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(54) Title: COMPOSITIONS FOR THERAPEUTIC USE COMPRISING A VITAMIN, A METAL SALT AND INSULIN OR A GROWTH HORMONE

(57) Abstract: A composition having a variety of therapeutic and cosmetic uses comprises: (i) a vitamin; (ii) a metal salt that provides metal ions *in vivo*; and (iii) insulin or a growth hormone. Such a composition may be used to treat, for example, genetic disorders, skin diseases, cancer and viral infections.