Claims

1. A sliding element comprising: a sliding plate comprising a base plate and a flange plate offset from the base plate and connected in one piece to the base plate; and a sealing device comprising at least one sealing element, which forms a sealing frame that is arranged on a rear side of the sliding plate and that extends peripherally along an edge of the sliding plate, wherein: an edge of the flange plate is separated from the base plate by a circumferential anchor groove configured to hold the at least one sealing element, the at least one sealing element comprises a compression member and an anchor member that is connected via a connection body to the compression member, the connection body and the anchor member being co-linear and the connection body being connected directly to the compression member, the anchor member of the at least one sealing element held within the anchor groove is aligned at least approximately in parallel to the sliding plate, the compression member of a first sealing element of the at least one sealing element has a first compression axis, which is aligned perpendicular to the rear side of the sliding plate and aligned perpendicular to a longitudinal axis of the anchor member, and the compression member of the first sealing element extends along the first compression axis beyond a rear side of the flange plate.

2. The sliding element according to claim 1, wherein: the at least one sealing element includes the first sealing element and a second sealing element, the first sealing element is anchored with its anchor member (i) in an upper anchor groove section of the anchor groove at an

upper side of the sliding plate, (ii) in a left anchor groove section at a left side of the sliding plate, and (iii) in a right anchor groove section of the anchor groove at a right side of the sliding plate, and the second sealing element is anchored with its anchor member in a lower anchor groove section of the anchor groove at a lower side of the sliding plate.

3. The sliding element according to claim 2, wherein the compression member of the first sealing element has a form, which is at least approximately symmetrical and which corresponds at least approximately to a form of a cardioid having two contact zones and a symmetry axis, which corresponds to the first compression axis.

4. The sliding element according to claim 2, wherein the anchor member of the second sealing element held within the anchor groove is aligned at least approximately in parallel to the sliding plate and the compression member of the second sealing element has a second compression axis, which is aligned in parallel to the sliding plate.

5. The sliding element according to claim 4, wherein the second compression axis, which, after mounting of the second sealing element, is vertically aligned, traverses the anchor member and the compression member of the second sealing element.

6. The sliding element according to claim 4, wherein the compression member of the second sealing element comprises one or two bending folds or a plurality of mutually displaced bending folds arranged alternately on both sides of the compression member of the second sealing element and aligned so as to be inclined, perpendicular to the second compression axis.

7. The sliding element according to claim 6, wherein the compression member of the second sealing element comprises at least two compression chambers, which are arranged along the second compression axis one upon the other.

8. The sliding element according to claim 7, wherein the bending fold or one of the bending folds is arranged along the second compression axis between the compression chambers.

9. The sliding element according to claim 7, wherein the bending fold or the bending folds and the compression chambers are designed such that, during a displacement of the second sealing element along the second compression axis, the compression member of the second sealing element is folded, whereby the compression chambers move essentially along the second compression axis.

10. The sliding element according to claim 1, further comprising: a second sealing element, separate and distinct from the at least one sealing element, extending along a lower edge of the sliding element, the second sealing element comprising: an anchor member and a compression member; at least two compression chambers that are arranged one upon the other along a related compression axis; and one or two bending folds or a plurality of mutually displaced bending folds arranged alternately on opposite sides of the compression member of the second sealing element, wherein the bending fold or the bending folds and the compression chambers are designed such that, during a displacement of the second sealing element along the related compression axis, the compression member of the second sealing element is

foldable, and the compression chambers are movable during folding essentially along the related compression axis.

11. The sliding element according to claim 10, wherein the bending fold or the bending folds are aligned so as to be inclined, perpendicular to the related compression axis.

12. The sliding element according to claim 10, wherein the bending fold or one of the bending folds lies along the related compression axis between the compression chambers.

13. The sliding element according to claim 10, wherein the related compression axis traverses the anchor member and the compression member of the second sealing element.

14. The sliding element according to claim 10, wherein between the anchor member and the compression member of the second sealing element a shoulder member is provided that is aligned perpendicular to the related compression axis.