

APPARATUS FOR MOBILIZATION OF THE BODY, AND USE OF SUCH AN APPARATUS

FIELD OF THE INVENTION

- 5 The invention relates to an apparatus that is designed to mobilize the body of a subject, and to be more specific is capable of mobilizing the vertebral axis, the pelvic joint and the lower limbs in relation to said vertebral axis.

10 The invention thus forms part of research into said mobilization of the body by implementing a platform or tray capable of oscillating in accordance with an infinite number of axes passing through its centre, these different oscillations being capable of being implemented randomly.

PRIOR ART

15 Various pieces of apparatus capable of performing operations to correct and rehabilitate general biomechanics have been proposed hitherto. These were originally designed for training purposes, and particularly for muscle training for sportsmen.

20 Said apparatus generally comprises a platform capable of oscillating in relation to a central support pivot, as described for example in documents US-A-2 827 894 or US-A-4 290 601. The movement of the platform induces an imbalance of the subject standing thereon, suitable for inducing reactions on the part of the subject and mobilizing as required the various biomechanical elements, and particularly the spinal
25 column, the pelvic girdle and the joints.

Document EP 1 023 111 also discloses an apparatus in which the platform is driven in both a rotary movement and an oscillating movement. In other words, the kinetics of the apparatus described in this document is limited to a rotary oscillation, adjustable in
30 amplitude and speed. However, said apparatus proves particularly complex to implement and moreover, the oscillating movements are limited in terms of amplitude by the structures themselves as implemented, and randomness of oscillation is not obtainable for the same reasons.

35 Document WO 2007/141429 proposes another apparatus of the type in question, but which, here too, has limited degrees of freedom in terms of oscillation, because of the mode of support and motorization of the platform with which it is provided, thereby

reducing the possibilities and effectiveness of the treatment, due to the lack of any randomness in the oscillations.

5 The invention relates to an apparatus of the type in question which can be used to confer on the platform a multitude of degrees of freedom in terms of oscillation, and which is in other words capable of conferring on a platform an infinite number of possible tilts in relation to an axis passing substantially through its centre. There ensues from this infinite number the possibility of implementing discrete tilts and therefore of conferring randomness on the oscillation, suitable in particular for
10 promoting rehabilitation, or even training as regards sportsmen.

DISCLOSURE OF THE INVENTION

15 The invention thus relates to an apparatus for mobilization of the body comprising a receiving platform which is movable in relation to a fixed chassis, and which is designed to support a subject who is to be treated in a standing position.

According to the invention, the platform is connected to the chassis by a double pivot connection and it is driven in an oscillating movement, in relation to an axis passing
20 substantially through its centre, by means of actuators which are each connected by a pivot connection to a single shaft connected to said platform, said actuators themselves being articulated on the chassis.

To be more specific, the platform is articulated on an upper frame defining a first
25 substantially horizontal axis of articulation, said upper frame itself being articulated on the chassis along a second substantially horizontal axis of articulation perpendicular to said first axis.

Said platform is provided with a central axis or arm, extending perpendicularly in
30 relation to the plane it defines, and the actuators, which are two in number, are connected to the free end of said shaft by means of a cardan coupling, said actuators having a substantially perpendicular direction of actuation one in relation to the other.

These actuators are each constituted by a linear actuator, and particularly an electric
35 linear actuator, the point where it is fixed to the chassis being constituted by a pivot connection.

To advantage, the inventive apparatus for mobilization of the body is associated with handles and in general terms with any holding means, so that the subject who is to be treated or trained is able to keep steady by means of his upper limbs, in consideration of the imbalances to which he is subjected, given the oscillation of the platform on which he is standing.

The invention also relates to the use of the apparatus of the invention for mobilization of the body, according to which the amplitude and the different oscillating movements imparted to the platform are adjusted according to pre-set programs, capable of including a random oscillation mode.

Alternatively, the oscillating movements of the platform are imparted in real time at the command of a "joystick" that can be handled by a person controlling said mobilization of the body, and in particular by a practitioner. Should this be the case, the response of the platform is immediate and direct, and faithfully follows the action of the practitioner by means of the orders given through the joystick.

BRIEF DESCRIPTION OF THE FIGURES

The way in which the invention can be implemented, and the resulting advantages, will become clearer from the following embodiment example, which is given for information purposes and non-restrictively, supported by the appended figures.

Figures 1 and 2 are two perspective diagrammatic representations viewed along two different orientations of the operating principle of the apparatus for mobilization of the body according to the invention.

Figure 3 is an exploded perspective diagrammatic representation of one embodiment of the invention.

Figures 4 and 5 are two diagrammatic views in sagittal cross-section of the inventive apparatus, along two planes perpendicular one in relation to the other.

Figure 6 is a diagrammatic representation of the inventive apparatus seen from underneath.

DETAILED DESCRIPTION OF THE INVENTION

A perspective view is shown diagrammatically in figures 1 and 2, suitable for illustrating the operating principle of the apparatus of the invention.

5

Basically, it comprises a platform **1**, diagrammatically shown as square in shape, but which could take any other shape, and in particular circular or oval.

10 This platform **1** is articulated by means of a rigid armature **2** on an upper rigid frame **3**, along a horizontal axis of articulation A-A shown as dotted lines in said figure 1. In other words, the connection of the platform **1** on this upper frame **3** is a pivot connection, said platform **1** therefore being capable of pivoting in relation to the aforementioned axis A-A.

15 Consequently, the upper frame **3** is itself articulated on a rigid armature **4** integral with the chassis of the apparatus, along an axis of articulation B-B shown as dotted lines, also horizontal, and orientated perpendicularly in relation to the axis A-A.

20 In other words, the platform **1** is connected to the chassis via a double pivot connection.

Given this double pivot connection, the platform **1** is therefore capable of presenting an infinite number of orientations in relation to its original horizontal plane.

25 To actually allow this multiplicity of orientations, and therefore consequently to impart to the subject taking up a position on said platform an infinite number of oscillating movements for the purpose of varying his balance and bringing about the different required mobilizing movements, said platform **1** is extended in the downward direction by a shaft **6**, substantially connected to the centre of the platform, by any
30 means, and for example by screws or the equivalent. Thus and in the example described, the shaft **6** is orientated perpendicularly in relation to the plane defined by the platform **1**.

35 The free end of this shaft **6**, in other words the end opposite the platform **1**, is connected by pivot connection to two actuators **8** and **9**, constituted in the case in point by electric linear actuators.

Said actuators are themselves connected to the chassis of the apparatus by means of pivot connections **10** and **11** respectively, and in the case in point cardan couplings, conferring on said actuators a certain travel in the horizontal plane.

- 5 To be more specific, these actuators **8** and **9** are each constituted by a ball screw capable of turning in both directions by means of a brushless motor, **12** and **13** respectively, provided with an encoder or even a reducer if need be. The free end of each of the screws is connected to the free lower end **7** of the shaft **6** by means of a cardan coupling, in order, here too, to provide for an angular displacement of the end
10 of the screw in relation to the free end **7** of the shaft **6**. The two actuators **8** and **9** are orientated perpendicularly one in relation to the other, when the platform **1** is in the rest position, in other words plane or horizontal.

- That being the case it can be conceived that by playing on the one hand on the
15 respective speeds of rotation of the brushless motors **12**, **13**, and on the other hand, on the direction of rotation of the screws, it is possible to confer on the shaft **6** and consequently on the platform **1** which is directly connected thereto, all possible types of orientations. The travel of the shaft **6** is however limited by construction, and in the case in point by an aperture **5** provided in the rigid armature **4**.

- 20 The objective sought is not to confer too much inclination on the platform, but to confer thereon an unlimited and indeterminate number of orientations, and therefore to multiply the number of possible oscillations in relation to its central axis **6**.

- 25 A particular embodiment of the apparatus of the invention is shown in relation to figures 3 to 6. Thus, this apparatus is constituted by a mount **20**, standing on the ground by means of feet **21**, of which there are six in the case in point, provided to advantage with a non-slip coating.

- 30 This mount **20** receives an upper chassis **22**, which is directly connected thereto, for example by welding.

- This upper chassis **22** is provided with two plates **23**, **24** for fixing the rigid armature
35 **4**. These two fixing plates are separated from each other, and define, in cooperation with the upper chassis **22**, the aperture **5** for delimiting the extent of the travel of the shaft **6**.

The rigid armature **4** is provided at its centre with a through opening **25**, intended to allow the shaft **6** to pass through. It is fixed by means of screws onto said plates **23**, **24**. It is further provided with opposite vertical extensions **26**, **27**, whereof the external faces each receive an articulation cotter pin **28**, suitable for engaging with through orifices **29**, provided on the periphery of the upper frame **3**.

Said upper frame **3** is also cut out at its centre, still with the objective of allowing the shaft **6** to pass through. Furthermore, it comprises two other through orifices **30**, also opposite one another, but whereof the axis which connects them, and corresponding to the axis A-A in figures 1 and 2, is oriented at 90° from the axis connecting the through orifices **29**, and corresponding to the axis B-B in said figures 1 and 2.

These through orifices **30** each receive in their turn an articulation cotter pin **31**, suitable for engaging with through orifices **32** provided on the periphery of the rigid armature **2**. The latter is provided with an upper surface, onto which is screwed a plate **33** integral with the tray constituting the platform **1**, a plate to which is connected, also by screwing, the upper end of the shaft **6**.

The tray for its part is bolted onto the upper face of the rigid armature **2**, the latter being provided with housings **34** intended to receive the bolts or nuts.

The location of the actuators **8** and **9** has been shown in figure 6. They are situated sub-jacently in relation to the apparatus unit, and are housed in the volume defined by the mount **20**, and under the upper chassis **22**. Said actuators are connected respectively to a corner of the mount **20**, by means of a pivot connection **10**, **11**, whereof the axis passes through an attach tab **35**, **36** integral with the mount.

The end of the ball screws **37**, **38** constituting these actuators is fixed to the lower end of the shaft **6** by means of a cardan coupling **39**,**40**.

It may be seen that given the infinite number of possible tilting movements of the platform, the end result may be a significant mobilization of the vertebral axis. By doing this, the inventive apparatus is most specifically appropriate to pathologies frequently encountered in relation to said vertebral axis.

Furthermore, this apparatus is capable of being employed in respect of other uses, among which may be cited, without this being in any way restrictive:

- re-shaping;
- body balance;
- 5 ▪ slimming;
- rehabilitation, and in particular of the shoulder, knee, hip, spinal column;
- training for sportsmen and -women, and in particular at a high level.

10 Depending on the pathologies detected or on the uses envisaged, different oscillation speed and oscillation angle programs can be implemented by means of a programmable logic controller, acting directly on the brushless motors of the two actuators.

15 Consequently, it is also conceivable to confer specific movements on the platform, for example by means of a "joystick", directly actuated by a practitioner who is monitoring the subject, the movements of the "joystick" corresponding to the movements conferred on the platform. It is thus possible to adapt the care in a very precise way, as a function of the pathology detected. It is furthermore conceivable to program a specific trajectory linked to the pathology of the subject, and to implement
20 it automatically in self-service mode.

The apparatus is further provided with handles (not shown) situated substantially at trunk height for a normal user so that he may stand firm and not be at risk of falling over, given the oscillating movements conferred on the platform on which he is set in
25 a standing position. These handles may further be driven in particular movements, suitable for optimizing the requisite rehabilitation or body-building activity.

CLAIMS

1. An apparatus for mobilization of the body comprising a receiving platform (1) which is movable in relation to a fixed chassis (20, 22), and which is designed to support a subject who is to be treated in a standing position, *characterized* in that the platform (1) is connected to the chassis by a double pivot connection, and in that it is driven in an oscillating movement in relation to an axis passing substantially through its centre, by means of actuators (8, 9) which are each connected by a pivot connection to a single shaft (6) connected to said platform, said actuators (8, 9) themselves being articulated on the chassis.
5
10
2. The apparatus for mobilization of the body as claimed in claim 1, *characterized* in that the platform (1) is articulated on a rigid upper frame or armature (3), defining a first substantially horizontal axis of articulation (A-A), said upper frame (3) itself being articulated on a rigid armature (4) along a second substantially horizontal axis of articulation (B-B) perpendicular to said first axis of articulation, said rigid armature being integral with the chassis (20, 22).
15
3. The apparatus for mobilization of the body as claimed in claim 2, *characterized* in that the platform (1) is provided with a central axis or arm (6), extending perpendicularly in relation to the plane that it defines, and in that the actuators (8, 9), which are two in number, are connected to the free end of said shaft by means of a cardan coupling (39, 40), said actuators having a substantially perpendicular direction in relation to one another.
20
25
4. The apparatus for mobilization of the body as claimed in one of claims 1 to 3, *characterized* in that the actuators (8, 9) are each constituted by a linear actuator, and particularly an electric linear actuator, the point where it is fixed to the chassis being constituted by a pivot connection (10, 11) of the cardan coupling type.
30
5. The apparatus for mobilization of the body as claimed in claim 4, *characterized* in that the actuators are each constituted by a ball screw (37, 38), capable of turning in both directions by means of a brushless motor (12, 13), provided with an encoder or even a reducer.
35

- 5 **6.** The apparatus for mobilization of the body as claimed in one of claims 1 to 5, *characterized* in that it further comprises handles and in general terms any holding means, that allow the subject who is to be treated or trained to keep steady by means of his upper limbs, in consideration of the imbalances to which he is subjected, given the oscillation of the platform (1) on which he is standing.
- 10 **7.** Use of the apparatus for mobilization of the body as claimed in one of claims 1 to 6, with the exception of methods of remedial therapy for the human body, *characterized* in that the amplitude and the different oscillating movements imparted to the platform (1) are adjusted according to pre-set programs, capable of including a random oscillation mode.
- 15 **8.** Use of the apparatus for mobilization of the body as claimed in one of claims 1 to 6, with the exception of methods of remedial therapy for the human body, *characterized* in that the amplitude and the different oscillating movements are imparted to the platform (1) in real time on command from a "joystick" that may be handled by a person controlling said mobilization of the body, and in particular by a practitioner.