INFORMATION RECORDING METHOD AND APPARATUS, INFORMATION REPRODUCING METHOD AND APPARATUS

ABSTRACT

An information recording method and apparatus and an information reproducing method and apparatus in which AV data can be recorded or reproduced temporally continuously without producing fragmentation. To this end, the apparatus includes a storage unit 7 at least including a management information region and a user data region made up of plural logical blocks, and a recording unit 9 for continuously recording information signals from a recording start logical block to a recording end logical block in the user data region of the storage unit 7 and again recording information signals from the recording start logical block.

FIGURE 1