

ABSTRACT

This application relates to the field of communication technologies, and discloses a communication method and apparatus, to resolve a problem that excessive power is consumed by a receiving terminal device because a transmitting terminal device always sends to-be-sent data during PC5 communication of a V2X service and the receiving terminal device needs to continuously listen to to-be-received data. The method includes: A first terminal device determines a first DRX parameter based on a transmission requirement of a first V2X service, where the transmission requirement includes a service requirement and/or a message pattern; and the first terminal device sends the first DRX parameter to a second terminal device, where the first DRX parameter is used for PC5 communication of the first V2X service between the first terminal device and the second terminal device.

FIGURE 3