

Abstract

A gel-like nutritional composition comprising lipid, proteins, carbohydrate, a vitamin, and a mineral, and having the following compositions: the composition has an energy value of 0.8 kcal/g or more and 1.2 kcal/g or less; the composition contains 1.7 g or more of whole milk protein and 0.25 g or more of casein as the proteins per 100 g of the composition; the total amount of magnesium derived from the whole milk protein and the casein is 1.3 mg or more per 900 kcal of the composition, and the total amount of calcium derived from the whole milk protein and the casein is 34.9 mg or more per 900 kcal of the composition; the composition contains 220 mg or more of magnesium and 500 mg or more of calcium per 900 kcal of the composition; the composition contains one or more minerals selected from 30 µg or more of selenium, 10 µg or more of chromium, 30 µg or more of molybdenum, and 130 µg or more of iodine per 900 kcal of the composition; the composition contains 0.15% by weight or more and 0.40% by weight or less of agar and 0.125% by weight or more and 0.40% by weight or less of alginic acid or a salt thereof, and has a viscosity of 3,000 mPa·s or more and 17,000 mPa·s or less; and the composition contains a chelating agent selected from citric acid or a salt thereof, phosphoric acid or a salt thereof, and EDTA or a salt thereof in a total amount of

2.0 g or more and 5.7 g or less per 900 kcal of the composition, and contains 1.1 g or more and less than 3.7 g of phosphoric acid or a salt thereof per 900 kcal of the composition.