -2000Oe ($\times 10^3/4\pi$ A/m) or more.

[0038] The magnetic recording media with the above-mentioned configuration exhibit the high exchange coupling force by performing ion irradiation on the exchange coupling layer, although the film thickness is thin. Therefore, without increasing the spacing loss, it is possible to obtain excellent magnetic recording reproduction characteristics with the exchange coupling force exerted. Further, in the method of the invention, by ion irradiation, it is possible to effectively control minute exchange coupling occurring between the magnetic recording layer having a fine structure hard to prepare and the exchange coupling layer,

it is thus possible to perform with ease without changing various characteristics as a magnetic recording medium, and the magnetic recording media can thereby be manufactured without reducing productivity.

[0039] Further, the magnetic recording medium according to the invention is a magnetic recording medium provided with a magnetic recording layer having a granular structure with nonmagnetic layers between magnetic particles, and an exchange coupling layer that is provided on the magnetic recording layer to subject the magnetic particles to exchange coupling, and may have a configuration that the exchange coupling layer contains a metal having a hexagonal close-packed structure, and an amount of change in the ratio c/a of the c axis to the a axis in a crystal lattice of the metal ranges from $|0.2|\%$ to $|0.8|\%$.

[0040] Furthermore, in the magnetic recording medium according to the invention, such a structure is more preferable that the exchange coupling layer is a film containing Pt and Co, and that the metal is Co.

[0041] Still furthermore, in the magnetic recording medium according to the invention, such a structure is more preferable that the thickness of the exchange coupling layer ranges from 3 nm to 7 nm.

[0042] Moreover, in the magnetic recording medium according to the invention, such a structure is more preferable that the ratio H_n/H_c of reversed magnetic domain nucleation magnetic field H_n to coercive force H_c is -0.2 or less in the exchange coupling layer.

[0043] Further, a method of manufacturing a magnetic recording medium of the invention is a method of manufacturing a magnetic recording medium provided with a magnetic recording layer having a granular structure with nonmagnetic portions between magnetic particles,

and an exchange coupling layer provided on the magnetic recording layer to add an action of exchange coupling the magnetic particles, where the method may have a configuration that ion irradiation is performed on the exchange coupling layer, and that an amount of change in the ratio c/a of the c axis to the a axis in a crystal lattice of a metal having a hexagonal close-packed structure contained in the exchange coupling layer is $\geq 0.2\%$ or more.

[0044] Described next is an Example performed to clarify the effects of the invention.

(Example)

Amorphous aluminosilicate glass was formed into a disk shape by direct press to prepare glass disks, and the glass disks were subjected to lapping, polishing and chemical strength successively to prepare the glass substrates. On the glass substrate were deposited successively a soft magnetic layer (CoTaZrFe/Ru/CoTaZrFe) with a thickness of 60 nm, a NiW film with a thickness of 10 nm, a Ru film with a thickness of 20 nm, a CoCrPt-SiO₂ film with a thickness of 13 nm, and an exchange coupling layer (CoCrPt) with a thickness of 7 nm by a DC magnetron sputtering method in an atmosphere of Ar. Next, the exchange coupling layer was irradiated with Ar⁺ ions with a dose of 4×10^{13} (ions/cm²). Then, a carbon layer with a thickness of 5 nm was formed on the exchange coupling layer by a CVD method, a lubricating layer with a thickness of 1.3 nm was formed on the carbon layer by a dip method, and magnetic recording media of this Example were prepared.

[0045] Electromagnetic conversion characteristic evaluations were performed on the obtained magnetic recording media. The electromagnetic conversion characteristic evaluations were performed by examining recording reproduction characteristics by a magnetic head

using a spin stand. More specifically, signals were recorded while changing the recording frequency and further changing the recording density, reproduction outputs of the signals were read, and the characteristics were thus examined. In addition, as a magnetic head, a perpendicular recording merge type head was used where a perpendicular recording single-pole head (for recording) and GMR head (for reproduction) are merged. The results are shown in FIG. 7. FIG. 7 is a graph illustrating the recording density dependence of standardized output (normalized TAA) obtained from the output voltage.

[0046]

(Comparative Example)

Magnetic recording media of a Comparative Example were prepared in the same way as in the Example except ion irradiation being not performed on the exchange coupling layer with a film thickness of the exchange coupling layer of 10.5 nm. Electromagnetic conversion characteristic evaluations were performed on the obtained magnetic recording media in the same way as in the Example. The results are also shown in FIG. 7.

[0047] As can be seen from FIG. 7, in the magnetic recording media of the Example, the so-called T_{50} is improved that is the recording density when an output voltage obtained from roll-off becomes 50%. In other words, in the magnetic recording media of this Example, the resolution of a medium output is improved. This is because it is considered that in the magnetic recording media of the Example, a desired exchange coupling force is obtained by ion irradiation even when the film thickness is thin, and that the spacing loss is reduced.

[0048] The present invention is not limited to the above-mentioned Embodiment, and is capable of being carried into practice with

modifications thereof as appropriate. For example, the magnetic recording layer and the exchange control layer are not limited particularly in their structures, but preferably, the magnetic recording layer is at least one magnetic layer having a granular structure, and as the exchange coupling layer, it is possible to use a layer having a granular structure, continuous film, the so-called cap layer where the degree of isolation of particles is lower than that in the granular layer, or an amorphous layer without having a crystal structure. Further, it is considered that the strongest exchange coupling is exerted when the magnetic recording layer and the exchange coupling are in direct contact with each other, but direct contact is not always necessary. Furthermore, as the relative positions of the magnetic recording layer and the exchange coupling layer, it is considered better that the magnetic recording layer is arranged in the vicinity of a recording reproduction head, but in perpendicular recording media and the like where a soft magnetic reinforcing layer exists to supplement the head write magnetic field, when the sufficient magnetic field is applied to the recording layer, the exchange coupling layer may be disposed closer to the head, and the magnetic layer may be disposed relatively far from the head.

[0049] Moreover, the layer structures, the materials for members, the numbers, sizes, processing procedures and the like in the above-mentioned Embodiment are of examples, and are capable of being carried into practice with various modifications thereof within the scope of exhibiting the effects of the invention. Further, the invention is capable of being carried into practice with modifications thereof as appropriate without departing from the scope of the invention.

CLAIMS

1. A method of manufacturing a magnetic recording medium having a magnetic recording layer of a granular structure having nonmagnetic boundary portions between pillar-shaped magnetic particles on a nonmagnetic substrate, and an exchange coupling layer provided on the magnetic recording layer to add an action of exchange coupling the magnetic particles,

wherein the method has an ion irradiation step of performing ion irradiation on the entire surface of the exchange coupling layer after layering the exchange coupling layer on the magnetic recording layer.

2. A method of manufacturing a magnetic recording medium having a magnetic recording layer of a granular structure having nonmagnetic boundary portions between pillar-shaped magnetic particles on a nonmagnetic substrate, and an exchange coupling layer provided on the magnetic recording layer to add an action of exchange coupling the magnetic particles,

wherein the method has an ion irradiation step of performing ion irradiation on the entire surface of the exchange coupling layer so that an amount of change in a ratio c/a of a c axis to an a axis in a crystal lattice of a metal having a hexagonal close-packed structure contained in the exchange coupling layer is $|0.2|\%$ or more.

3. The method of manufacturing a magnetic recording medium according to claim 1 or 2, wherein the exchange coupling layer is a film containing Pt and Co, and the metal is Co.

4. The method of manufacturing a magnetic recording medium according to claim 1 or 2, wherein a thickness of the exchange coupling layer is 7 nm or less, and a dose in the ion irradiation is in the range of

1×10^{13} to 1×10^{15} (ions/cm²).

5. The method of manufacturing a magnetic recording medium according to claim 1 or 2, wherein in the ion irradiation step, ions are applied from above a protective layer after layering the exchange coupling layer on the magnetic recording layer and further forming the protective layer on the exchange coupling layer.

6. A magnetic recording medium comprising:

a magnetic recording layer of a granular structure, where pillar-shaped magnetic particles spatially have nonmagnetic boundary portions therebetween, on a nonmagnetic substrate; and

an exchange coupling layer provided on the magnetic recording layer to add an action of exchange coupling the magnetic particles,

wherein reversed magnetic domain nucleation magnetic field H_n is -2000Oe or more, a ratio H_n/H_c of reversed magnetic domain nucleation magnetic field H_n to coercive force H_c is -0.5 or less, and a film thickness of the exchange coupling layer is 7 nm or less.

7. The magnetic recording medium according to claim 6, wherein the exchange coupling layer contains Pt, Co and Cr.