WHAT IS CLAIMED IS:

1. A yoke configured to be coupled to a mask frame of a respiratory mask system comprising:

a front wall extending from a first end to a second end;

a rear wall extending from a first end to a second end, the front wall and the rear wall defining an inner cavity therebetween; characterised in that the yoke further comprises:

a first end cap coupled to the first ends of the front wall and the rear wall and a second end cap coupled to the second ends of the front wall and the rear wall, each end cap comprising an entry hole configured to receive a filament of a self-adjusting headgear system;

a first housing of a directional locking mechanism disposed between the front wall and the rear wall adjacent the first end cap;

a second housing of a directional locking mechanism disposed between the front wall and the rear wall adjacent the second end cap; and

a line track divider dividing the inner cavity into an upper line track and a lower line track,

wherein the upper line track extends from the first housing of a directional locking mechanism to the second end cap above the second housing of a directional locking mechanism, and

wherein the lower line track extends from the second housing of a directional locking mechanism to the first end cap below the first housing of a directional locking mechanism.

2. The yoke of Claim 1, wherein the yoke comprises a yoke front comprising the front wall and a yoke back comprising the rear wall, and wherein the yoke front and the yoke back are coupled together.

3. The yoke of Claim 2, wherein one of the yoke front and yoke back comprises at least one snap-fit bump and the other of the yoke front and yoke back comprises at least one corresponding snap-fit groove that receives the snap-fit bump to couple the yoke front and the yoke back together.

4. The yoke of Claim 3, wherein a plurality of snap-fit bumps extend along a portion of a length of one of the yoke front or the yoke back and a plurality of corresponding

snap-fit grooves extend along the other of the yoke front or the yoke back.

5. The yoke of any one of Claims 2 to 4, wherein the upper line track is at least partially defined by an upper wall of the yoke front and the line track divider, and the lower line track is at least partially defined by a lower wall of the yoke front and the line track divider.

6. The yoke of any one of Claims 2 to 5, wherein the line track divider protrudes rearwardly from a rear internal surface of the front wall of the yoke front.

7. The yoke of any one of Claims 2 to 6, wherein the yoke front comprises a first end located at the first end of the front wall, wherein the yoke front comprises a second end located at the second end of the front wall, wherein the upper line track is wider toward the first end of the yoke front and narrower toward the second end of the yoke front, and wherein the lower line track is wider toward the second end of the yoke front and narrower toward the first end of the yoke front.

8. The yoke of any one of Claims 2 to 7, wherein the front wall of the yoke front is rounded and wherein the yoke front also comprises a top wall and a bottom wall, the top and bottom walls being substantially parallel to each other, to provide the yoke with a D-shaped cross-sectional profile.

9. The yoke of any one of the preceding Claims, wherein the height of the yoke is greater at the first and second ends than at a centre portion between the first and second ends.

10. The yoke of any one of the preceding Claims, wherein the entry hole of at least one of the first and second end caps comprises a slot.

11. The yoke of any one of the preceding Claims, wherein the upper line track extends into the second end cap and the lower line track extends into the first end cap.

12. The yoke of any one of the preceding Claims, wherein the first and second end caps are configured to be hinged onto the first and second ends of the front wall and the rear wall, respectively, during assembly.

13. The yoke of any one of the preceding Claims, wherein each of the end caps are attached to a front strap of the headgear.

14. The yoke of any one of the preceding Claims, wherein the first and second housings of a directional locking mechanism are U-shaped.