

ABSTRACT

A massage machine (1) comprises a position-adjustable massaging mechanism, and thus massage, as one single unit, a wide range in user's body or wide body range extending from neck, through shoulder, back, and waist, to buttocks, etc. as massage-treatment target parts.

The massage machine (1) comprises a lower massaging mechanism, and an upper massaging mechanism disposed above the lower massaging mechanism. The lower massaging mechanism comprises: a front-located seat portion (5), in which user sits from front, configured for massage to first treatment part including waist (W) and buttocks (A); and openings (7) configured for massage to second treatment part corresponding to lower region of user's leg (L). The upper massaging mechanism massages at least one or more of third treatment part corresponding to upper region of the leg (L), fourth treatment part corresponding to user's back (B), and fifth treatment part corresponding to user's shoulder (S) and neck (N).