A DRY POWDER INHALATION SYSTEM

CROSS REFERENCE TO RELATED APPLICATIONS

[0001] This application claims the benefit under 35 U.S.C. §119(e) of United States Provisional Application numbers 61/040,112 filed March 27, 2008 and 61/143,370 filed January 8, 2009; the contents of each of these applications are incorporated by reference herein in their entirety.

TECHNICAL FIELD

[0002] A pulmonary drug delivery system is disclosed. The system includes a dry powder inhaler; and a unit dose cartridge for using with the inhaler. The cartridge can contain a drug delivery formulation for pulmonary delivery, for example, a formulation comprising a diketopiperazine and an active ingredient including peptides and proteins such as insulin and glucagon-like peptide 1. The dry powder inhaler is compact and comprises a housing, and a mouthpiece having a chamber to install the unit dose cartridge containing medicament and can be separated from its housing for ease of cleaning.

[0003] All references cited in this specification, and their references, are incorporated by reference herein in their entirety where appropriate for teachings of additional or alternative details, features, and/or technical background.

BACKGROUND

[0004] Drug delivery systems for the treatment of disease which introduce active ingredients into the circulation are numerous and include oral, transdermal, inhalation, subcutaneous and intravenous administration. Drugs delivered by inhalation are typically delivered using positive pressure relative to atmospheric pressure in air with propellants. Such drug delivery systems deliver drugs as aerosols, nebulized or vaporized. More recently, drug delivery to lung tissue has been achieved with dry powder inhalers. Dry powder inhalers can be breath-activated to deliver drugs by converting drug particles in a carrier into a fine dry powder which is entrained into an airflow and inhaled by the patient. Drugs delivered with the use of a dry powder inhaler can no longer be intended to treat pulmonary disease only, but also specific drugs can be used to treat many conditions, including diabetes and obesity.

[0005] Dry powder inhalers, used to deliver medicaments to the lungs, contain a dose system of a powder formulation usually either in bulk supply or quantified into individual doses stored in unit dose compartments, like hard gelatin capsules or blister packs. Bulk containers are equipped with a measuring system operated by the patient in order to isolate a single dose from the powder immediately before inhalation. Dosing reproducibility requires that the drug formulation is uniform and that the dose can be delivered to the patient with consistent and reproducible results. Therefore, the dosing system must operate to completely discharge all of the formulation effectively during an inspiratory maneuver when the patient is taking his/her dose. Flow properties of the powder formulation, and long term physical and mechanical stability in this respect, are more critical for bulk containers than they are for single unit dose compartments. Good moisture protection can be achieved more easily for unit dose compartments such as blisters, however. foils used to seal the blisters and subsequent drug formulation lose viability with long storage.

[0006] Dry powder inhalers such as those describe in U.S. Patent No. 7,305,986 and U.S. Patent Application No. 10/655,153 (US 20040182387), the disclosures of which are incorporated herein by reference in their entirety for all they disclose regarding dry powder inhalers, can generate primary drug particles or suitable inhalation plumes during an inspiratory maneuver by deagglomerating the powder formulation within a capsule. The amount of fine drug discharged from the inhaler's mouthpiece during inhalation is largely dependent on the interparticulate forces in the powder formulation (between drug and drug particles or between drug and excipient particles) and the efficiency of the airflow as measured by pressure drop and flow rate entering and exiting the dry powder dispenser. The benefits of delivering drugs via the pulmonary circulation are numerous and include, rapid absorption into the arterial circulation, avoidance of drug degradation by liver metabolism, ease of use, *i.e.*, lack of discomfort of administration by other routes of administration.

[0007] Dry powder inhaler products developed for pulmonary inhalation have met with limited success to date, due to lack of practicality. Some of the persistent problems observed with prior art inhalers, include ruggedness of device, inconsistency in dosing, inconvenience of the equipment, and/or lack of patient compliance. Therefore, the inventors have designed and manufactured a dry powder inhaler with consistent drug delivery properties, ease of use without

discomfort, improved ruggedness, and discrete geometries which would allow for better patient compliance.

SUMMARY

[0008] Dry powder inhaler systems for pulmonary delivery of pharmaceuticals are disclosed. The dry powder inhalation systems comprise a dry powder inhalation device or inhaler and at least one cartridge containing a pharmaceutical formulation comprising at least one active ingredient for delivery to the pulmonary circulation. The present inhalation systems provide rugged devices which are reusable, use pre-metered unit dose cartridges and can be separated into their principal component parts for ease of cleaning. The devices also provide high resistance inhalation systems which enable deagglomeration of dry powder particles, have consistent airflow and are simple and easy to use.

[0009] In one embodiment, a dry powder inhaler comprises a housing, and a mouthpiece, wherein the housing comprises a mouthpiece engaging section structurally configured to engage with the mouthpiece, and the mouthpiece being removable at predetermined positions relative to the housing, and having a conduit permitting airflow between an air inlet and an air exit port, and comprising a chamber and an oral placement section; the mouthpiece further being structurally configured to be moveable within the housing in an engaged position and releasable from the housing at a predetermined position. The dry powder inhaler mouthpiece is structurally configured to receive, hold and/or release a medicament containing cartridge in the chamber.

[00010] In another embodiment, the housing comprises a container structurally configured to adapt to the mouthpiece and has one or more openings for allowing air intake into the mouthpiece chamber. In such an embodiment, the housing has securing mechanisms to hold the mouthpiece chamber and permit the mouthpiece assembly to be moveable within the housing to a storage position, to a cartridge loading/unloading position, mouthpiece separable position, to an inhalation position and in reversed order.

[00011] In still another embodiment, the mouthpiece assembly engages the mouthpiece at the mouthpiece engaging section of the housing. The housing can comprise an air intake section having an air conduit with one or more first openings to allow ambient air intake and a second opening in communication with the mouthpiece engaging section which allows airflow through the air conduit and out into the housing engaging section, the engagement of the mouthpiece

substantially prevents ambient air from entering the conduit except at the one or more first openings in the housing for air intake. In one embodiment, the housing also comprises a mouthpiece storage section.

[00012] In yet another embodiment, the dry powder inhaler mouthpiece assembly can move relative to the housing and the movement of the mouthpiece within the housing can reconfigure a cartridge seated in the inhaler from a closed configuration to an open configuration, or from an open to a closed configuration. Movement of the mouthpiece within the housing can be of various types, such as translational or rotational. In one such embodiment, movement about the housing is rotational, and can be restricted at predetermined locations relative to the housing to provide registration of positions of the mouthpiece in use. In one embodiment, for example, movement of the mouthpiece assembly is rotational and the mouthpiece can rotate from the storage position to a cartridge loading/unloading position to an inhalation position. In another embodiment, the mouthpiece further comprises a mouthpiece oral placement section and a medicament containing cartridge receiving section; the cartridge receiving section configured to permit and direct air flow through and around the cartridge.

[00013] In a further embodiment, the air conduit of the air intake section of the housing is in communication with the air exit port of the mouthpiece when the cartridge is in an open configuration. The airflow conduit is established between one or more first openings in the housing; then air passes through the airflow conduit within the housing and exits a second opening of the mouthpiece engaging section and enters into the mouthpiece chamber wherein a percentage of intake air volume goes through the cartridge and a percentage of intake air volume goes around the cartridge during an inhalation maneuver. In this embodiment, the airflow path then enters the mouthpiece chamber and enters and exits the conduit of the mouthpiece oral placement section. In a further embodiment, with a cartridge containing medicament placed in the chamber, airflow entering the chamber from the housing outlet port is diverted so that a percentage of the airflow volume goes through the cartridge and a percentage of the airflow volume goes around the cartridge. Both air flow volumes, exiting the cartridge with a medicament and airflow around the cartridge, converge prior to entering and exiting the air exit port of the mouthpiece of the oral placement section.

[00014] In another embodiment, a dry powder inhaler is provided comprising a housing, and a mouthpiece assembly, the housing having a top wall, a bottom wall, side walls; a mouthpiece engaging section, a mouthpiece storage section, and an air intake section having a conduit with a first opening to allow ambient air intake and a second opening in communication with the mouthpiece engaging section which allows air flow therethrough; the mouthpiece subassembly being removable and comprising a chamber structurally configured to house a cartridge and to engage with the mouthpiece engaging section of the housing; an oral placement section extending from the chamber and having an air inlet which communicates with the chamber and an air outlet in communication with ambient air.

[00015] In embodiments described herewith, a breath-powered inhaler is provided comprising, an inhaler with resistance values that can be tunable or changed as required by the patient being an adult or a child. In one embodiment, the resistance values of the inhaler can be altered by changing the geometries or configuration of the air conduits so that airflow distribution through the cartridge and around the cartridge can vary. In one embodiment, inhaler resistance values can range between 0.08 and 0.15 $\sqrt{kPa}$/liters per minute. In certain embodiments, flow balance distribution can range from about 10% to about 30% through the cartridge and from about 70% to 90% going around the cartridge.

[00016] In still a further embodiment, the dry powder inhalation system comprises a breath-activated dry powder inhaler, a cartridge containing medicament, wherein the medicament can comprise a diketopiperazine and an active agent. In some embodiments, the active agent comprises peptides and proteins. In another embodiment, the inhalation system comprises a cartridge containing medicament wherein the peptide or protein can be an endocrine hormone: including, insulin, glucose-like peptide (GLP-1), parathyroid hormone, parathyroid hormone related protein (PTHrP), and the like.

[00017] In one embodiment, the dry powder inhalation system can comprise a cartridge including a formulation for pulmonary delivery which can be provided for use with different dosage strengths, wherein the system can deliver the dosage with consistency and in a linear manner. In this embodiment, for example, multiple cartridges of a single dose to be administered to a subject can be interchangeably replaced or substituted by providing the system with a single

cartridge of the sum of the dosage strength of the multiple cartridges, wherein the system can deliver a bioequivalent dose with a single cartridge.

BRIEF DESCRIPTION OF THE DRAWINGS

[00018] FIG. 1 illustrates a three dimensional side view of an embodiment of a dry powder inhaler in a storage position.

[00019] FIG. 2 illustrates the back side view of the dry powder inhaler of FIG. 1 showing the mouthpiece subassembly moved from the storage position to a cartridge loading position wherein the cap is opened. In this embodiment, this is also the position at which the mouthpiece can be separated.

[00020] FIG. 3 illustrates the back side view of the dry powder inhaler of FIG. 1 showing the mouthpiece subassembly has been moved to the inhalation position for use.

[00021] FIG. 4 illustrates the back side view of the dry powder inhaler of FIG. 1 showing the mouthpiece subassembly has been moved to an unloading position after inhalation.

[00022] FIG. 5 illustrates the dry powder inhaler of FIG. 1, showing the housing subassembly and the mouthpiece subassembly disengaged from one another.

[00023] FIG. 6 illustrates a top view section of a housing subassembly of a dry powder inhaler.

[00024] FIG. 7 illustrates the dry powder inhaler shown in FIG. 3 in cross-section.

[00025] FIG. 8 illustrates the dry powder inhaler of FIG. 1, showing an exploded view of the housing subassembly.

[00026] FIG. 9 illustrates the dry powder inhaler of FIG. 1, showing the mouthpiece subassembly removed from the housing component.

[00027] FIG. 10 illustrates the dry powder inhaler of FIG. 1, showing an exploded view of the mouthpiece subassembly.

[00028] FIG. 11 illustrates an alternate embodiment of the dry powder inhaler system showing the inhaler in a cartridge loading position. FIG. 11 also depicts a cartridge embodiment for use with a dry powder inhaler according to the present description.

[00029] FIG. 12 illustrates the embodiment of FIG. 11 with a cartridge loaded into the dry powder inhaler with the cap open.

[00030] FIG. 13 illustrates the embodiment of FIG. 11 showing the dry powder inhaler in an inhalation position.

[00031] FIG. 14 illustrates the embodiment of FIG. 13 showing the dry powder inhaler in inhalation position as a cross-section through the mid-longitudinal axis.

[00032] FIG. 15 illustrates a cross-section of an embodiment wherein the dry powder inhaler is shown in the dosing position and containing a cartridge.

[00033] FIG. 16 illustrates an embodiment of a three dimensional side view of a cartridge for use with the dry powder inhalation system.

[00034] FIG. 17 illustrates an embodiment of a three dimensional back side view cartridge for use with the dry powder inhalation system.

[00035] FIG. 18 illustrates an embodiment of an exploded three dimensional view of the cartridge for use with the dry powder inhalation system.

[00036] FIG. 19 illustrates a mean baseline-corrected GIR (glucose infusion rate) for two 15 U cartridges and one 30 U cartridge of an inhalation powder comprising insulin and fumaryl diketopiperazine, and for 10 IU of RAA.

[00037] FIG. 20A depicts a schematic representation of a cartridge loaded into a cartridge rig in cross-section for measuring pressure across the cartridge. FIG. 20B illustrates a diagram of a resistance circuit illustrating the various resistors associated with the cartridge rig illustrated in FIG. 20A.

[00038] FIG. 21A illustrates a schematic representation of a portion of the inhaler in cross-section showing components parts. FIG. 21B illustrates a diagram of a resistance circuit of an inhaler embodiment of FIG. 21A used for measuring the resistance and pressure of the device.

[00039] FIG. 22 depicts a linear regression plot illustrating the resistance measured through an exemplary cartridge rig tested or R3, at flow rates between 2 and 9 liters/min.

DETAILED DESCRIPTION

[00040] In embodiments disclosed herein, there are disclosed dry powder inhalation systems for delivering pharmaceutical medicaments to the pulmonary circulation. The inhalation systems comprise a breath-powered or breath activated, dry powder inhaler, one or more cartridges containing a pharmaceutical formulation comprising one or more pharmaceutically active substances or active ingredients, and a pharmaceutically acceptable carrier.

[00041] One embodiment of a dry powder inhaler is shown in FIG. 1. Therein, dry powder inhaler **100** comprises housing **102**, and removable mouthpiece assembly or subassembly **104**. FIG. 1 illustrates dry powder inhaler **100** in a closed or storage position, wherein mouthpiece oral placement section **106** (illustrated in FIG. 2) is stowed away under cover **108**. FIG. 1 also illustrates cover or lid **110** over mouthpiece chamber **112** (illustrated in FIG. 2). In one embodiment of FIG. 1, housing **102** is structurally configured to be relatively rectangular in shape and has top wall **114**, bottom wall **116**, back wall **118**, first side wall **120**, second side wall (not illustrated), mouthpiece engaging section **122**, mouthpiece storage section **124**, and an air intake section as part of housing **102**.

[00042] FIG. 2 illustrates dry powder inhaler **100** from FIG. 1, showing the inhaler in a cartridge loading/unloading position with lid **110** open to allow a mating cartridge to be inserted into the central cavity of mouthpiece chamber **112**. FIG. 2 also illustrates removable mouthpiece subassembly **104** is movable from the storage position in the housing to about 90° relative to longitudinal x-axis **202** of housing **102** rotated about y-axis **204**. In certain embodiments, the cartridge loading/unloading position of mouthpiece assembly **104** can be any predetermined angle as desired. As illustrated in FIG. 2, mouthpiece engaging section **122** of housing **102** is relatively circular in shape on the side wall and is shorter in height compared to the rest of housing **102** to accommodate mouthpiece chamber **112** and can form one end of inhaler **100**. Housing **102** can also comprise an air conduit with one or more first openings to allow ambient air intake and a second opening in communication with mouthpiece engaging section **122** which allows air flow from the intake section through the conduit into mouthpiece chamber **112** in the inhalation position.

[00043] FIG. 3 depicts dry powder inhaler **100** illustrated in FIG 1, showing removable mouthpiece assembly **104** in an extended or inhalation position. In this embodiment, removable

mouthpiece assembly **104** is at about 180° angle relative to the longitudinal x-axis **202** of housing **102** rotated about y-axis **204**. In some embodiments, the inhalation position of mouthpiece assembly **104** can be varied depending on the structural configuration of the cartridge design to be adapted with the inhaler, and the rotational degrees a cartridge may be rotated to properly align apertures that allow air to enter and exit the cartridge carrying a plume of medicament into mouthpiece exit port **302**.

[00044] FIG. 4 illustrates dry powder inhaler **100** of FIG. 1 showing removable mouthpiece assembly **104** being moveable about the loading/unloading position after use. It should be noted that lid **110** remains closed during movement of removable mouthpiece assembly **104** about housing **102**. FIG. 4 also illustrates mouthpiece oral placement section **106** can be configured with tongue depressor **402** which acts to properly depress the tongue of a user.

[00045] FIG. 5 illustrates dry powder inhaler **100** of FIG. 1 comprising the component parts, removable mouthpiece assembly **104** and housing **102**. Removable mouthpiece assembly **104** comprising mouthpiece chamber **112** structurally configured with cartridge holder area **502**, one or more belts **504** and one or more flanges **506**, lid **110** and air inlet port **508** which communicates with the housing second opening to engage with mouthpiece engaging section **122** of housing **102**; mouthpiece oral placement section **106** extending from mouthpiece chamber **112** and having air inlet port **508** which communicates with mouthpiece chamber **112** and mouthpiece exit port **302** which is in communication with ambient air. Drive key **510** structurally configured to have indicator **512**, for example, in the shape of a tear drop for proper placement of a cartridge in dry powder inhaler **100** is also shown in FIG. 2 and FIG. 5. Proper alignment of a cartridge in the inhaler indicates the correct relative rotational orientation and determines successful cartridge seating, insertion and emptying in use. In such an embodiment, a cartridge cannot be properly seated unless tear drop **1602** of cartridge **1600** (FIG. 11) and drive key **510** align with one another.

[00046] Lid **110** is positioned over mouthpiece chamber **112** and is mechanically connected to removable mouthpiece assembly **104** by hinge **514**. Lid **110** has an outer surface and an inner surface and it is structurally configured with an anvil in its inner top surface and relatively centered within the top. Lid **110** can only be opened when removable mouthpiece assembly **104** is in the loading/unloading position. When removable mouthpiece assembly **104**

is engaged into housing **102** an interlocking mechanism prevents movement to a dosing/inhalation position or to a storage position when lid **110** is opened or raised. The interlocking mechanism can comprise, for example, one or more belts or flexible radial arms, which are incorporated into the walls of mouthpiece chamber **112** and act as a self-synching mechanism **602** in FIG. 6. The interlocking mechanism allows removable mouthpiece assembly **104** to obtain proper registration of the various positions when dry powder inhaler **100** is in use. Lid **110** can be maintained in a closed position by a locking mechanism, for example, a spring loaded boss such as a lock-out button which can engage a receiving detent within housing **102**. In an alternate embodiment, the locking mechanism comprises an upward extension of the housing wall. The locking mechanism **602** can also serve to secure the mouthpiece subassembly against further rotation. Position registration of removable mouthpiece assembly **104** allows the inhaler to be properly used and prevents movement of removable mouthpiece assembly **104** to the dosing position without lid **110** being depressed.

[00047] FIG. 5 also illustrates housing **102** separated from removable mouthpiece assembly **104** showing mouthpiece engaging section **122** having an opening or cavity **516** with top wall **114** partially discontinuous to adapt, receive and hold removable mouthpiece assembly **104** and structurally configured to accommodate the mouthpiece. Housing **102** is configured to have an upward projection of the wall or second flange **518** around the top outer portion of mouthpiece engaging section **122** and a protrusion configured as a drive key in its bottom wall configured to mate with a keying structure of a cartridge. The proper alignment of a cartridge within dry powder inhaler **100** is dependent on drive key **510** having an indicator **512** and one or more indentation **126** (FIG. 2) in removable mouthpiece assembly **104** and drive key **510** and of housing **102**.

[00048] Housing **102** comprises mouthpiece engaging section **122** having an outer wall, an inner wall and a bottom wall contiguous with the side and bottom walls respective of housing **102**, and configured to adapt to the mixing section of removable mouthpiece assembly **104**. FIG. 6 illustrates a parallel cross-section through the mid-longitudinal plane of housing **102** containing a portion of mouthpiece chamber **112**. FIG. 6 also illustrates interlocking mechanism **604** (belts **504** in FIG. 5); chamber inner wall **606** defining a space for housing a cartridge. Circular structure or plug **608** is the wall of the air conduit of housing **102** which is continuous with back wall **118** of housing **102**.

[00049] FIG. 7 illustrates a cross sectional view of dry powder inhaler **100** in a dosing or inhalation position. As seen in FIG. 7, housing **102** has a substantially rectangular shape, however other shapes are also suitable. Housing **102** comprises one or more inlet ports or first openings **702**, air conduit **704** housing piston **706** and spring **708**, and outlet port **710** opening into mouthpiece engaging section **122** and aligns with the inlet port of mouthpiece chamber **112**. Air conduit **704** has one or more openings **712** that allow airflow to enter.

[00050] Mouthpiece engaging section **122** is partially configured in the shape of a cup further comprising second drive key **802** as seen in FIG. 8 from bottom wall **116** configured to receive and hold a medicament containing cartridge. FIG. 7 also shows the engagement between flange **506** of mouthpiece chamber **112** in housing **102**; hinge **514**, lid **110** and mouthpiece oral placement section **106** with tongue depressor **402** and airflow conduit **714** of removable mouthpiece assembly **104**.

[00051] FIG. 8 depicts an exploded view of housing **102** illustrating integral components of dry powder inhaler **100**, including plug **608**, piston **706** and spring **708** which assemble into air conduit **704**; housing **102** outer structure comprising back wall **118**, side wall **120**, top wall **114**, and bottom wall **116**; mouthpiece engaging section **122** with second drive key **802**, and slide door **804** which covers the storage compartment for mouthpiece oral placement section **106**. Air conduit **704** is configured to have an aperture or opening **712** which allows and directs airflow entering housing **102** into mouthpiece engaging section **122** during an inspiratory maneuver. Mouthpiece engaging section **122** can also comprise a securing mechanism which can comprise protrusions or projections from the inner wall of the chamber which mates with flange **506** and mating structure **902** as seen in FIG. 9 of mouthpiece chamber **112**. In this embodiment, piston **706** and compression spring **708** act as an indicator mechanism positioned in air conduit **704** of housing **102** structurally configured to indicate inspiratory effort. Piston **706** and spring **708** can be placed at other positions in the airflow pathway of dry powder inhaler **100**. During an inspiratory maneuver, airflow entering the air conduit **704** within housing **102** goes around piston **706**, and moves piston **706** to compress spring **708**. This airflow control mechanism during inhalation indicates inspiratory effort through a tactile sensation. In one embodiment, the mechanism indicates inspiratory effort through an audible click. In another embodiment, the mechanism indicates inspiratory effort through a tactile sensation and/or an audible click. Mouthpiece engaging section **122** of housing **102** has one or more protrusions

such as mating structures **902** that mates with mouthpiece chamber **112** to secure mouthpiece when dry powder inhaler **100** is in use.

[00052] In operation, removable mouthpiece assembly **104** is rotated from a storage position to a cartridge loading/unloading position wherein lid **110** is opened and a cartridge containing medicament is placed into mouthpiece chamber **112** and securely seated. Lid **110** contains an anvil **1102** (FIG. 11) inside which, if a cartridge is inserted in the correct position, the anvil will further insure the cartridge achieves a proper vertical alignment. A downward push of lid **110** closes the cover and removable mouthpiece assembly **104** can rotate to the dosing position, wherein a registration securement holds removable mouthpiece assembly **104** in place. If the proper vertical alignment is not achieved lid **110** cannot be fully closed and subsequent removable mouthpiece assembly **104** rotation cannot occur. This provides an interlock mechanism.

[00053] FIG. 9 illustrates removable mouthpiece assembly **104** which has been separated from housing **102**. Removable mouthpiece assembly **104** comprises mouthpiece chamber **112**, lid **110** articulated to removable mouthpiece assembly **104** so that in a closed position lid **110** covers mouthpiece chamber **112**, and mouthpiece oral placement section **106** having airflow conduit **714** with mouthpiece exit port **302**. Mouthpiece chamber **112** comprises air inlet port **508**, one or more flanges **506** having gaps and mating structure **902** for mating with and securing removable mouthpiece assembly **104** with housing **102**. Flange **506** positioned at the bottom end of mouthpiece chamber **112** is provided which is structurally configured to engage with housing **102**, and comprises multiple segments having gaps in between the segments; the gaps section contains mating structure **902** for mating with housing **102**. The multiple segments of flange **506** and gaps between the segments can be position at predetermined positions of mouthpiece chamber **112** to effectuate proper securement of removable mouthpiece assembly **104** in housing **102**.

[00054] FIG. 10 is an exploded view of removable mouthpiece assembly **104**. Mouthpiece chamber **112** comprises drive key **510** with indicator **512**, lid **110**, mouthpiece oral placement section **106**, cartridge securing mechanism **1002**, a radial spring **1004**, one or more belts **504** and interlock detents **1006**.

[00055] In embodiments described herein, dry powder inhaler **100** is structurally configured to effectuate a tunable airflow resistance, which is modular. The resistance of dry powder inhaler **100** can be modified, by varying the cross-sectional area at any section of air conduit **704** of the inhaler. In one embodiment, dry powder inhaler **100** can have a airflow resistance value of from about 0.08 to about 0.13 square root of kPa/liters per minute.

[00056] In an alternate embodiment illustrated in FIGs. 11-14, dry powder inhaler **100** comprises alternate housing **1104** configured to be compact and comprises a square-shape configuration which snuggly fits with removable mouthpiece assembly **104**. Removable mouthpiece assembly **104** is similar in structure, if not identical in some embodiments, to the embodiment described with respect to FIGs. 1-10. FIG. 11 depicts alternate dry powder inhaler **1100** in the cartridge load/unload position with lid **110** open, mouthpiece oral placement section **106**, mouthpiece exit port **302**, anvil **1102**, mouthpiece chamber **112** and interlocking mechanism **604** (FIG. 6). Cartridge **1600** has tear drop **1602** indicator for aligning to the indicator **512** of mouthpiece chamber **112** for proper insertion. Alternate housing **1104** in this embodiment, has an air inlet located in one of the side walls; however, in alternate embodiments the air inlet can be one or more holes placed in other positions, for example, in alternate housing bottom wall **1106**. Alternate dry powder inhaler **1100** can have one or more openings in the housing of variable size or shape and locations.

[00057] Cartridges such as cartridge **1600** can be adapted to the dry powder inhaler containing a dry powder medicament for inhalation, and are configured to deliver a single unit dose of a medicament. In one embodiment, cartridge **1600** can be structurally configured to contain a dose of, for example, 0.5 mg to about 30 mg of dry powder for inhalation.

[00058] FIG. 12 illustrates an alternate dry powder inhaler **1100** with cartridge **1600** loaded and ready for closure of lid **110**. As can be seen, lid **110** is in the open position, mouthpiece chamber **112** and alternate housing **1104** with alternate air inlet **1202**. FIG. 13 depicts the dry powder inhaler system of FIG. 12 in the dosing position and ready for inhalation.

[00059] FIG. 14 depicts a cross-section of alternate dry powder inhaler **1100** of FIG. 13, showing the internal features of the inhaler and cartridge system. Lid **110** securely holds cartridge **1600** by way of anvil **1102**, which is then securely installed in mouthpiece chamber

112. The airflow conduit **714** of mouthpiece oral placement section **106** with mouthpiece inlet port **1402** and mouthpiece exit port **302**.

[00060] In some embodiments, as shown in FIG. 15, dry powder inhaler **100** comprises a removable mouthpiece assembly **104** comprising lid **110** over cartridge holder area **502** movable from a closed to an open position, having anvil **1102** which engages with cartridge **1600** in a closed position, wherein the housing further comprises an air flow control mechanism comprising check valve **1502**.

[00061] In embodiments described herein, the dry powder inhaler system in use has a predetermined airflow distribution around and through a cartridge operably configured to mix a medicament with air forming a powder plume for delivery to a patient's pulmonary system. Predetermined airflow distribution through the cartridge can range from about 10 to about 30% of total airflow volume entering the dry powder inhaler during inhalation. Predetermined airflow distribution around the cartridge can range from about 70 to about 90% of total airflow volume. Predetermined cartridge bypass airflow and exiting airflow through the cartridge converge to further shear and deagglomerate the powder medicament prior to exiting the mouthpiece outlet port.

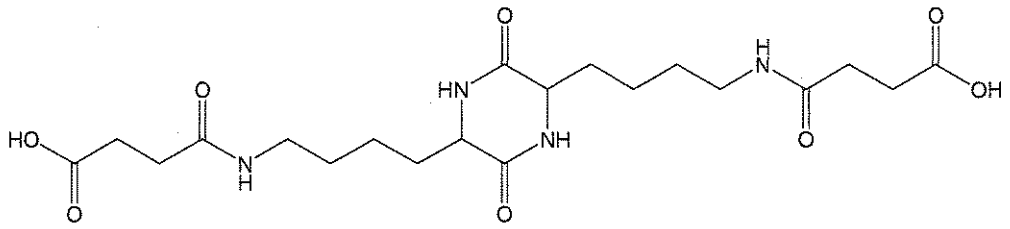
[00062] In one embodiment, the medicament containing cartridge **1600** as shown in FIGs. 16-18 can comprise a structure with a defined shape having a wall with one or more first apertures **1604**, second aperture **1702** and third aperture **1802**, tear drop **1602**, grasping feature **1606**, and first inhaler keying mechanism **1608** and second inhaler keying mechanism **1610**. Cartridge **1600** has a closed configuration moveable to an open configuration for dosing a powder medicament or from an open to a closed position after use. Cartridge **1600** further comprises an outer surface and an inner surface defining an internal volume; wherein the closed configuration restricts communication, such as air transit to or through the internal volume, and the open configuration forms an air passage through the internal volume to allow a powder medicament contained therein to be aerosolized and delivered to a patient in an airflow stream created by the user. The open configuration is established by providing one or more apertures (e.g. first aperture **1604**, second aperture **1702** and third aperture **1802**), holes, slits or windows in the cartridge walls that can have beveled edges to direct airflow. In one embodiment, cartridge **1600** can be configured of two elemental parts, for example, two segments (e.g. first

segment **1804** and second segment **1806**) that can have apertures in their walls that can align with one another in the open configuration and in opposing positions where the apertures at not in alignment. In one embodiment, for example, cartridge **1600** can be structurally configured as two separate elements which can fit into one another and be moveable about one another; each having openings which can align with one another, similarly as the capsules described in U.S. Patent No. 7,305,986, which is fully incorporated herein by reference as if part of this specification. In this embodiment, however, cartridge **1600** is designed to integrally function with the dry powder inhaler and can be moved within the inhaler to predetermined positions

[00063] In one embodiment, a method of delivering an active ingredient comprising: a) providing a dry powder inhaler comprising, a housing and a mouthpiece, the mouthpiece comprising a chamber containing a cartridge with a dry powder formulation comprising a diketopiperazine and the active agent; the inhaler having a flow distribution of about 10 % to 30 % of the airflow going through the cartridge, and b) delivering the active ingredient to an individual in need of treatment by inhaling deep and rapidly for about 4 to 6 seconds and optionally repeating step b).

[00064] In embodiments described herein, the dry powder inhaler can deliver a dose of a dry powder formulation to a patient at pressure differentials between 2 and 20 kPa.

[00065] In still yet a further embodiment, the method of treating hyperglycemia and/or diabetes comprises the administration of an inhalable dry powder composition comprising a diketopiperazine having the formula 2,5-diketo-3,6-di(4-X-aminobutyl)piperazine, wherein X is selected from the group consisting of succinyl, glutaryl, maleyl, and fumaryl. In this embodiment, the dry powder composition can comprise a diketopiperazine salt. In still yet another embodiment of the present invention, there is provided a dry powder composition, wherein the diketopiperazine is 2,5-diketo-3,6-di-(4-fumaryl-aminobutyl)piperazine (FDKP), having the structure:



FDKP

with or without a pharmaceutically acceptable carrier, or excipient.

[00066] In one embodiment, the inhalation system comprises a breath-activated dry powder inhaler, a cartridge containing medicament, wherein the medicament can comprise a diketopiperazine and an active agent. In some embodiments, the active agent comprises peptides and proteins. In another embodiment, the inhalation system comprises a cartridge containing medicament wherein the peptide or protein can be an endocrine hormone, including, insulin, GLP-1, calcitonin, parathyroid hormone, parathyroid hormone related protein (PTHrP), and analogs thereof and the like.

[00067] In another embodiment, the dry powder medicament may comprise a diketopiperazine and a pharmaceutically active ingredient. In this embodiment, the pharmaceutically active ingredient can be any type. In certain embodiments, the active ingredient comprises a peptide, a protein, a hormone, analogs thereof or combinations thereof, wherein the active ingredient is insulin, parathyroid hormone 1-34, glucagon-like peptide-1 (GLP-1), oxyntomodulin, peptide YY, interleukin 2-inducible tyrosine kinase, Bruton's tyrosine kinase (BTK), inositol-requiring kinase 1 (IRE1), heparin, or analogs thereof. In a particular embodiment, the pharmaceutical composition comprises fumaryl diketoperazine and insulin.

[00068] In a particular embodiment, the dry powder inhalation system can comprise a cartridge including a formulation for pulmonary delivery comprising FDKP and a peptide including, for example, insulin or GLP-1, which can be provided for use in different dosage strength in a single or multiple cartridges. In one embodiment, the system can deliver the dosage efficiently, with consistency and in a linear manner. In this embodiment, for example, multiple cartridges of a single dose to be administered to a subject can be interchangeably replaced or substituted by a providing the system with a single cartridge having the sum of the dosage strength of the multiple cartridges. In further embodiment, the system can deliver a proportional, bioequivalent dose with a single cartridge. In an exemplary embodiment using the system for

treating diabetes with inhalable insulin powders, the system can use two 15 U cartridges of an inhalation powder comprising insulin and FDKP or the system can use one 30 U single cartridge containing an inhalation powder comprising FDKP and deliver bioequivalent doses of insulin to a patient. Similarly, the system can be used to deliver higher doses, for example, three 15 U cartridges of an inhalation powder comprising insulin and FDKP can be used, or one 15 U cartridge plus one 30 U cartridge, or a single 45 U cartridge containing the inhalable insulin and FDKP formulation; or four 15 U cartridges of an insulin and FDKP formulation can be interchangeable with one 60 U cartridge of insulin and FDKP formulation. Alternatively, two 30 U cartridges containing an inhalable insulin and FDKP formulation can be interchanged for one 60 U cartridge of the insulin and FDKP formulation.

[00069] In the embodiments described herein, the dry powder inhalation system accomplishes insulin exposure proportional to a dosage so that the dosages are interchangeable. In an embodiment, the dosage can be provided as filled dose.

EXAMPLES

[00070] The following examples are included to demonstrate certain embodiments of the invention. It should be appreciated by those of skill in the art that the techniques disclosed in the examples elucidate representative techniques that function well in the practice of the present invention. However, those of skill in the art should, in light of the present disclosure, appreciate that many changes can be made in the specific embodiments that are disclosed and still obtain a like or similar result without departing from the spirit and scope of the invention.

EXAMPLE 1

Dosage Strength Interchangeability

[00071] The study was conducted in subjects with type 1 diabetes mellitus. This study was conducted to determine if a formulation for pulmonary delivery comprising insulin and a diketopiperazine in the formulation, 1) could be delivered consistently using different dosage strengths and 2) if linearity of dosing could be achieved with proportional doses, given that interchangeability of dosage strengths can be important for patient safety. A prior art marketed inhaled insulin did not achieve this and dose combinations were nonequivalent leading to a potential risk of incorrect dosing. Therefore, an important goal in the development of the

pulmonary delivery system with a formulation comprising insulin and FDKP (insulin-FDKP) was to achieve dose linearity across the therapeutic dose range.

[00072] In the study, comparisons of insulin exposure following inhalation of two 15 U cartridges of an insulin inhalation powder to one 30 U cartridge of insulin inhalation powder were made. In addition, insulin bioavailability from a 30 U cartridge of insulin-FDKP inhalation powder was calculated, compared to a 10-IU subcutaneous (sc) injection of insulin lispro (rapid acting analogue [RAA]).

[00073] A phase I, open-label, single-dose, repeat administration study in subjects with type 1 diabetes (T1DM) was conducted to assess the pharmacokinetic profile or PK of 30 U of insulin-FDKP dosed as a single 30 U cartridge and compared to two 15 U cartridges administered with the present inhalation system. A 10 U subcutaneous injection of the rapid acting insulin analogue (RAA, HUMALOG® (Eli Lilly and Company, Indianapolis, IN)) was also tested. Subjects (age: 19-61yrs) were randomized to 1 of 6 sequences. Fasted subjects received insulin-FDKP or RAA 4 to 6 hrs after initiating a hyperinsulinemic-euglycemic clamp. Randomization determined the order of insulin-FDKP dosing (first 2 treatment (tx) visits), and the location of the RAA injection (abdomen, arm or leg; 3rd tx visit). After dosing blood samples were taken and analyzed for insulin, insulin lispro and fumaryl diketopiperazine (FDKP (insulin-FDKP tx only)). When studying insulin-FDKP, the basal insulin infusion was performed with HUMALOG®, and when studying HUMALOG®, regular human insulin was used. The analytical methodologies enabled the independent measurement of each insulin tested.

[00074] Table 1 shows the results from the study. The mean insulin exposures (AUC_{0-360}) of a single 30 U cartridge or two 15 U cartridges were comparable. FDKP mean exposure (AUC_{inf}) was also similar. Insulin and FDKP exposure, t_{max} and $t_{1/2}$ (FDKP) were the same regardless of the number of cartridges. Due to the significantly different PK profiles of insulin-FDKP and RAA, the mean relative exposure (AUC) ratio is dependent upon the time interval studied. The mean relative insulin exposure (insulin-FDKP: HUMALOG® AUC, dose normalized geometric means) when assessed at time intervals of 0-180 min and 0-360 min was 24% to 18%.

Table 1

Insulin PK parameters	2 X 15 U TI cartridges	1 X 30 U TI cartridge	10 IU Humalog
AUC_{0-360} (μU*min/mL)	3337	3397	5915
AUC_{0-180} (μU*min/mL)	3121	3199	4432
C_{max} (μU/mL)	65.72	69.08	42.60
t_{max} (min)	10	10	60
90% CI (Geometric Mean Ratio: AUC_{0-360})	0.846, 1.141		ND
FDKP PK parameters			
AUC_{0-480} (ng*min/mL)	19552	20159	-
AUC_{0-inf} (ng*min/mL)	23146	24355	-
C_{max} (ng/mL)	118	131	-
t_{max} (min)	6	5	-
90% CI(Geometric Mean Ratio:AUC_{0-480})	0.867, 1.084		-

[00075] This study also evaluated the effects of the dosages administered and the glucose infusion rate (GIR) requirements of the patients in the study. FIG. 19 illustrates the results of the GIR evaluation. The data show the mean baseline-corrected glucose infusion rate (GIR) for two 15 U cartridges and one 30 U cartridge of insulin-FDKP inhalation powder and for the 10 IU of RAA. GIRs after both treatments of insulin-FDKP inhalation powders reached a maximum level by approximately 30 minutes after administration, whereas GIR peaked approximately 150 minutes after administration of sc RAA. The GIRs for insulin-FDKP inhalation powder returned toward baseline by approximately 180 minutes versus 300 minutes for RAA. In conclusion, the glucose-lowering effect of insulin-FDKP inhalation powder of both dosage forms tested was comparable based on GIR AUC, GIR_{max}, and $GIRt_{max}$.

EXAMPLE 2

Dry Powder Inhaler Resistance Value Measurements

[00076] The total inhaler and cartridge resistance can be measured due to inlet and outlet ports of a cartridge acting as resistors in series. First, the resistance due to the inlet port is measured in the cartridge rig. The representation of a circuit diagram form for the cartridge rig is illustrated in FIGs. 20A and 20B, wherein the cartridge sits in the holder in an open

configuration and the circuitry is defined such that R3 represents the resistance to airflow into the cartridge; R4 represents the resistance to airflow leaving the cartridge; Pa is the pressure differential across the cartridge and P represents the pressure measured across the inlet and outlet ports. Secondly, the resistance due to the inhaler system comprising the inhaler and cartridge is determined as illustrated in FIGs. 21A and 21B, wherein R1 represents the resistance due to the float or valve; R2 represents the resistance to air flow around the cartridge; R3 represents the resistance to airflow through the cartridge; R4 represents the resistance to airflow leaving the cartridge; P represents the measured pressure; Pa represents the pressure across the system and F represents the total flow measurement. Once values are determined for the resistors and having pressure drop measurements, the flow balance distribution through and around the cartridge can be determined.

[00077] Measurements were made of the cartridge and cartridge/inhaler system dosing configuration and the resistance to airflow through the cartridge, R3 was determined from the formula:

$$R3 = \frac{\sqrt{P}}{F}$$

[00078] Based on the measurements made as illustrated in FIGs 20A-21B, the resistance due to the inlet and outlet ports were determined and the values used to calculate the flow balance of the system in particular the flow balance through the cartridge using the formula above, which is determined as the $\sqrt{P}$ divided by R3. The flow balance distribution through the cartridge for the present inhaler and cartridge system was calculated to be in the range from about 10% to about 30% with an average of approximately 15.92%.

[00079] The resistance for the inhaler cartridge system tested herewith can be determined experimentally from the values obtained in the same manner. The resistance for the present inhalers when calculated from the measurements resulted in airflow resistance values of between 0.08 and 0.15 $\sqrt{kPa}$/liters per minute. FIG. 22 depicts a linear regression plot illustrating the resistance measured through an exemplary cartridge rig tested or R3, at flow rates between 2 and 9 liters/min. As shown in FIG.22, the resistance through the cartridge (R^2) tested was determined as equaling to 0.999 $\sqrt{kPa}$/liters per minute.

[00080] Therefore, the inhalers can be structurally configured to have tunable airflow resistance by varying the cross-sectional area at any section of the airflow pathway of the inhaler and cartridge system.

[00081] The preceding disclosures are illustrative embodiments. It should be appreciated by those of skill in the art that the techniques disclosed herein elucidate representative techniques that function well in the practice of the present disclosure. However, those of skill in the art should, in light of the present disclosure, appreciate that many changes can be made in the specific embodiments that are disclosed and still obtain a like or similar result without departing from the spirit and scope of the invention.

[00082] Unless otherwise indicated, all numbers expressing quantities of ingredients, properties such as molecular weight, reaction conditions, and so forth used in the specification and claims are to be understood as being modified in all instances by the term "about." Accordingly, unless indicated to the contrary, the numerical parameters set forth in the specification and attached claims are approximations that may vary depending upon the desired properties sought to be obtained by the present invention. At the very least, and not as an attempt to limit the application of the doctrine of equivalents to the scope of the claims, each numerical parameter should at least be construed in light of the number of reported significant digits and by applying ordinary rounding techniques. Notwithstanding that the numerical ranges and parameters setting forth the broad scope of the invention are approximations, the numerical values set forth in the specific examples are reported as precisely as possible. Any numerical value, however, inherently contains certain errors necessarily resulting from the standard deviation found in their respective testing measurements.

[00083] The terms "a," "an," "the" and similar referents used in the context of describing the invention (especially in the context of the following claims) are to be construed to cover both the singular and the plural, unless otherwise indicated herein or clearly contradicted by context. Recitation of ranges of values herein is merely intended to serve as a shorthand method of referring individually to each separate value falling within the range. Unless otherwise indicated herein, each individual value is incorporated into the specification as if it were individually recited herein. All methods described herein can be performed in any suitable order unless otherwise indicated herein or otherwise clearly contradicted by context. The use of any and all

examples, or exemplary language (e.g., "such as") provided herein is intended merely to better illuminate the invention and does not pose a limitation on the scope of the invention otherwise claimed. No language in the specification should be construed as indicating any non-claimed element essential to the practice of the invention.

[00084] Groupings of alternative elements or embodiments of the invention disclosed herein are not to be construed as limitations. Each group member may be referred to and claimed individually or in any combination with other members of the group or other elements found herein. It is anticipated that one or more members of a group may be included in, or deleted from, a group for reasons of convenience and/or patentability. When any such inclusion or deletion occurs, the specification is deemed to contain the group as modified thus fulfilling the written description of all Markush groups used in the appended claims.

[00085] Certain embodiments of this invention are described herein, including the best mode known to the inventors for carrying out the invention. Of course, variations on these described embodiments will become apparent to those of ordinary skill in the art upon reading the foregoing description. The inventor expects skilled artisans to employ such variations as appropriate, and the inventors intend for the invention to be practiced otherwise than specifically described herein. Accordingly, this invention includes all modifications and equivalents of the subject matter recited in the claims appended hereto as permitted by applicable law. Moreover, any combination of the above-described elements in all possible variations thereof is encompassed by the invention unless otherwise indicated herein or otherwise clearly contradicted by context.

[00086] Furthermore, numerous references have been made to patents and printed publications throughout this specification. Each of the above-cited references and printed publications are individually incorporated herein by reference in their entirety.

[00087] Specific embodiments disclosed herein may be further limited in the claims using consisting of or and consisting essentially of language. When used in the claims, whether as filed or added per amendment, the transition term "consisting of" excludes any element, step, or ingredient not specified in the claims. The transition term "consisting essentially of" limits the scope of a claim to the specified materials or steps and those that do not materially affect the

basic and novel characteristic(s). Embodiments of the invention so claimed are inherently or expressly described and enabled herein.

[00088] In closing, it is to be understood that the embodiments of the invention disclosed herein are illustrative of the principles of the present invention. Other modifications that may be employed are within the scope of the invention. Thus, by way of example, but not of limitation, alternative configurations of the present invention may be utilized in accordance with the teachings herein. Accordingly, the present invention is not limited to that precisely as shown and described.

Claims:

1. A dry powder inhaler comprising:

a housing, and

a mouthpiece,

wherein said housing comprises a mouthpiece engaging section structurally configured to engage with said mouthpiece, and

said mouthpiece being separable from said housing and having a conduit permitting airflow between an air inlet and an air exit port, and comprising a chamber and an oral placement section; said mouthpiece further being structurally configured to be moveable within said housing in an engaged position from a storage position to a inhalation position and releasable from said housing at a predetermined cartridge loading/unloading position.

2. The dry powder inhaler of claim 1, wherein said mouthpiece is structurally configured to receive, hold and/or release a medicament-containing cartridge in said chamber.

3. The dry powder inhaler of claim 2, wherein the medicament-containing cartridge contains a pharmaceutical composition comprising a diketopiperazine and an active ingredient.

4. The dry powder inhaler of claim 3, wherein the diketopiperazine is fumaryl diketopiperazine.

5. The dry powder inhaler of claim 3, wherein the active ingredient is one or more than one active agents selected from the group consisting of a peptide, a protein, and a hormone of naturally-occurring or synthetic origin, or analogs thereof.

6. The dry powder inhaler of claim 3, wherein the active ingredient is insulin, parathyroid hormone 1-34, GLP-1, oxyntomodulin, peptide YY, interleukin 2-inducible tyrosine kinase, Bruton's tyrosine kinase (BTK), inositol-requiring kinase 1 (IRE1), heparin, or analogs thereof.

7. The dry powder inhaler of claim 3, wherein the pharmaceutical composition comprises fumaryl diketopiperazine and insulin.

8. The dry powder inhaler of claim 2, wherein the medicament-containing cartridge comprises a structure with a defined shape having a wall with one or more apertures having a closed configuration or open configuration, an outer surface and an inner surface defining an internal volume; and said closed configuration restricts communication to said internal volume and said open configuration forms an air passage through said internal volume.

9. The dry powder inhaler of claim 1, wherein said housing comprises an air intake section having an air conduit with one or more first openings to allow ambient air intake and a second opening in communication with the mouthpiece engaging section with allows airflow therethrough, wherein the air conduit of the air intake section of the housing is in communication with the air exit port of the mouthpiece when the cartridge is in the open configuration; said airflow enters the one or more first openings in the housing, passes through the airflow conduit in the housing and exits the second opening in the housing at the mouthpiece engaging section and into the mouthpiece chamber wherein a percentage of intake air volume goes through the cartridge and a percentage of intake air volume goes around the cartridge during an inhalation maneuver.

10. The dry powder inhaler of claim 1, wherein the chamber of the mouthpiece chamber comprises a flange structurally configured to engage with said housing.

11. The dry powder inhaler of claim 1, wherein the mouthpiece chamber comprises a cartridge securing mechanism.

12. The dry powder inhaler of claim 1, wherein the dry powder inhaler is structurally configured to have a tunable airflow resistance.

13. A dry powder inhaler comprising:

a housing, and

a mouthpiece assembly,

said housing having a top wall, a bottom wall, a first side wall and a second side wall; a mouthpiece engaging section, a mouthpiece storage section, and an air intake section having a conduit with a first opening to allow ambient air intake and a second opening in communication with the mouthpiece engaging section which allows air flow therethrough;

said mouthpiece structurally configured to be moveable within said housing in an engaged position from a storage position to a inhalation position and separable from said housing at a predetermined cartridge loading/unloading position and comprising a chamber structurally configured to house a cartridge and to engage with said mouthpiece engaging section of said housing; an oral placement section extending from said chamber and having an air inlet which communicates with said chamber and an air outlet in communication with ambient air.

14. The dry powder inhaler of claim 13, wherein said mouthpiece engaging section of said housing has an outer wall, an inner wall and a bottom wall contiguous with the said first side wall, said second side wall and bottom walls respective of said housing, and configured to adapt to said mouthpiece chamber of said mouthpiece assembly.

15. The dry powder inhaler of claim 13, wherein said mouthpiece engaging section further comprises a protrusion from said bottom wall configured to receive and hold a medicament-containing cartridge.

16. The dry powder inhaler of claim 13, wherein the mouthpiece engaging section further comprises a securing mechanism from said inner wall structurally configured to engage said mouthpiece chamber of said mouthpiece assembly.

17. The dry powder inhaler of claim 13, wherein the mouthpiece chamber further comprises a flange having gaps which mate said protrusions or projections from the inner wall of the mouthpiece engaging section.

18. The dry powder inhaler of claim 13, wherein said mouthpiece assembly comprises a mixing chamber configured to hold a medicament containing cartridge and to have an opening which aligns with the second opening of the intake section in said inhalation position.

19. The dry powder inhaler of claim 13, wherein the mouthpiece chamber comprises an air inlet and is configured to secure a medicament containing cartridge, and has an indicator to allow proper cartridge placement in the inhaler.

20. The dry powder inhaler of claim 13, wherein the mouthpiece assembly comprises a cap over the chamber, movable from a closed to an open position, having an anvil which engages with the cartridge in a closed position.

21. The dry powder inhaler of claim 13, wherein the housing further comprises an air flow control mechanism comprising a check valve.

22. An inhalation system for pulmonary drug delivery, comprising:

a) a dry powder inhaler comprising a housing, and
a mouthpiece assembly,
said housing having a top wall, a bottom wall, side walls; a mouthpiece engaging section, a mouthpiece storage section, and an air intake section having a conduit with a first opening to allow ambient air intake and a second opening in communication with the mouthpiece engaging section which allows air flow therethrough;
said mouthpiece structurally configured to be moveable within said housing in an engaged position from a storage position to an inhalation position and separable from said housing at a predetermined cartridge loading/unloading position and comprising a chamber structurally configured to house a cartridge and to engage with said mouthpiece engaging section of said housing; an oral placement section extending from said chamber and having an air inlet which communicates with said chamber and an air outlet in communication with ambient air; and

b) a cartridge adapted to said dry powder inhaler and containing a dry powder medicament for inhalation;

said dry powder inhaler system in use has a predetermined air flow distribution around and through said cartridge of air flow volume entering said chamber.

23. The inhalation system of claim 22, wherein the predetermined air flow distribution through said cartridge ranges from about 10% to about 30% of the air flow volume entering the mixing section.

24. The inhalation system of claim 22, wherein the predetermined air flow distribution around said cartridge ranges from about 70% to about 90% of the air flow volume entering the mouthpiece chamber.

25. A method of delivering an active ingredient comprising:

a) providing the dry powder inhaler of claim 1 containing a cartridge with a dry powder formulation comprising a diketopiperazine and the active ingredient; and

b) delivering the active ingredient to an individual in need of treatment;

wherein the air conduit of the inhaler and cartridge provide a combined resistance of between 0.08 and 0.15 $\sqrt{kPa}$/liters per minute.

26. The method of claim 25, wherein the active ingredient is a peptide, a protein, a hormone, analogs or fragments thereof.

27. The method of claim 26, wherein the diketopiperazine is fumaryl diketopiperazine and the active ingredient is insulin.