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ABSTRACT

The invention relates to a strain relief device (1) for a plug connect for communications and data technology, comprising a base part (10) for holding at least part of the plug connector, and a cable (51) which can be connected to the plug
10 connector, with the base part (10) being designed with first latching means, and closure means (30), with the closure means (30) being designed with second latching means which form a latching connection with the first latching means on the base part (10), **wherein** the closure means (30) are in the form of a spring comprising two limbs (31) which can be pushed along a guide (20) onto the base part (10), with the
15 base part (10) being designed with at least one support point (21) for the closure means (30), and the closure means (30) being designed such that an opposing force, which is produced by the cable (51) moves the second latching means, which are arranged on the limbs (31), toward the first latching means on the base part (10).

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(Figure1)



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